

**10/18/2023**

Good morning!

Please pause for a moment of silence.

Please stand for the pledge.

- **Lunch Menu** - Orange chicken, Fried Rice, Garbanzo beans, Oriental Veggies, Egg roll
- Students who have received an **Attendance Contract** need to get those signed by a parent and turn them back in as soon as possible. They should be placed in the black mailbox outside of the cafeteria. Continued failure to return Attendance Contracts will result in a placement in Lunch Detention.
- Angel Tree Forms are due **Today!**. If any student or teacher still has a form, bring it to the library at this time. No late forms will be accepted.
- There will be an interest meeting on October 27th during RR for any students interested in joining CCRA's Teen Health Council. There will be more information to come!

***Happy Birthday to Aubriana Eldridge***

Thought of the day:

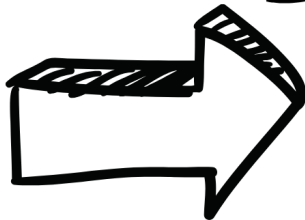
*"Self-reflection is only useful when followed by thoughtful action."*

Have a Wordy Wednesday and remember, we are proud to be a Raider!



ARE YOU INTERESTED IN TEEN HEALTH, IF SO JOIN THE

# COFFEE COUNTY'S RAIDER ACADEMY TEEN HEALTH COUNCIL



**JOIN THE TEEN HEALTH COUNCIL  
AND LET YOUR VOICE BE HEARD**

**WHAT IS HEALTH:**

**MENTAL HEALTH, PHYSICAL HEALTH, EMOTIONAL HEALTH, SOCIAL WELLBEING,  
ENVIRONMENTAL HEALTH**

**WHAT WILL THE TEEN HEALTH COUNCIL DO?**

- **LOOK AT SCHOOL HEALTH DATA**
- **PICK ISSUES TO ADDRESS**
- **DEVELOP ACTION PLANS TO ADDRESS HEALTH ISSUES**
- **WORK TOGETHER TO IMPROVE THE HEALTH OF ALL STUDENTS**

**THERE WILL BE AN INTEREST MEETING ON OCTOBER 27, 2023 IN THE LIBRARY DURING HOMEROOM. THE TEEN HEALTH COUNCIL WILL CONSIST OF 10 STUDENTS WITH TEACHER RECOMMENDATIONS. ONCE THE TEEN COUNCIL IS ESTABLISHED, OFFICERS WILL BE VOTED ON AND APPOINTED. FOR MORE INFORMATION YOU CAN EMAIL TONYA GARNER AT [GARNERT@K12COFFEE.NET](mailto:garnert@k12coffee.net)**