



# 2026 VERNDALE COMMUNITY EDUCATION

# SUMMER PROGRAMS

PAYMENTS TO THE VERNDALE  
PUBLIC SCHOOL CAN BE MADE BY  
CASH, CHECK OR JMC.

CONTACT: REAGAN MAYER  
(218)445-5184 EXT. 302

## ACTIVITIES

STREAM CAMP  
SOFTBALL  
BASEBALL  
SWIMMING LESSONS  
AND MORE!

411 BROWN STREET  
VERNDALE, MN 56481  
(218)445-5184



## **Verndale Community Education**



**Dear Parents and Guardians,**

**Verndale Community Education, with the support of the Verndale Lions and the City of Verndale, is excited to offer a variety of summer programs for youth in our community. This summer's schedule includes a wide range of opportunities for students to stay active, engaged, and learning throughout the summer months. Programs may include:**

- **Learning opportunities and enrichment activities**
- **Summer ball programs**
- **Swimming lessons**
- **Summer Pirate Care childcare**
- **Camps and special activities**
- **Supervised recreational opportunities**

**Our goal is to provide safe, fun, and meaningful experiences for youth in the Verndale area while continuing to build community connections.**

### **Registration Information**

**Registrations are based on your child's grade for the 2026–2027 school year (unless otherwise specified). Schedules of activities and associated fees is included in this packet for your convenience.**

### **Payment Policy**

**Full payment is due before or on the first day of the program. (unless otherwise specified)  
No refunds will be issued after a student has started any program.**

### **Weather & Schedule Changes**

**Participants will be notified if changes occur due to inclement weather. When necessary:**

- **Summer Recreation activities may move to the school gym**
- **Summer Pirate Care will continue operating as scheduled**

### **Volunteers**

**Parents who are able to assist with activities are always welcome and appreciated. Extra help is especially valuable on game days and field trip days.**

### **Questions**

**If you have any questions about Community Education programs, please contact:**

**Reagan Mayer**

**Verndale Public School**

**218-445-5184**

SUMMER REC. IS FOR STUDENTS WHO ARE GOING INTO GRADES K-8TH GRADE. COST IS \$40.00 PER CHILD WITH A FAMILY CAP OF \$100.00 PER FAMILY. THERE IS A \$40.00 FEE PER STUDENT AND NO FAMILY CAP FOR STUDENTS WHO DO NOT ATTEND THE VERNDALE SCHOOL. SEE ATTACHMENTS FOR BALL TEAM RULES, GRADE CLASSIFICATIONS, AND SCHEDULE. REGISTRATION FORM FOR ALL GRADES IS ATTACHED. THERE WILL BE NO SUMMER REC. BALL PROGRAMS ON THURSDAY, JUNE 19TH, AND FRIDAY, JULY 3RD. PLEASE MAKE CHECKS PAYABLE TO VERNDALE PUBLIC SCHOOL.

**CONTACT: DAN JOHNSON, [DJOHNSON@VERNDALESSCHOOL.ORG](mailto:djohnson@verndalesschool.org)  
OR 445-5184 EXT. 152**

Scan this QR code to sign up!



## JUNE 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>2</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>3</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>4</b> No T-Ball Juniors-Majors Game at Bertha Bus leaves at 7:45 A.M.	<b>5</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>6</b>
<b>7</b>	<b>8</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>9</b> No T-Ball Juniors-Majors Game in Verndale vs. WDC Be at the field by 8:10	<b>10</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>11</b> No T-Ball Juniors-Majors Game in Verndale vs. PP Be at the field by 8:10	<b>12</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>13</b>
<b>14</b>	<b>15</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>16</b> No T-Ball Juniors-Majors Game at Battle Lake Bus leaves at 7:15 A.M.	<b>17</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>18</b> No T-Ball Juniors-Majors Game in Verndale vs. Henning Be at the field by 8:10	<b>19</b> Juneteenth	<b>20</b>
<b>21</b>	<b>22</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>23</b> No T-Ball Juniors-Majors Game at Wadena Bus leaves at 7:45 A.M.	<b>24</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>25</b> No T-Ball Juniors-Majors Game at NYM Bus leaves at 7:30 A.M.	<b>26</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>27</b>
<b>28</b>	<b>29</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>30</b> No T-Ball Juniors-Majors Game in Verndale vs. B-H Be at the field by 8:10				

## JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> T-Ball Tournament Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>2</b> T-Ball- 9:00-9:45 Juniors Practice 9:45-11:00 Minors and Majors Practice 11:00-12:00	<b>3</b> No Summer Rec	<b>4</b>
<b>5</b>	<b>6</b> Junior Girls Tournament in Wadena at 8:30 Bus leaves at 7:45 Junior Boys Tournament in NYM at 8:30 Bus leaves at 7:30	<b>7</b> Minor Girls Tournament in Henning at 8:30 Bus Leaves at 7:30 Minor Boys Tournament In NYM at 8:30 Bus Leaves at 7:30	<b>8</b> Major Boys Tournament in Wadena at 8:30 Bus Leaves at 7:45	<b>9</b> Major Girls Tournament in NYM at 8:30 Bus leaves at 7:30  This Tournament might be played on Wednesday	<b>10</b>	<b>11</b>

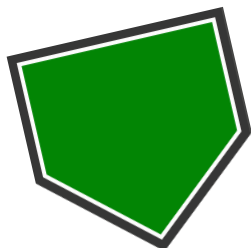
# SUMMER REC RULES

## 8:30 GAME START TIME

### Summer Ball Rules

#### GIRLS JUNIOR LEAGUE - 3RD AND 4TH GRADES FOR 2026

- 5 inning games or no inning starts after 45 minutes
- 10 batters or 3 outs
- Runners cannot lead off until the ball has been hit
- 60 ft. bases
- 10 players with 4 outfielders
- 11" softball



#### GIRLS MINOR LEAGUE - 5TH AND 6TH GRADES FOR 2026

- 5 inning games or no inning starts after 45 minutes
- 10 batters or 3 outs
- Runners cannot lead off until the ball has been hit
- 60 ft. bases
- 10 players with 4 outfielders
- 11" softball

#### GIRLS MAJOR LEAGUE - 7TH AND 8TH GRADES FOR 2026

- 5 inning games or no inning starts after 75 minutes
- Batter will start with 1-1 count
- Can steal 2nd and 3rd base after the pitch is released
- 5 run maximum per inning
- Coach will come in and pitch on a walk
  - Batter will go back to 1 strike
  - No stealing or leading off on coach pitch
- 60 ft bases, 40 ft pitching distance
- 10 players with 4 outfielders
- Batter is out on a dropped 3rd strike
- Metal cleats are allowed



#### BOYS JUNIOR LEAGUE - 3RD AND 4TH GRADES FOR 2026

- 5 inning games or no inning starts after 45 minutes
- 10 batter or 3 outs
- Runners cannot lead off until the ball has been hit
- 60 ft bases, 40 ft pitching distance
- 10 players with 4 outfielders

#### BOYS MINOR LEAGUE - 5TH AND 6TH GRADES FOR 2026

- 5 inning games or no inning starts after 75 minutes
- Batter will start with 1-1 count
- Can steal 2nd and 3rd base after pitch crosses home plate
- 5 run maximum per inning
- Coach will come in and pitch on a walk
  - Batter will go back to 1 strike
  - No stealing on coach pitch
- 60 ft bases, 54 ft pitching distance
- 10 players with 4 outfielders
- Batter is out on a dropped 3rd strike
- Metal cleats are allowed



#### BOYS MAJOR LEAGUE - 7TH AND 8TH GRADES FOR 2026

- 5 inning games or no inning starts after 75 minutes
- Batter will start with 1-1 count
- Can steal 2nd and 3rd base after ball crosses home plate
- 5 run maximum per inning
- 60 ft bases, 54 ft pitching distance
- 10 players with 4 outfielders
- Batter is out on a dropped 3rd strike
- Metal cleats are allowed



# Stream Camp



## SUMMER STREAM CAMP: AROUND THE WORLD

JOIN US FOR AN EXCITING SUMMER STREAM CAMP WHERE STUDENTS WILL EXPLORE SCIENCE, TECHNOLOGY, READING, ENGINEERING, ART, AND MATH THROUGH THE THEME "AROUND THE WORLD." CAMPERS WILL TRAVEL THE GLOBE THROUGH HANDS-ON ACTIVITIES, CREATIVE CHALLENGES, AND COLLABORATIVE PROJECTS INSPIRED BY DIFFERENT COUNTRIES AND CULTURES.

