

Contact Information:

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HAPPY

TEACHERS: Andrea Lucario & Kay-Mani Riley EMAILS: a.lucario@lagunaed.net & km.riley@lagunaed.net

CLASSROOM NEWS!

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Our theme for February is Balls. We will explore a variety of ways to play with balls. Questions to think about when exploring balls: What kinds of balls are there? How are they the same and different? How do balls move? What are balls made of? How can we make our own balls? You will explore balls at home: What kind of balls do you have around your home and what does your child notice and wonder about balls? Activities will be sent home

Cultural Lifeways theme is Pottery and Feelings. The children will learn uses of the natural environment, how to use the natural sand to create pottery, and use as dinnerware. There will be demonstrations for these activities.



The children got back into their routines after the winter break. Happy to have the children back.

Two children are walking on their own.

One child is walking very well with one hand held and starting to take a step or two on their own.



The children are communicating with each other and with adults using gestures, babbling, and with words.

UPCOMING EVENTS

02/01-Read Aloud Day 02/09-STEAM 02/14-Friendship Day Dance 2/16 Nutrition Activity 02/23-Visitation of Officers

<u>No School</u>

02/20 & 02/21 Professional Development

New Words to Learn in February:

Balls: basket, base, golf, tennis, cotton, stress, foot, rubber, plush, pom-pom, throw, roll, toss, kick

Cultural Vocabulary:

Pottery, water, jug, clay, design, paint, yucca, firing pottery, kiln,

feelings

Color of the month:

Red







Chinatown Classroom News!

TEACHER: Sandra Lewis EMAIL : s.lewis@lagunaed.net

Our Creative Curriculum theme for this month is "Balls." We will interact with and play with different sizes and textured balls. "We will practice different ways to play with balls and independently such as how to hold, play and catch and or kick the balls. We will use our hands and fingers to hold each ball whether using both hands or one hand. We will learn how to follow directions.

Our Health Focus: Dental Hygiene Activity. We will learn to say teeth, toothbrush and will pretend to brush teeth using dry erase board of dirty teeth and take turns.

Cultural Lifeways Curriculum we're focusing on a few things: Pottery and Emotions

Color of the month: Red



Student Celebration



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ACHIEVEMENTS/ MILESTONES

Our children are back into their daily routine in the classroom. Our children had so much fun learning about "Light".

Our children use their hands and fingers to operate a variety of lights and switches, by turning them off and on. They brought their individual light up toys for Show and Tell and

enjoyed playing with each others light up toys. They stayed engaged and focused for a few minutes at a time with each toy.

UPCOMING EVENTS

2/1 Red Day 2/1 Read Aloud Day

2/9 STEAM

2/14 Friendship Day

2/16 Nutrition Activity: Pomegranate

2/20 &2/21 – Professional Development (No school)

2/23 Visitation of officers



CLASSROOM NEWS!

The New Year has pushed us to a fast start. We jumped right back into our daily routine and in a blink of an eye we are looking into a new month with a new topic to discuss.

In January we studied about the different types of lights and how they are used; to see how lights change colors; their were oohs and aahs because the glow sticks had bright vibrant colors, or because that is just something natural for kids to do when they get a hold of a glow stick. Got our bodies moving and grooving for the new year by adding more exercise to our daily activities.

In February we will study Pottery for our culture curriculum; we will study how pottery is used, create our own pottery on paper, a hands on activity with play dough, and we will look at pictures of designs that potters use when designing pottery. We have a new list of words to study and practice saying in our keres language. We will study the use of Playground Balls (the sizes, colors, textures and weight). What the balls are used for, look at different sports that use a ball and compare to the other. In our Nutrition area we will observe the color, taste, and texture of a pomegranate. Throughout the month we will also practice using good dental hygiene and talk about the importance of brushing our teeth. We

will also have the opportunity to visit with our newly elected tribal officials, wishing them well for the year.

NEW WORD TO LEARN IN FEBRUARY:



Water jug



Clay



UPCOMING EVENTS

2/1 Read Aloud Day

Wear the color red

2/9 STEAM Activity

2/14 Friendship Day Dance

2/16 Pomegranate Nutrition

Activity

2/20 & 2/21 Professional Development (No School)

2/23 Visitation of Officers

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ACHIEVEMENTS/ MILESTONES

Our children have been making big strides in their ASQ goals, in our Communication area we have been hearing the children use more words to express themselves. In the Fine Motor area children are wanting to do more for themselves by using their hands. In the Gross motor area they are beginning to run, climb, and jump, overall using those big muscles to get around. In our Social Emotional area we are accepting that we have to be at school and we will see our mommies at the end of our school day. It is great to see and hear that these young children are making progress in each of these areas, we look forward to continued growth and progress.

