



# *Freshman Information*

*Planning for the Sophomore Year.*

*Sophomore Success*

*Rising Freshman Night – March 17, 2022*

*A night for Freshmen and their parents*

# ***COUNSELORS***

*Class of 2023 & 2025*  
*Mrs. Rachel Harris*

*Class of 2022 & 2024*  
*Mrs. Jill Denton*

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# *Freshman Meeting*

*Welcome to the Freshman Meeting!*

*The purpose of this meeting is to guide you through the steps of graduating and preparing for life after high school.*

*I plan to cover several topics in this presentation that will help you navigate the next year of high school.*

*I will also share resources to help guide you along as you transition to life after high school.*

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# *Graduation Check & Transcripts*

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- Are you in the classes you need to graduate?
- Did you repeat any classes? Make up failed classes?
- Early Graduation?
  - Current policy permits students who have completed all graduation requirements and meet the outlined requirements in the early graduation policy to graduate after seven semesters – December of senior year.
  - Students who choose to graduate early must provide proof of postsecondary enrollment or have an approved job.
  - Interested students should see Rachel Harris.

# *Graduation Requirements*

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- 28 credits needed to graduate
- 4 credits of Language Arts (ELA)
- 3 credits of Science: Biology and 2 more
- 4 credits of Math: Algebra, Geometry, and 2 more
- 3 credits of Social Studies:
  - .5 Government, .5 Economics, World History, US History*
- 1 credit of Physical Education:
  - .5 PE; .5 Lifetime Wellness*
- 8 electives: CTE classes, Fine Arts, Spanish I and II

*How do you  
figure out your  
Quality Point  
(4.0 Scale) GPA?*

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- Each grade you receive in all credit bearing courses is worth a point value:
  - An “A” is worth 4 points
  - A “B” is worth 3 points
  - A “C” is worth 2 points
  - A “D” is worth 1 point
  - An “F” is worth 0 points
- The point values are averaged together to determine your GPA

# *Preparing For The Next Step*

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A few tips.....

- Plan ahead to avoid being overwhelmed.
- Stay on top of your grades.
- Pay close attention to deadlines.
- Research the schools you are interested in.
- Start planning for tomorrow TODAY.

# *ACT Information*

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- Register for the ACT at [www.actstudent.org](http://www.actstudent.org)
  - Cost \$52 this year
  - Offered 6 times each year, nationally on Saturdays – no limit on how many times you can take the ACT
  - Score range – from 0 to 36
  - Some schools superscore
- Online registration is required.
- Check with your selected schools as to what tests are required for admission.



# *ACT Superscored*

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English	26	English	24
Math	18	Math	22
Science	20	Science	18
Reading	25	Reading	21
English	25	English	26
Math	23	Math	23
Science	19	Science	20
Reading	17	Reading	23
		Composite	24

WSCC, for example, does not “Superscore,” however, you may “mix and match” your scores and take your highest subtest score from any of your ACT tests.

\*For WSCC, need a 18 in English and 19 in Math

# *ACT Preparation*

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- Use the study guide from the ACT website.
  - The websites are also useful for test preparation.
    - ACT Online Prep is available for FREE to all GHS students. ALL students should have an account now!
    - <https://www.act.org/content/act/en/products-and-services/act-online-prep-schools.html>
- <http://sat.collegeboard.org/home>
- Study and Practice. Practice and Study.

## *NCAA Guidelines*

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- If you hope to play college sports, you must meet NCAA academic eligibility requirements.
- Visit [www.ncaa.org](http://www.ncaa.org) for more information and up-to-date guidelines.
- NCAA will need an official copy of your transcript. To send a copy of your transcript to NCAA, see Mrs. Rachel Harris.

# *Scholarships*

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- TN Promise
  - Maintain full-time enrollment with a minimum of 12 hours per semester.
  - Maintain a 2.0 GPA
  - Complete 8 hours of community service
- HOPE Scholarship
  - 3.0 or above GPA
  - OR*
  - 21 on ACT
- Pay close attention to deadlines.

## *Financial Aid*

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- Now is the time to talk to your parents about financing your college education.
- Most colleges require the FAFSA. This is a **FREE** Application for Federal Student Aid.
- Apply online for the FAFSA at [www.fafsa.edu.gov](http://www.fafsa.edu.gov).
- Apply online for the FAFSA in the fall of your senior year.

# *Applying to Colleges*

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- Research the schools you are interested in.
- Start researching career options.
  - <https://www.onetonline.org/>
- Start preparing for the ACT.
- Start planning for tomorrow TODAY.
- If you have questions ask your parents, guidance counselor, or an admissions director.

# *Career & Work Force Students*

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## Military Options

- Army
- Marine Corps
- Navy (includes the Merchant Marine)
- Air Force
- Coast Guard

Recruiters come to GHS. Check with Guidance or the local recruiting office.

## *Info About The Work Force*

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- Technical Schools? Trade Skills?  
Tennessee College of Applied Technology  
<https://tcatmorristown.edu/>
- Internship or Apprenticeships
- Job skills from high school courses include:  
Electricity /Welding / Automotive/ Cosmetology
- Entry-level job position



# *GHS Guidance* – *Stay Informed*

To receive messages via text please sign up for Remind.

## Sign up for important updates from R. Harris.

Get information for Grainger High School right on your phone—not on handouts.

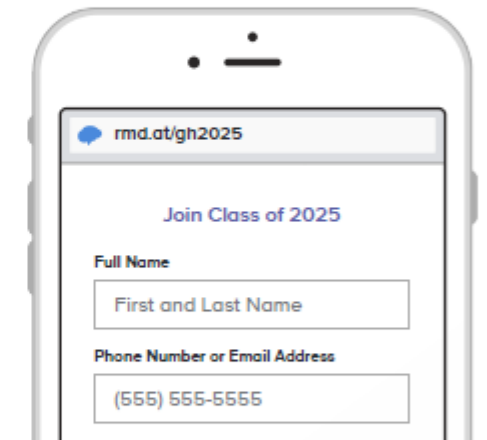
Pick a way to receive messages for Class of 2025:

- A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/gh2025](https://rmd.at/gh2025)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



- B** If you don't have a smartphone, get text notifications.

Text the message @gh2025 to the number 81010.

If you're having trouble with 81010, try texting @gh2025 to (856) 302-0307.

\* Standard text message rates apply.



If you have additional questions about graduation, testing, or college planning,

**SIGN UP TO SEE YOUR COUNSELOR**

Contact Information

Rachel Harris

(865) 828-3886

[rharris@gcs123.net](mailto:rharris@gcs123.net)

*Sign up....*

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