EACH DAY STUDENTS WILL INVESTIGATE NEW PLACES WHILE EXPERIMENTING, DESIGNING, BUILDING, AND DISCOVERING. ACTIVITIES MAY INCLUDE ENGINEERING FAMOUS LANDMARKS, EXPLORING GLOBAL INVENTIONS, CREATING CULTURAL ART, AND SOLVING REAL-WORLD MATH AND SCIENCE CHALLENGES FROM AROUND THE WORLD.



- CAMP DATES & TIMES:
- JUNE 8-11 | 12:00PM-4:00PM
  - JUNE 15-18 | 12:00PM-4:00PM



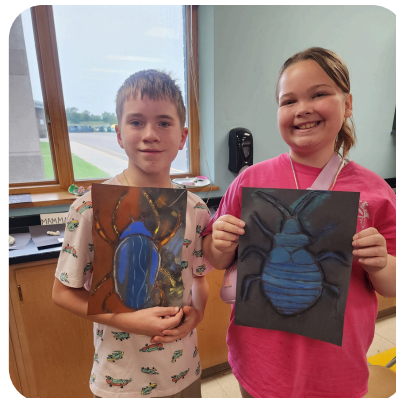
### FIELD TRIPS:

CAMPERS WILL PARTICIPATE IN SPECIAL LEARNING EXPERIENCES, INCLUDING TRIPS TO ITASCA STATE PARK AND BRAINERD LAKES REGIONAL AIRPORT, WHERE THEY WILL CONNECT STREAM LEARNING TO THE REAL WORLD THROUGH NATURE EXPLORATION AND AVIATION.

GET READY TO EXPLORE, CREATE, AND DISCOVER THE WORLD THIS SUMMER!



USE THIS QR CODE TO SIGN UP!



**JUNE 22ND - JULY 2ND**  
**1:00 PM - 2:00 PM**  
**STAPLES COMMUNITY CENTER**

Swimming lessons will be available through the Staples Community Center for Levels 1-6. Cost is \$45 per child. Call the Staples Community Center at the phone number below to register your child. Please inform them that you are signing up with the Verndale School. The last day to register is May 23rd. The cost includes transportation from the Verndale School. Buses will leave a half hour before lessons and return a half hour after. Payments should be returned to the District Office. Please make checks payable to Verndale Public School.

**CONTACT: STAPLES COMMUNITY CENTER 218-894-2553**

# Swimming Lessons



## **AMERICAN RED CROSS - LEARN TO SWIM PROGRAM**

**Level 1:** Must be at least 7 years old. Submerge mouth, nose, and eyes. Blow bubbles through mouth and nose for at least 3 seconds. Open eyes underwater. Pick up submerged object held at arms' length. Front and back float with support at least 5 seconds. Change direction of travel. Roll from front to back and from back to front with support. Explore arm and hand movements with support. Alternating and simultaneous arm action. Alternating and simultaneous leg. Combined stroke on front and back with support. General and personal water safety.

**Level 2:** Submerge entire head at least 5 seconds. Bob at least five times. Pick up a submerged object. Front, back, and jellyfish floats. Front and back glides, unsupported. Change direction of travel on front or back, unsupported. Explore treading water in deep water. Finning and sculling arm action, 10 feet, unsupported. Combined arm and leg actions on front and back, 15 feet, unsupported. Swim on side alternating and simultaneous leg action, 5 feet, with support. General and personal water safety.

**Level 3:** Sitting and kneeling dive. Submerge and retrieve an object. Rhythmic breathing. Front and back glides with 2 kicks, Survival, front, and back floats. Change from vertical to horizontal position on front and back. Tread water for 30 seconds in deep water. Front and Back crawl and Elementary Backstroke at least 15 yards. Scissors and Frog Kick at least 15 yards. "HELP" and "Huddle" positions. General and personal water safety.

