

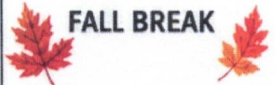
October 2026



Newport Grammar School Menu

Breakfast items served on a daily basis:
Cereal, Fruit, Fruit Juice, Pop-Tarts, Muffins, Cheese Sticks
FREE Breakfast & Lunch for ALL students

Milk choices offered with breakfast and lunch daily:
1% Milk, Tru Moo Chocolate Milk, Tru Moo Strawberry Milk
Students full pay: \$0.00, Reduced \$0.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			October 1	October 2
			Breakfast: Cinnamon Rolls Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Hamburger and Cheeseburger Lett/Tom/Onion/Pickle Corn Tater Tots Fruit Variety Milk Variety	Breakfast: Waffles/Syrup Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Pizza California Blend Glazed Carrots Fruit Variety Milk Variety
October 5	October 6	October 7	October 8	October 9
Breakfast: Biscuit/Sausage/Gravy Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Hot Dog-w-Chili Mac/Cheese Smile Fries Grape Tomatoes Fruit Variety Milk Variety	Breakfast: French Toast/Syrup Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Chicken Filet Sandwich Lett/Tom Sweet Potatoes Green Beans Fruit Variety Milk Variety	Breakfast: Biscuit/Chicken/Gravy Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Corndog Corn Baked Beans Fruit Variety Milk Variety	Breakfast: Cinnamon Rolls Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Hamburger and Cheeseburger Lett/Tom/Onion/Pickle Tater Tots Fruit Variety Milk Variety	Breakfast: Waffles/Syrup Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Mozzarella Breadsticks Green Beans Garden Salad Fruit Variety Milk Variety
October 12	October 13	October 14	October 15	October 16
No School 	No School	No School 	No School	No School 
October 19	October 20	October 21	October 22	October 23
Breakfast: Biscuit/Sausage/Gravy Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Chicken Filet Sandwich Lett/Tom/Pickle Green Beans Fresh Carrots/Dip Fruit Variety Milk Variety	Breakfast: French Toast/Syrup Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Spaghetti-w-Meat Sauce Glazed Carrots Garden Salad Fruit Variety Milk Variety	Breakfast: Biscuit/Chicken/Gravy Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Pizza Green Beans Whole Potatoes Fruit Variety Milk Variety	Breakfast: Cinnamon Rolls Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Popcorn Chicken Cornbread Pinto Beans Turnip Greens Baked Apples Fruit Variety Milk Variety	Breakfast: Waffles/Syrup Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Hamburger and Cheeseburger Lett/Tom/Onion/Pickle Corn French Fries Fruit Variety Milk Variety
October 26	October 27	October 28	October 29	October 30
Breakfast: Biscuit/Sausage/Gravy Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Pizza Green Beans California Blend Fruit Variety Milk Variety	Breakfast: French Toast/Syrup Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Double Decker Taco Lett/Tom/Cheese Refried Beans Corn Fruit Variety Milk Variety	Breakfast: Biscuit/Chicken/Gravy Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Hamburger and Cheeseburger Lett/Tom/Onion/Pickle Tater Tots Glazed Carrots Fruit Variety Milk Variety	Breakfast: Cinnamon Rolls Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Steak/Gravy Wheat Roll Mashed Potatoes Broccoli/Cheese Sweet Potatoes Fruit Variety Milk Variety	Breakfast: Waffles/Syrup Fruit/Juice Milk or Cereal/Pop-Tart or Muffin Fruit/Juice Milk Lunch: Chili-w-Beans and Grill Cheese Grape Tomatoes Fresh Broccoli Pickle Spears Fruit Variety Milk Variety



GRAB & GO BREAKFAST SERVED IN ELEMENTARY CAFETERIA

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.