



GHOLSON ISD
OCTOBER 2025 -LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. HAMBURGER STEAK MASHED POTATOES BROCCOLI NORMANDY ROLL MIXED FRUIT MILK	2. BEEF NACHOS REFRIED BEANS SPINACH SALAD SPANISH RICE DICED PEACHES MILK	3. PIZZA CARROT STICKS GREEN BEANS FRESH FRUIT CHOCOLATE CAKE MILK
6. POPCORN CHICKEN MAC & CHEESE GREEN BEANS CARROT STICKS SLICED APPLES MILK	7. BOSCO STICK BROCCOLI CORN DICED PEARS MILK	8. CRISPIITOS REFRIED BEANS MIXED VEGETABLES MIXED FRUIT MILK	9. CHICKEN FRIED STEAK MASHED POTATOES SIDE SALAD ROLL DICED PEACHES MILK	10. WILDCAT BURGER SWEET TATER FRIES RANCH STYLE BEANS LETTUCE/TOMATO/PICKLE FRESH FRUIT MILK
13. NO SCHOOL COLUMBUS DAY	14. NO SCHOOL STAFF DEVELOPMENT DAY	15. GRILLED CHEESE TOMATO SOUP BROCCOLI NORMANDY TATOR TOTS MIXED FRUIT MILK	16. BEEF TACOS REFRIED BEANS MIXED VEGETABLES SPANISH RICE LETTUCE/TOMATO DICED PEACHES MILK	17. PIZZA CORN SIDE SALAD FRESH FRUIT MILK
20. CHICKEN STRIPS SWEET TATER FRIES CORN ROLL SLICED APPLES MILK	21. PORK RIB PATTY BROCCOLI NORMANDY GREEN BEANS SLICED BREAD DICED PEARS MILK	22. FRITO PIE MIXED VEGETABLES CARROT STICKS MIXED FRUIT MILK	23. SPAGHETTI GARLIC BREAD STICK CORN SPINACH SALAD DICED PEACHES MILK	24. WILDCAT BURGER BAKED BEANS FRENCH FRIES LETTUCE/TOMATO/PICKLE FRESH FRUIT MILK
27. CHICKEN NUGGETS MAC & CHEESE MASHED POTATOES GREEN BEANS SLICED APPLES MILK	28. CHILI DOGS SWEET POTATO FRIES RANCH STYLE BEANS DICED PEARS MILK	29. CHICKEN ALFREDO STEAMED BROCCOLI DICED CARROTS GARLIC BREAD STICK MIXED FRUIT MILK	30. BURRITOS MIXED VEGETABLES SIDE SALAD/RANCH SPANISH RICE DICED PEACHES MILK	31. NO SCHOOL STAFF DEVELOPMENT DAY HAPPY HALLOWEEN!!

MENU IS SUBJECT TO CHANGE

Offer versus Serve Regulation is implemented in this school.

For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable.

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