DATE TO REMEMBER

2/1 Wear the color RED

2/14 Friendship Dance in the PRC

2/23 Visit with the newly elected Tribal Officials



During the past month, we focused on lights. The children showed excitement when exploring the flashlights, dinosaur and lizard lights, and when dancing under projected lights that turned the classroom into the night sky. They used their hand and finger muscles to turn the lights off and on, and had to think and problem solve how to turn on the lizard light.

I made a poster that showed natural lights: the sun, moon, fireflies, lightning, etc. When displaying the poster, it turned into a simple discussion of how dogs howl at the moon (D.P-J. and D.L. were our howlers), which led to a story titled "Not Afraid of Dogs," which circled back to lightning and thunder (because the dog was scared of thunder). This is one example of a day in your child's learning experience.

Achievements happen daily, whether it is using the toilet, cleaning up after a mess, and/or matching similar objects according to color! Patience and acknowledging their accomplishments will help them continue to learn.

Thank you for your continued support and consistency in bringing your children





TEACHERs : Teacher Bee and Ms. Yvonne

EMAIL(S): B.saiz@lagunaed.net Y.francis@lagunaed.net

Words to learn in English and Keres Language: Pottery Water Jug Clay Design Paint Yucca





This month's Theme is Boxes We will be celebrating Friendship Day. We would like you to make a Friendship box with your child. Be creative and have fun :)



Friendship boxes are Due on February 13th.

ACHIEVEMENTS/ MILESTONES

Achievements:

Recognizing letters in their name/Friends' names

Counting to 10 in Keres Language

Quantifying numbers

Being independent

Next steps:

Learning last name

Hold a writing tool with a three point grip



UPCOMING EVENTS

2/1 Wear the color red

2/1 Read aloud day

2/9 Steam Activity

2/14 Friendship Day/Valentines Day

2/16 Nutrition Activity — Pomegranate

2/20 & 2/21 Professional Development (No School)

2/23 Visit from Village Officials

Encinal Celebration



We will celebrate Friendship Day on February 14th.

Seama Classroom

EMAIL: v.deutsawe@lagunaed.net

I.peacock@lagunaed.net

r.kie@lagunaed.net

Teachers: Mrs. Leona, Mrs. Venessa & Ms. Royce

UPCOMING EVENTS

2/1-Read Aloud Day

2/9-STEAM:

2/14-Friendship Day

2/16-Nutrition Activity: Pomegranate

2/23-Visitation of the Governor and Staff:



NEW WORDS TO LEARN IN FEBRUARY

Color Red: Kuu gunnie

Pottery: Dunnie

Waterjug: spoon nah





Secrets, Truth, Sadness, Faith,

DDITIESS

Respect &

Seama Classroom News!

In the Month of February Seama Room will begin learning about Boxes and Emotions.

We will also be learning about Dental Hygiene.

Big empty boxes are a great starting point for creative and imaginative play. Children can decide how to change the box into something they can use for pretend play, like a castle, shop, cave and so on. Then they can use their imagination and problem-solving skills to turn ideas into reality. Children will learn math skills by counting sides of the box, measure the height and width, the sizes big, medium and small.

Cultural Life ways-Learning to repeat words-Morning Prayer, Meal Prayer, Colors, Numbers, Month, Foods, Directions, Governor, How we are feeling

ACHIEVEMENTS/ MILESTONES

- During the cold Month of January we have learned how to use our zippers and button up our own jackets and using our self help skills.
- * Using our words to ask for needs or assistance.
- Able to follow the classroom routine
- * Able to say the meal and morning prayer in Keres.
- * Starting to recognize letters and numbers.
 - Able to help peers when recognizing needing assistance.

MARK YOUR CALENDAR

Steam Activity — February 9th

Friendship Day — Activities and Dance — February 14th

Nutrition Activity Pomegranate— February 16th

Dental Hygiene — Throughout the Month

Professional Development — February 20th & 21st (No School)





February Paguate Classroom

Teachers: Juana Natseway/ Madalynne Francis

Email: j.natseway@lagunaed.net/m.francis@lagunaed.net

PAGUATE NEWS

UPCOMING EVENTS

2/1– Wear Red Day & Read Aloud Day

2/9-STEAM Activity

2/14– Friendship Day Dance

Greetings Families,

Paguate classroom will be exploring the topic of Boxes in the month of February. Our study of boxes will include lots of questions such as "What can we do with boxes? How are boxes made? How do we move boxes? What jobs involve boxes? What are the characteristics of boxes?" and so much more. We will also have opportunities for hands on learning and lots of fun activities.

