

September COUNSELING NEWLETTER



Children's Good Manners Month

It is a great time to reinforce good behavior as your child/children start a new school year. Children learn best by observing parents, teachers, or other adults in their lives modeling the skills for them.

Children feel good about themselves when they learn the basics of good manners. They are able to get along better with their peers, teachers, and family.

Happy, Healthy Kids TIP

Remember to compliment your children for using their manners. Let them know you heard them and noticed and appreciated it. We all feel good when our positive behaviors are noticed. Praise your child with specific statements like "thank you for using your manners", "great manners today", "I appreciate you saying hello to the neighbors", and "I'm glad you thanked the waiter".

We are Learning!

Meet the Counselor/How to see the Counselor

Respect – treating others how you want to be treated

Self-respect – being kind to yourself and making the best choices for yourself

Making Good Choices (identify healthy/unhealthy choices)

Let's CONNECT!

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