

October

Breakfast Menu

Alternate: Cereal Oatmeal		1 Danish and cheese stick	2 Fruit parfait with granola	3 <div>Superintendent's Day No School for Students</div>
6 Waffles, ham and syrup	7 Bacon, egg and cheese on a croissant	8 Assorted muffins and yogurt	9 Chocolate chip pancakes, bacon and syrup	10 Cheesy eggs on English muffin
13 <div>Columbus Day No School</div>	14 Cheese omelets on a biscuit and jelly	15 Bacon, egg, potato cheese burrito	16 Bagels with cream cheese, peanut butter or jelly	17 Donut and yogurt
20 Apple cinnamon muffins and graham crackers	21 Danish and hard boiled egg	22 Pancakes and syrup	23 Fruit parfait with granola	24 Ham, egg and cheese on a biscuit
27 Pancake and sausage on a stick and syrup	28 Scrambled eggs on a croissant	29 Waffles and syrup	30 Bacon, egg and cheese on a bagel	31 French toast and syrup