Cultural Lifeways will focus on expanding our knowledge of Pottery.

Conscious Discipline we will be concentrating on the Power of Unity which we will perceive compassionately and offer compassion to others and ourselves. Health for the month will be centered around our Dental Hygiene.

ACHIEVEMENTS/MILESTONES

Children are able to recognize all letters of their names and tell teachers which letter comes first and next in order.

All children are now interacting with new friends on a daily basis in and outside of the classroom.

We have introduced new games within the classroom such as Twister which children are learning right from left and are having a blast taking turns.

Children are now writing their names smaller to fit several sign-ins on one page in their notebooks.



2/20 & 2/21—NO SCHOOL January & February Birthday Shoutouts!

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

X.P. 1/02 **M.M.** 1/03 **K.S.** 1/18

L.L. 2/26





New words to learn in February:



Pottery

Water

Jug Clay

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Design Paint

Yucca

Firing Pottery





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EMAIL(S): kailyn.aragon@lagunaed.net c.deutsawe@lagunaed.net

Hello Families

Laguna Classroom News!

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In the month of February, our theme will be Boxes. We will be studying boxes: how they are made, box shapes and their uses. We would love your help to collect many different types of boxes. If you have any boxes you would like to send for the classroom to explore, please send them with your child.

We are looking for any families to share how your family might use boxes, whether it might be at home or work to share with the classroom. If you are interested, please contact the teachers.

Please start working on a Valentine's Day box for your child. If you should need any materials let your teacher know.

MILESTONES

Thank you Families for continuing to work with your children during the Winter Break having them write their names and numbers and reading with them.

This past month, our area of study was Exercise. The children really enjoyed this study as we had them moving more throughout the day. We did our daily yoga, stretches, calisthenics and dance, all while perfecting our counting and letter recognition.

Congratulations to A. Lucario & D. Smith in receiving certificates for most read books in January.



Congratulations to Ms. Deutsawe for receiving her Bachelor's degree!



NEW WORDS TO LEARN IN FEBRUARY



Red

Love

Friendship

Kindness

Pottery

Ball



IMPORTANT DATES

2/1 Read Aloud

2/9 STEAM

2/14 Friendship Dance

2/20 & 2/21 Professional Development (No School)

2/23 —Visitation of Officers



Family Service Providers

Kathleen Herrera (EHS/PHS) and Tiffany Touchin (PHS)

FEBRUARY COMPANY

Greetings - Hope you all are doing well!

Please be reminded that Family Service Providers are here to assist and provide resources where needed. Feel free to give us a call anytime. We will continue our monthly check-ins with families.



Upcoming Events:

February 8......Parent Committee Meeting @ 11:00 am via zoom February 20 & 21- Professional Development (No School) February 23.....Visitation of Officials February 28.....Parent Education Meeting @11:00 am via zoom

Please contact FSP for ZOOM link

Contact Information:

Kathleen Herrera Program Cell Phone: (505) 290-9163 Email: <u>k.herrera@lagunaed.net</u>

Fax number: 552-7533

Contact Information:

Tiffany Touchin Program Cell Phone: (505) 220-2549 Email: <u>t.touchin@lagunaed.net</u> Fax number: 552-7533



Greetings Families,

How time flies, we are already in the month of February. Below are activities to do at home with your child to help boost their development:

You may send pictures/items created by family to your classroom teachers to share with your child's classmates.

Happy Learning!

Gayleen Ruben, Education Manager/Instructional Coach

g.ruben@lagunaed.net

(505) 552-6544 ext. 5001

Things to do This Winter to **Boost Your Child's Development**

Winter is a great time to support your child's development! These activities can help you to boost and support your child's development during the winter months!

Make a paper chain

This classic, fine-motor-skill-boosting activity isn't just for the holidays; It's also an excellent way to count down to a birthday, an upcoming family trip, or another special event. Cut paper into strips about 1 inch by 5 inches, one strip for each day you want to count down. Show your child how to make paper chains by looping the paper strips around each other and gluing or taping the ends of each strip together. Hang the chain up in your home and use it to count down to an important event by removing the links, one day at a time. ()

Bundle up and enjoy the outdoors

When the weather is cold, it can be tempting to pull on your comfiest socks and stay inside. But whenever you can, make time for outdoor activities that give your child's motor skills a pick-me-up. Choose activities that involve both gross motor skills (throwing snowballs, slding, climbing a snowy hill) and fine motor skills (putting a face on a snowman, collecting and sorting objects).

