

Monday	Tuesday	Wednesday	Thursday	Friday
*** Breakfast & Lunch Menu items subject to change based on availability***	K-8 Breakfast Menu		September 1 Assorted Cereal Honey Bun Diced Pear Cups Fresh Apples 1% White Milk Nonfat Chocolate Milk 100% Orange Juice	September 2 Assorted Cereal Apple or Blueberry Muffins Tropical Fruit Cups Fresh Apple Slices 1% White Milk Nonfat Chocolate Milk 100% Orange Juice
September 5 Labor Day	September 6 Assorted Cereal Cinni Minis Mozzarella String Cheese Fresh Fruit 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 7 Assorted Cereal Apple Frudel Diced Peach Cups Graham Crackers 1% White Milk Nonfat Chocolate Milk 100% Apple Juice	September 8 Assorted Cereal Cinnamon Rolls Chocolate Grahams Diced Pear Cups 1% White Milk Nonfat Chocolate Milk 100% Orange Juice	September 9 Assorted Cereal Blueberry Pancakes Sausage Patties Blue Raspberry Applesauce Graham crackers 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice
September 12 Assorted Cereal Kits Chicken Biscuit Diced Pear Cups Animal Crackers Fresh Fruit 1% White Milk Nonfat Chocolate Milk 100% Orange Juice	September 13 Assorted Cereal Kits Scrambled Eggs Simmered Grits Diced Peach Cups Honey Grahams 1% White Milk Nonfat Chocolate Milk 100% Grape Juice	September 14 Assorted Cereal Assorted Muffins Fresh Orange Wedges Chocolate Grahams Mozzarella String Cheese 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 15 Assorted Cereal Cinnamon Pop tarts Diced Pear Cups Mozzarella String Cheese 1% White Milk Nonfat Chocolate Milk 100% Orange/Pineapple Juice	September 16 Assorted Cereal Apple Muffin Strawberry Applesauce Honey Grahams Mozzarella String Cheese 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice
September 19 Assorted Cereal Assorted Pop Tarts Graham Crackers Applesauce Cups Mozzarella String Cheese 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 20 Assorted Cereal Blueberry Mini Loaf Graham Crackers Mozzarella String Cheese Diced Peach Cups 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 21 Assorted Cereal Mini Waffles WG Cookies Diced Peach Cups Mozzarella String Cheese 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 22 Assorted Cereal Apple Frudel Mozzarella String Cheese Graham Crackers Blue Raspberry Applesauce 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 23 Assorted Cereal Stone Ground Grits WG Cookies Mozzarella String Cheese Mixed Fruit Cups 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice

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September 26 Assorted Cereal Apple Frudel Mozzarella String Cheese Graham Crackers Blue Raspberry Applesauce 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 27 Assorted Cereal Honey Bun Mozzarella String Cheese WG Cookies Assorted Fresh Fruit 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 28 Assorted Cereal Chicken Biscuit Mozzarella String Cheese WG Cookies 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 29 Assorted Cereal Assorted Pop Tarts Mozzarella String Cheese Graham Crackers Cinnamon Applesauce 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 30 Assorted Cereal Pancakes WG Cookies Asst. Fresh Fruit 1% White Milk Nonfat Chocolate Milk 100% Fruit juice

*** Breakfast & Lunch Menu items subject to change based on availability***	K-8 Lunch Menu		September 1 Pizza PB& J Side Salad with Low-Fat Dressing Simmered Whole kernel Corn Seasoned Asparagus Mozzarella String Cheese Asst. Fresh Fruit 1% White Milk Nonfat Chocolate Milk 100% Fruit juice	September 2 Red Rice & Sausage PB& J Savory Peas Succotash Homemade Cornbread Pineapple Tidbits Asst. Fresh Fruit 1% White Milk Nonfat Chocolate Milk 100% Fruit juice
September 5 Labor Day	September 6 Hamburger or Cheeseburger on WG Bun PB&J Baked Beans Frozen Side Kicks Lettuce/Sliced Tomatoes 1% White Milk Nonfat Chocolate Milk Nonfat Strawberry Milk Low-Fat Ketchup/Mustard/Mayo	September 7 Italian Sandwich on WG Bread PB&J Fresh Oranges Craisins Mozzarella String Cheese 1% White Milk Nonfat Chocolate Milk Nonfat Strawberry Milk Low-fat Mustard/Mayo	September 8 Hot Dog on WG Bun PB&J Seasoned Green Beans Simmered Corn Applesauce Cups Mozzarella String Cheese 1% White Milk Nonfat Chocolate Milk Low-fat ketchup/Mustard	September 9 Assorted Pizza PB&J Oven Baked French Fries Fresh Asst. Fruit Broccoli w/ Cheese Sauce Mozzarella String Cheese 1% White Milk Nonfat Chocolate Milk Nonfat Strawberry Milk