**Level 4:** Diving from compact or stride position. Swim underwater. Feet-first surface dive. Survival and back float, 1 minute. Open turns on front and back. Tread water using 3 kicks for 1 minute. Front, back crawl and Elementary Backstroke Kick at least 25 yards. Sidestroke, breaststroke and butterfly at least 15 yards. Throwing assist. General and personal watersafety.

**Level 5:** Shallow dive. Swim underwater, 15 yards. Tuck and pike surface dives. Survival and back floats, 2 minutes. Flip turn on front and back. Tread water using 2 different kicks, 2 minutes. Front and back crawl, and Elementary Backstroke for 50 yards. Breaststroke, butterfly, and sidestroke, 25 yards. Survival swimming, 2 minutes. General and personal water safety.

**Level 6:** Front and back crawl, and Elementary Backstroke for 100 yards. Breaststroke, sidestroke, butterfly, 50 yards. Front and back flip turn. Breaststroke and butterfly turn. Review "HELP" and Huddle" positions. Feet-first, pike, and tuck surface dives. Tread water with and without arms. Retrieve object from pool bottom. Survival and back float, five minutes. Survival swim, 10 minutes. Self-rescue techniques while clothed. Basic safety rules for open water.

THE 2026 VERNDALE BASKETBALL GYM SESSIONS OFFER A FIRM FOUNDATION IN SKILL DEVELOPMENT, TEAM CONCEPTS, AND MOTIVATION. FUNDAMENTAL SKILLS ARE THE GATEWAY TO SUCCESS ON THE BASKETBALL COURT. COME TO IMPROVE YOUR GAME AND HAVE FUN WHILE DOING IT.

**Basketball  
Gym  
Sessions**



**ATHLETES WILL:**

- COMPETE IN INDIVIDUAL AND TEAM CONTESTS.
- DEVELOP BOTH OFFENSIVE AND DEFENSIVE FUNDAMENTAL SKILLS SUCH AS:
  - SHOOTING
  - SCORING MOVES
  - GAMES/COMPETITIONS

**WEEKLY GYM GROUPS**

**AGE/GRADE LEVELS: 3RD GRADE - 6TH GRADE GIRLS AND 3RD-4TH GRADE BOYS**

**DATES: MONDAYS AND WEDNESDAYS IN JUNE BEGINNING JUNE 1  
TIMES: 9:00 AM - 9:40 AM**

**AGE/GRADE LEVELS: 5TH-7TH GRADE BOYS**

**DATES: MONDAYS AND WEDNESDAYS IN JUNE BEGINNING JUNE 1  
TIMES: 9:50 AM - 10:50 AM**

**AGE/GRADE LEVELS: 7TH - 12TH GRADE GIRLS AND 8TH - 12TH GRADE BOYS**

**DATES: MONDAYS AND WEDNESDAYS IN JUNE & JULY BEGINNING JUNE 1  
TIMES: 8:00 AM - 9:00 AM**

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**ANY QUESTIONS PLEASE CONTACT SAM SCHMITZ OR GREG JOHNSON @ 445-5184. TO SIGN UP, EMAIL SSCHMITZ@VERNDALE.K12.MN.US OR RETURN THE BOTTOM PORTION OF THIS FORM TO YOUR CLASSROOM TEACHER.**

**CAMPER'S NAME: -----**

**GRADE LEVEL (2026-2027): -----**

**PARENT/GUARDIAN'S SIGNATURE: -----**

**PARENT/GUARDIAN'S CONTACT PHONE NUMBER: -----**



**SUMMER SPEECH PROGRAM - VERNDALE**  
**JUNE 22ND - JUNE 25TH**  
**1:00 PM - 3:00 PM**  
**Verndale Auditorium**



Speech,  
Band  
+  
Summer  
Food  
Program!

Curious about speech? Come check it out.

Join us for a fun, low-pressure introduction to speech!

Over the four days, we'll explore different speech categories through games, activities, and interactive challenges. This isn't about standing up and performing in front of a crowd—it's about getting comfortable, trying new things, and finding the fun in it.

There is no cost to attend. Just bring a water bottle and be ready to jump in.