Create a winter-themed sculpture

Create a winter-themed sculpture Not only are art projects a wonderful parent-child bonding experience, they also challenge young children to expand their problem-solving and motor skills. On a blustery day when it's too cold to play outside, give your child a box of materials they can use as art supplies. You might include plastic bottles and containers, newspaper, pinecones, twigs, jar lids, cotton balls, paper plates, play dough, Popside sticks, colored paper, bits of ribbon and fabric, strong tape, paint, glitter, and glue. Work together to create a winter-themed sculpture, such as an "indoor snowman," a penguin in a colorful scarf, or a tree covered with snow.



Make a map

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Kids love maps—and making one together is a great way to sharpen their skills! Partner up with your child to make a map of your neighborhood. Zip up your coats for a walk, take down notes, snap pictures of where streets, buildings, parks, and other landmarks are, and then make the map using paper, scissors, labels, photos, and any other creative materials you have on hand.

ptid from the ASQ-3 Learning Activities by Elizabeth Twombly, M.S., & Ginger Fink, M.A. and ASQ-5F-2 Learning Activities and More by Elizabeth Twombly, M.S., Leslie J., Munson, Ph.D., is M. Pribble, Ph.D. © 2019 Brookes Publishing Co., Inc. All rights reserved. BROOKES www.brookespublishing.com | 1-800-638-3775



Play a game with new toys Did your child receive some fun new toys as holiday gifts? Help them hone their problem solving skills by playing games with their favorite treasures. Set five small toys in a "lineup" and give your child time to look at the group. Then hide one of the toys and ask, "Which one is missing?" (You may have to give a few clues or hints at first.) Once your child guesses correctly, hide a different toy. Then give the child a turn to hide a toy and try to trick you!

Toss some indoor snowballs

Here's a fun indoor winter activity that gives kids good practice with gross motor skills. Cut a few 8- to 9-inch holes in a big piece of cardboard and decorate the cardboard to look like a tree or a snowman. Give your child some 'indoor snowballs' (beanbags or soft foam balls) and encourage your child to throw the snowballs through the holes on the target. Have your child start very close to the target and then move back a few feet to make it a little more challenging.



Carve out time for chats



Read together every night

On cold winter very lingit. On cold winter nights, snuggle up for some shared reading, one of the single most important activities you can do with a child. Choose some winter-themed books and engage your child while you read: ask them what happened at the beginning, middle, and end of the story, or have the child act out the story with you and pretend to be different characters.



Write a winter storybook together Invite a winter a soft book objection Invite your child to make their own book about a favorite winter activity or memory. Fasten a few pieces of paper together with staples or yarn. Ask your child to draw pictures or paste magazine photos to illustrate a story. Encourage your child to tell you in their own words about the event they remember or enjoy, and held them with the member or endows. help them write the words on each page.

Friendly reminder: Don't forget that activities should be supervised by an adult. Any material, food, or toy given to a young child should be reviewed for safety!

Adapted from the ASQ-3 Learning Activities by Elizabeth Twombly, M.S., & Ginger Fink, M.A. and the ASQ-5E-2 Learning Activities and More by Elizabeth Twombly, M.S., Leslie J. Munson, Ph.D., & Lois M. Pribble, Ph.D. © 2019 Brookes Publishing Co., Inc. All rights reserved. BROOKES www.brookespublishing.com | 1-800-638-3775



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Information

As the Disabilities Services Coordinator for the Laguna Division of Early Childhood (DEC), it is my role to be available to assist in providing a foundation of learning for all children regardless of abilities, in particular for the youngest learners in the Laguna community. Our goal at DEC is to get young children ready for school and the many areas of life in general.

School Readiness is one of the most important purposes of Head Start programs– What does this mean:

- 1. Children are ready for school,
- 2. Families are ready to support their children's learning in school and
- 3. Schools are ready for children and families.

At the DEC program, we support the physical, cognitive, social and emotional development of all children from infants to preschoolers as the essential ingredients for school readiness.

Parents/Families –If you have any concerns about your child/ children's development, please talk to your child's teacher or you may call me directly at the Disabilities Office phone number below.



Tips for Families

<u>**Tips for Families:</u>** Have you ever noticed that children love to dance? Creativity and self-expression are vital to your child's well-being and dancing is a fun way to get your child active.</u>

Dancing has so many **pros** from physical fitness to boosting confidence and creativity. Let's take a look at a few of the **benefits of dancing**:

*Promotes Neurological Development-Music and dance stimulate and strengthen a child's brain.

*Builds Fitness-Dance improves heart health, endurance, stamina and muscle development.

*Works as a Release-Burning excess energy will help kids focus and sleep better.

Enjoy DANCING with your child/children



Margaret Mascareñaz 505-552-6544 Ext.. 5206

mmascarenaz@lagunaed.net

Greeting Parents & families,

I hope you all are doing well and staying safe.