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September 12 Corndog PB& J Seasoned Peas & Carrots Simmered Sweet Peas Diced Peach Cups Asst. Fresh Fruit Mozzarella String Cheese 1% White Milk Nonfat Chocolate Milk Nonfat Strawberry Milk	September 13 Beef-A-Roni PB& J Steamed Brown Rice Fresh Broccoli w/ Ranch Dip Fresh Apples Whole Grain Dinner Roll 1% White Milk Nonfat Chocolate Milk Nonfat Strawberry Milk	September 14 Hot Turkey & Cheese on WG Bun PB& J Fresh Carrot Sticks Mozzarella String Cheese Asst. Fresh Fruit Diced Peach Cups 1% White Milk Nonfat Chocolate Milk Nonfat Strawberry Milk Low-Fat Mayo	September 15 Hot Turkey & Cheese on WG Bun PB& J Fresh Carrot Sticks Mozzarella String Cheese Asst. Fresh Fruit Diced Peach Cups 1% White Milk Nonfat Chocolate Milk Nonfat Strawberry Milk Low-Fat Mayo	September 16 Hot Turkey & Cheese on WG Bun PB& J Fresh Carrot Sticks Mozzarella String Cheese Asst. Fresh Fruit Diced Peach Cups 1% White Milk Nonfat Chocolate Milk Nonfat Strawberry Milk Low-Fat Mayo
September 19 Chicken Wedge on WG Bun Tacos Baked Beans Simmered Corn Sliced Watermelon 1% White Milk Nonfat Chocolate Milk Lettuce & Tomatoes Low-fat Mustard/Mayo Taco Sauce	September 20 Italian Combo on WG Bun Baked Chicken Strips Baked Macaroni & Cheese Simmered Green Beans Candied Carrots 1% White Milk Nonfat Chocolate Milk Lettuce & Tomatoes	September 21 Turkey Wrap Ham & Cheese on WG Bun Assorted Baked Chips Seasoned Green Peas Raisins, Lettuce / Tomatoes 1% White Milk Nonfat Chocolate Milk Low-fat Mayo/Mustard	September 22 Assorted Pizza PB&J Garden Salad W low-fat Dressing Marinated Vegetables Mandarin Oranges WG Breadstick 1% White Milk Nonfat Chocolate Milk	September 23 BBQ Rib Patty on WG Bun PB&J Simmered Green Beans Seasoned Lima Beans Diced Peach Cups 1% White Milk Nonfat Chocolate Milk Nonfat Strawberry Milk 100% Fruit Juice
September 26 Nachos w/ Seasoned Ground Beef & Tortilla Chips Simmered Pinto Beans PB&J Rice Pilaf Simmered Green Beans Chilled Pineapple 1% White Milk Nonfat Chocolate Milk Lettuce & Diced Tomatoes	September 27 Mandarin Chicken PB&J Asian Stir Fry Rice Simmered Turnip Green Seasoned Corn Craisins Assorted Fresh Fruit 1% White Milk Nonfat Chocolate Milk	September 28 Turkey & Cheese Sandwich PB&J Simmered Green Peas Carrots w/ Ranch Dip Sugar Cookie 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 29 BBQ Pork on WG Bun PB&J Seasoned Brown Rice Simmered Green Beans Fresh Apples 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice	September 30 Assorted Pizza PB&J Oven Crisped French Fries Side Salad w/ low-fat dressing Diced Pear Cups 1% White Milk Nonfat Chocolate Milk 100% Fruit Juice Low-fat Ketchup