This is open to anyone interested in learning what speech is all about—whether you're brand new or just a little curious.

Current speech team members are welcome to attend as well. You're not required to be there, but you're invited to come help with games, meet new students, or use the time to look through scripts for next season.

We're always looking to grow our team—come see what it's all about!

Coach: Renae Roth

CONTACT: 218-371-5820 OR RROTH@VERNDALE.K12.MN.US



**SUMMER BAND LESSONS**  
**JULY 20<sup>TH</sup>- 26<sup>TH</sup> AND AUGUST 16<sup>TH</sup>-29<sup>TH</sup>**



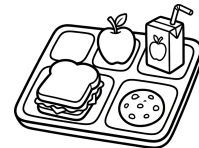
Summer band lessons are a great way for students to stay sharp, build confidence, and continue growing as musicians during the break. These sessions give students the opportunity to improve their skills, learn new music, and prepare for the upcoming school year in a fun and relaxed environment. Whether you're just starting out or looking to take your playing to the next level, summer band lessons help keep the music going all year long!

**This opportunity is brought to you by our brand new high school band director, and we're excited to keep the momentum going into next year!**

For more details on how to sign up, please contact Brian Sterricker.  
**BRIAN STERRIKER, BSTERRIKER@VERNDALE.K12.MN.US OR 445-5184 EXT. 190**



**SUMMER FOOD PROGRAM**  
**JUNE 1<sup>ST</sup> - JULY 17<sup>TH</sup>**



A summer food program will be provided free of charge to anyone up to 18 years of age. It will be available from June 1st through July 17th.

Serving time for breakfast will be from 8:45 am - 9:15 am.

Serving time for lunch will be from 11:15 am - 12:30 pm.

There will be no summer food program on Thursday, June 19th or Friday July 3rd.

No registration needed.

**CONTACT: KELSEA DESROCHER, KDESROCHER@VERNDALESCHOOL.ORG OR 445-5184 EXT. 211**



**PIRATE SUMMER FUN  
SUMMER 2026 REGISTRATION**



PROGRAM OVERVIEW  
PIRATE SUMMER FUN IS A FEE-BASED CHILDCARE PROGRAM  
FOR SCHOOL-AGE CHILDREN (DOB: 9/1/2013-9/1/2021).

- DATES: JUNE 1 - JULY 17, 2026
- HOURS: MONDAY-FRIDAY, 7:30 AM - 5:00 PM
- CLOSED: JUNE 19 AND JULY 3
- INCLUDES RECREATION, CRAFTS, AND ACCESS TO THE SUMMER FOOD PROGRAM.

**PAYMENT & FEES (IMPORTANT)**

PLEASE REVIEW CAREFULLY BEFORE REGISTERING:

- 1-3 DAYS/WEEK: \$80 PER WEEK/PER CHILD (\$560 FOR THE SUMMER SESSION/PER CHILD)
  - 4-5 DAYS/WEEK: \$125 PER WEEK/PER CHILD (\$875 FOR THE SUMMER SESSION/PER CHILD)
- BILLING WILL BE SENT THROUGH JMC  
ALL PAYMENTS DUE IN FULL BY JULY 17, 2026

LATE PICKUP FEE:

- \$5 PER MINUTE PER CHILD AFTER 5:00 PM

DROP IN RATE OF \$35 PER DAY PER CHILD

BY ENROLLING, YOU ARE COMMITTING TO THE FULL SESSION RATE REGARDLESS OF ATTENDANCE.

**CHILD INFORMATION**

**CHILD INFORMATION: SCHOOL AGE CHILDREN WITH BIRTH DATES BETWEEN 9/1/2021- 9/1/2013**

NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_  
NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_  
NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_  
NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

**PARENT/GUARDIAN INFORMATION**

**PARENT 1 INFORMATION:**

NAME: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_

**PARENT 2 INFORMATION:**

NAME: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_

**CHILD LIVES WITH: (PLEASE CIRCLE)**

BOTH PARENTS MOTHER FATHER GUARDIANS OTHER

**TELL US A LITTLE ABOUT YOUR CHILD: (LIKES/DISLIKES, ETC)**

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**EMERGENCY & PICKUP INFORMATION**  
**EMERGENCY CONTACTS IF PARENTS ARE NOT AVAILABLE:**

