

## **School Health Advisory Council (SHAC) Meeting**

Odem-Edroy Independent School District

Odem Junior High School Library

Agenda April 20, 2023

1. Welcome and Introductions
2. Our mission is to implement a coordinated school health program to prevent Obesity, Cardiovascular Disease, and Type II Diabetes in students through a combined effort of the school district and community.
3. Read and approve minutes from the March 23, 2023, meeting.
4. Reports from each Committee:
  - A. Nutrition
  - B. Physical Education
  - C. Health Services
  - D. Healthy School Environment
  - E. Health Education
  - F. Counselors
  - G. Family and Community Involvement
  - H. Health Promotion for Staff
5. Review the Wellness Policy and work toward updating the District Wellness Policy and Wellness Plan.
6. Discuss recommendations made by the recess committee and any changes that will be made to district policy or the district wellness plan based on these recommendations
7. Discuss any new recommendations for possible health initiatives for students and staff.
8. Open Discussion
9. Adjourn