

FREER ISD BOARD POLICY

FFAC (LEGAL)

WELLNESS AND HEALTH SERVICES: MANAGEMENT OF STUDENTS WITH SEVERE ALLERGIES AT RISK FOR ANAPHYLAXIS

Policy Adoption Required

The board shall adopt and administer a policy for the care of students with diagnosed severe allergies at risk for anaphylaxis. The policy must be based on the **guidelines developed by the Texas Department of State Health Services (DSHS)**.

(Tex. Educ. Code §38.0151)

Information at Enrollment

The district shall request, upon enrollment, that a parent or guardian disclose:

- Whether the student has a food allergy or severe food allergy; and
- The food(s) to which the student is allergic and the nature of the reaction.

(Tex. Educ. Code §25.0022)

Section 504

A student with a severe allergy may qualify as a student with a disability under **Section 504 of the Rehabilitation Act of 1973**, requiring the district to provide a free appropriate public education (FAPE).

Medication Administration

District employees may administer medication, including epinephrine, in accordance with state law and district policy.

(Tex. Educ. Code §§22.052, 38.015)

Epinephrine Auto-Injectors

The district may adopt a policy for the maintenance and administration of **unassigned epinephrine auto-injectors** in accordance with state law.

(Tex. Admin. Code 25 TAC §37 Subchapter U)

FFAC (LOCAL)

District personnel shall:

- Recognize signs and symptoms of anaphylaxis;
- Administer epinephrine without delay when indicated;
- Activate emergency medical services (EMS);
- Notify parents or guardians.

Medication

Students may possess and self-administer epinephrine in accordance with law and district policy. The District may maintain stock epinephrine, if adopted.

Training

The District shall provide:

- Annual allergy awareness training for all staff;
- Additional training for designated personnel responsible for implementing student-specific plans and administering medication.

Coordination

The Superintendent shall designate a district employee to oversee implementation of this policy, including coordination with campus personnel and families.

Review

The District shall review this policy and related procedures:

- At least annually; and
- Following any anaphylactic incident.

FREER ISD ADMINISTRATIVE REGULATION

FFAC (REGULATION)

MANAGEMENT OF STUDENTS WITH SEVERE ALLERGIES

1. DISTRICT COORDINATION

- Develop accommodations such as:
 - Allergen-safe seating
 - Modified meals
 - Classroom restrictions
 - Safe participation in all school activities

6. ENVIRONMENTAL CONTROLS

Food Allergy Controls

- Prohibit food sharing
- Require handwashing with soap and water
- Implement cleaning protocols
- Manage classroom snacks and celebrations

Bee/Insect Allergy Controls

- Inspect for nests regularly
- Implement pest control measures
- Monitor outdoor activities
- Prepare emergency response during outdoor events

7. FOOD SERVICE OPERATIONS

- Prevent cross-contact during preparation
- Follow physician-directed dietary modifications
- Train staff on allergen awareness and labeling

8. TRANSPORTATION & ACTIVITIES

- Ensure access to emergency medication
- Train staff supervising students
- Communicate student needs prior to trips and events

9. EMERGENCY RESPONSE PROCEDURE

If anaphylaxis is suspected:

1. Administer epinephrine immediately
2. Call 911
3. Notify administration
4. Contact parent/guardian
5. Monitor student until EMS arrives

10. MEDICATION MANAGEMENT

- Store medications securely but allow quick access
- Permit self-carry with authorization
- Monitor expiration dates and replacement

11. TRAINING REQUIREMENTS

All Staff

- Recognition of allergic reactions
- Emergency response procedures

Designated Staff

- Epinephrine administration
- Implementation of IHP and 504 Plans
- Prevention strategies

12. COMMUNICATION

- Share information on a need-to-know basis
- Maintain FERPA compliance
- Coordinate with parents and healthcare providers

13. POST-INCIDENT REVIEW

After an allergic reaction:

- Conduct incident review
- Identify cause and corrective actions
- Update student plans

The Superintendent shall designate a **District Allergy Management Coordinator** responsible for:

- Policy implementation
- Training oversight
- Coordination with campuses and families

Each campus shall establish a **Campus Allergy Management Team**.

2. IDENTIFICATION PROCEDURES

- Collect allergy information at enrollment and annually
- Require parent disclosure of allergens and reactions
- Obtain physician documentation when applicable
- Maintain a confidential student allergy list accessible to relevant staff

3. REQUIRED DOCUMENTATION

Each identified student shall have:

- Emergency Action Plan (EAP/FAAP)
- Parent consent for medication administration
- Emergency contact information

4. INDIVIDUALIZED HEALTH CARE PLAN (IHP)

The school nurse (or designee) shall:

- Develop the IHP based on the EAP
- Define daily management procedures
- Identify staff roles and responsibilities
- Ensure medication access

5. SECTION 504 PROCESS

When applicable:

- Convene a 504 committee
- Determine eligibility

- Retrain staff if necessary

14. ANNUAL REVIEW

- Review procedures annually
- Update based on:
 - DSHS guidance
 - Legislative updates
 - SHAC input

15. RECORDKEEPING

Maintain:

- Training documentation
- Student plans (EAP, IHP, 504)
- Incident reports