NAME: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_  
NAME: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

**PERSON(S) PRIMARILY TO PICK UP YOUR CHILD(REN):**

-----

**PERSON(S) WHO CANNOT PICK UP CHILD:**

-----

**PERTINENT MEDICAL INFORMATION/ALLERGIES:**

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**SCHEDULE SELECTION**

DAYS ATTENDING:

MONDAY  TUESDAY  WEDNESDAY  THURSDAY  FRIDAY

TYPICAL HOURS: \_\_\_\_\_

**PROGRAM SELECTION (CHOOSE ONE)**

- 1-3 DAYS/WEEK → \$525 PER CHILD FOR THE SUMMER PROGRAM (JUNE 1-JULY 17)
- 4-5 DAYS/WEEK → \$875 PER CHILD FOR THE SUMMER PROGRAM (JUNE 1-JULY 17)

**AGREEMENTS (INITIAL EACH)**

- \_\_\_ I UNDERSTAND THIS IS A FULL-SESSION COMMITMENT AND AGREE TO PAY THE TOTAL AMOUNT.
- \_\_\_ I UNDERSTAND PAYMENT IS DUE BY JULY 17, 2026.
- \_\_\_ I AGREE TO THE \$5/MINUTE LATE PICKUP FEE AFTER 5:00 PM.
- \_\_\_ I AUTHORIZE EMERGENCY MEDICAL CARE IF NEEDED.
- \_\_\_ I UNDERSTAND BEHAVIOR EXPECTATIONS AND THAT SERVICES MAY BE REVOKED IF NECESSARY.

**I UNDERSTAND THAT THE VERNDALE SCHOOL/PIRATE SUMMER FUN PROGRAM CANNOT BE HELD RESPONSIBLE FOR UNFORESEEN CIRCUMSTANCES OR EVENTS THAT MAY OCCUR DURING THIS TIME. WHILE PIRATE SUMMER FUN STRIVES TO PROVIDE ACCURATE INFORMATION, I UNDERSTAND THAT STAFF WILL USE THEIR BEST JUDGMENT AND TRAINING IN PROVIDING A SAFE EXPERIENCE FOR ALL THE PARTICIPATING STUDENTS WHILE LEADING SUCH ACTIVITIES. I UNDERSTAND THAT IF THERE ARE REPEATED VIOLATIONS TO THE EXPECTATION OUTLINED IN THE POLICIES ABOVE, THE DISTRICT MAY REVOKE CHILDCARE SERVICES.**

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**PRINT NAME**

**SIGNATURE**

**DATE**

## PURLER WRESTLING CAMP

**COST: \$100 (REMAINING \$100 CAMP FEE COVERED BY BHV BOOSTERS)**

**MAKE CHECKS PAYABLE TO: BHV WRESTLING CLUB**

**MAIL TO: BRITTANI OYSTER  
47282 COUNTY 23  
VERNDALE MN 56481**

**Wrestling**



### ABOUT THE CAMP

The Purler Wrestling Camp is a five-day intensive training opportunity for wrestlers in grades 6-12 designed to develop high-level wrestling fundamentals and advanced techniques using the nationally recognized Purler Wrestling System. Throughout the camp, athletes will focus on Phase I and Phase II skills, including neutral offense, chain wrestling, position-specific drilling, and live situational wrestling. This camp is designed to help wrestlers improve their technique, build confidence, and prepare for the upcoming wrestling season while training alongside their teammates.

