

Itawamba County Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 6 Sausage and Biscuit Assorted Cold Cereals Blueberry Toaster Past Assorted Jellies Milk Choices Assorted Fruit Juices Pancake Syrup	Sep - 7 Mini Pancakes in a Bag Apple Frudel Assorted Cold Cereals Strawberry Toaster Pastry Pancake Syrup Assorted Fruit Juices Milk Choices	Sep - 8 Chicken Patty & Biscui County Style Gravy Strawberry Toaster Pastry Assorted Cold Cereals Assorted Jellies Chilled Asst. Fruit Milk Choices Pancake Syrup	Sep - 9 French Toast Sticks Tater Tots Assorted Cold Cereals Blueberry Toaster Past Chilled Asst. Fruit Pancake Syrup Milk Choices Ketchup	Sep - 10 Sausage & Pancake on a Stick Assorted Cold Cereals Strawberry Toaster Pastry Pancake Syrup Assorted Fruit Juices Milk Choices
Nutrients Target Carb 77.4g 60.5%Cal	Nutrients Target Carb 83.3g 77.6%Cal	Nutrients Target Carb 106.6g 69.9%Cal	Nutrients Target Carb 98.8g 69.6%Cal	Nutrients Target Carb 66.3g 68.8%Cal
Sep - 13 Bacon, Egg, and Chees Biscuit Apple Frudel Assorted Cold Cereals Strawberry Toaster Pastry Chilled Mandarin Oranges Fresh Fruit Bowl Assorted Fruit Juices Milk Choices Assorted Jellies Pancake Syrup	Sep - 14 Breakfast Sausage Pizz Assorted Cold Cereals Strawberry Toaster Pastry Blushing Chilled Pears Fresh Fruit Cup Assorted Fruit Juices Milk Choices Assorted Jellies Pancake Syrup	Sep - 15 Southern Biscuit Sausage Patty Scrambled Eggs Strawberry Toaster Pastry Assorted Cold Cereals Chilled Peach Slices Fresh Fruit Cup Milk Choices Assorted Jellies Pancake Syrup	Sep - 16 French Toast Sticks Tater Tots Assorted Cold Cereals Blueberry Toaster Past Chilled Asst. Fruit Pancake Syrup Milk Choices Ketchup	Sep - 17 Breakfast Chicken Patt Southern Biscuit Mini Pancakes in a Bag Assorted Cold Cereals Strawberry Toaster Pastry Hashbrown Potatoes Chilled Peach Slices Fresh Fruit Cup Assorted Fruit Juices Milk Choices Assorted Jellies Pancake Syrup
Nutrients Target Carb 90.4g 78.4%Cal	Nutrients Target Carb 78.3g 79.6%Cal	Nutrients Target Carb 76.3g 62.1%Cal	Nutrients Target Carb 98.8g 69.6%Cal	Nutrients Target Carb 103.4g 76.2%Cal
Sep - 20 Breakfast Sausage Pizz Breakfast Burrito Assorted Cold Cereals Strawberry Toaster Pastry Blushing Chilled Pears Fresh Fruit Cup Assorted Fruit Juices Milk Choices Assorted Jellies Pancake Syrup	Sep - 21 Bacon, Egg, and Chees Biscuit Apple Frudel Assorted Cold Cereals Strawberry Toaster Pastry Chilled Mandarin Oranges Fresh Fruit Bowl Assorted Fruit Juices Milk Choices Assorted Jellies Pancake Syrup	Sep - 22 Breakfast Chicken Patt Southern Biscuit Mini Pancakes in a Bag Assorted Cold Cereals Strawberry Toaster Pastry Hashbrown Potatoes Chilled Peach Slices Fresh Fruit Cup Assorted Fruit Juices Milk Choices Assorted Jellies Pancake Syrup	Sep - 23 Southern Biscuit Sausage Patty Scrambled Eggs Strawberry Toaster Pastry Assorted Cold Cereals Chilled Peach Slices Fresh Fruit Cup Milk Choices Assorted Jellies Pancake Syrup	Sep - 24 Sausage & Pancake on a Stick Biscuit & Gravy Assorted Cold Cereals Strawberry Toaster Pastry Chilled Mandarin Oranges Fresh Fruit Bowl Assorted Fruit Juices Milk Choices Pancake Syrup Assorted Jellies
Nutrients Target Carb 84.2g 75.6%Cal	Nutrients Target Carb 94.9g 79.3%Cal	Nutrients Target Carb 103.4g 76.2%Cal	Nutrients Target Carb 76.3g 62.1%Cal	Nutrients Target Carb 87.2g 74.0%Cal

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Itawamba County Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 27	Sep - 28	Sep - 29	Sep - 30	
Breakfast Sausage Pizz Breakfast Burrito Assorted Cold Cereals Strawberry Toaster Pastry Blushing Chilled Pears Fresh Fruit Cup Assorted Fruit Juices Milk Choices Assorted Jellies Pancake Syrup	Bacon, Egg, and Chees Biscuit Apple Frudel Assorted Cold Cereals Strawberry Toaster Pastry Chilled Mandarin Oranges Fresh Fruit Bowl Assorted Fruit Juices Milk Choices Assorted Jellies Pancake Syrup	Sausage & Pancake on a Stick Assorted Cold Cereals Strawberry Toaster Pastry Pancake Syrup Assorted Fruit Juices Milk Choices	Sausage and Biscuit Assorted Cold Cereals Blueberry Toaster Past Assorted Jellies Milk Choices Assorted Fruit Juices Pancake Syrup	
Nutrients Carb 84.2g 75.6%Cal	Nutrients Carb 94.9g 79.3%Cal	Nutrients Carb 66.3g 68.8%Cal	Nutrients Carb 77.4g 60.5%Cal	

Variety of Milk offered daily.
Water offered daily.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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