**DATES: JULY 27-31, 2026 @ THE BERTHA-HEWITT SCHOOL**

#### **DAYS 1, 2, 3, AND 4:**

- SESSION 1: 9:30 AM - 12:00 PM
- LUNCH (PROVIDED BY BHV BOOSTERS)
- SESSION 2: 1:00 PM - 3:30 PM

#### **DAY 5:**

- SESSION 1: 9:30 AM - 11:45 AM
- LUNCH (PROVIDED BY BHV BOOSTERS)
- SESSION 2: 12:45 PM - 2:045 PM



# Purler Wrestling Camp Registration

## WRESTLER INFORMATION

NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_ AGE: \_\_\_\_\_ WEIGHT: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

## PARENT/GUARDIAN CONTACT INFORMATION

PARENT/GUARDIAN NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

## EMERGENCY CONTACT (IF DIFFERENT FROM ABOVE):

\_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

## MEDICAL INFORMATION & WAIVER

**DOES THE WRESTLER HAVE ANY MEDICAL CONDITIONS OR ALLERGIES WE SHOULD BE AWARE OF? (IF YES, PLEASE SPECIFY):**

-----  
**I, THE UNDERSIGNED PARENT/GUARDIAN, ACKNOWLEDGE THAT WRESTLING IS A PHYSICALLY DEMANDING SPORT.**

**I RELEASE THORN WRESTLING CAMP, ITS COACHES, AND BERTHA-HEWITT SCHOOL FROM ANY LIABILITY FOR INJURIES SUSTAINED DURING CAMP ACTIVITIES.**

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

# **BHVPP RAIDER WRESTLING CAMP**

## **ABOUT THE CAMP**

The BHVPP camp is a three day opportunity for wrestlers to continue improving on their wrestling skills learned from practices as well as develop new skills from area expert Hayden Zilmer. This is also a great opportunity for the wrestlers to continue team building and working on their mental toughness.

## **PARENT/GUARDIAN CONTACT INFORMATION**

WRESTLERS NAME: -----

PARENT/GUARDIAN NAME: -----

PHONE NUMBER: -----

EMERGENCY CONTACT (IF DIFFERENT FROM ABOVE):

-----

PHONE NUMBER: -----

## **MEDICAL INFORMATION & WAIVER**

DOES THE WRESTLER HAVE ANY MEDICAL CONDITIONS OR ALLERGIES WE SHOULD BE AWARE OF? (IF YES,PLEASE SPECIFY):

-----

I, THE UNDERSIGNED PARENT/GUARDIAN, ACKNOWLEDGE THAT WRESTLING IS A PHYSICALLY DEMANDING SPORT. I RELEASE BHVPP WRESTLING CAMP, ITS COACHES, AND BERTHA-HEWITT SCHOOL FROM ANY LIABILITY FOR INJURIES SUSTAINED DURING CAMP ACTIVITIES.

SIGNATURE: -----

DATE: -----

# Get Involved!

Have a skill, hobby, or passion you'd love to share with others? Verndale Public School is always looking for individuals and organizations interested in hosting a class, camp, or community education opportunity!

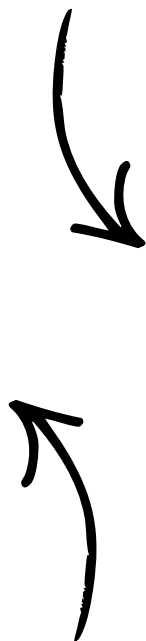
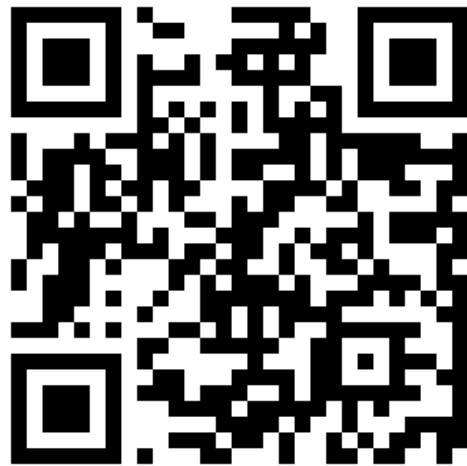
Whether it's arts, fitness, STEM, outdoor activities, or something completely unique, we'd love to partner with you to bring engaging experiences to our students and community.

If you're interested in hosting a class or camp at Verndale, please reach out to Reagan Mayer for more details—we're excited to collaborate and help make your idea come to life!

Reagan Mayer- [Rmayer@verndale.k12.mn.us](mailto:Rmayer@verndale.k12.mn.us) or 218.445.5184 ext. 302

## Let's Stay Connected:

Scan for the School Facebook



Scan for the School Website