Influenza (also called Flu)

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Health Aide

Lorisa Pacheco

(505)552-6544/(505) 240-0793

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccine each year.

Signs and Symptoms of Flu

- Fever* or feeling feverish/chills
- Sore throat, cough, runny or stuffy nose
- Headaches, muscle or body aches
- Fatigue (very tired)

- Some people may have vomiting and diarrhea, though this is more common in children than adults.
- *It's important to note that not everyone with flu will have a fever.

People who have the flu can feel some or all of these signs or symptoms. Experts believe that flu viruses spread mainly by droplets when people with the flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might also get the flu by touching a surface or object that has flu virus on it and then touching their own mouth, eyes, or nose. Period of Contagiousness:

- You may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick.
- People with the flu are most contagious in the first 3-4 days after their illness begins.
- Some otherwise healthy adults may be able to infect others beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick.
- Some people, especially young children and people with weakened immune systems, might be able to infect others with flu viruses for an even longer time.

Onset of Symptoms & Complications of Flu;

- The time from when a person is exposed and infected with the flu to when symptoms begin is about 2 days but can range from about 1 to 4 days.
- Complications can include bacterial pneumonia, ear infections, sinus infections, dehydration, and worsening of chronic medical conditions, such as congestive heart failure, asthma, or diabetes.

Preventing the Flu:

The first and most important step in preventing the flu is to get a flu vaccination each year. Flu vaccine has been shown to reduce flu related illnesses and the risk of serious flu complications that can result in hospitalization or even death. CDC also recommends everyday preventive actions (like staying away from people who are sick, covering coughs and sneezes and frequent handwashing) to help slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like the flu. Diagnosing/Treating Flu

It is very difficult to distinguish flu from other viral or bacterial respiratory illnesses based on symptoms alone. There are tests
available to diagnose flu. There are influenza antiviral drugs that can be used to treat flu illness. Together let's help keep our communities healthy and free from the flu!

New Mexico Department of Health has updated facts and reports of Influenza https://www.nmhealth.org/about/erd/ideb/isp/

Program Assistant

Hello Parents and Families, I hope you are all well-adjusted to 2023 and remain healthy and safe.

Monthly Testing for all DEC students and staff for the month of February will occur on February 13. 2023 from 8:45 am to 10:00 am in the PRC.

DEC bi-weekly testing for students that are not up-to-date with their Covid vaccinations or are unvaccinated will test on February 27, 2023 beginning at 8:45 am in the PRC.

Please register your child and send the confirmation code form back to the school. If you are unable to send the form back, just call me and I'll take it over the phone, or you can send it to the program cell phone 505-290-9314.

ACL is now offering PCR Covid testing in which results come back in about 4 hours. Mondays, Wednesdays and Fridays from 9:30 am to 10:30 am. You do not have to pre-register, just go to the clinic and they will take you through their process. You may request test results at time of testing and once results come back, they will notify you or you can call to see if results are ready.

The Laguna Community Health Center is offering vaccinations on the following dates from 10:30 am to 2:00 pm. You may call 505-238-3198 to register. Be sure to indicate which vaccine is needed according to your child's age.

Saturday, February 4, 2023Saturday, February 11, 2023Saturday, February 25, 2023

I encourage parents to take advantage of these vaccination dates. There are quite a few children that have started their series but have not yet completed them and are overdue between doses. This has caused them to have to test bi-weekly instead of monthly. In addition, once they turn five years old, they will be eligible for an Omicron booster.

Be reminded that all children 2 years and older continue wearing masks. Please ensure you and your child have a mask on when your dropping off/picking up your child at school and when you are putting them on and taking them off the bus. We appreciate your attention to this very important safety practice.

If your child is not feeling well, please keep them home and call the school to let us know they will be absent. With all the illnesses going around, we recommend you taking them to get checked out by a medical professional to ensure we stop the spread of illness.

I hope you all enjoy the President's day Holiday on the 20th and may you all know how loved you are on the 14th. As always, thank you all so much for doing your part to keep your children, their friends at school and the community safer by taking all the necessary steps to keep them free of the illnesses lurking around us. Until next time, remain safe and take care of each other.

Iris Gallegos, Program Assistant/Covid-19 Records Keeper <u>i.gallegos@lagunaed.net</u> Office: 505-552-6544 ext. 5100 Program Cell: 505-290-9314









Laguna Division of Early Childhood

January 13, 2023

Greetings Families,

Happy New Year!

With the upcoming event, **Friendship Day Dance**, on February 14, 2023, DEC would like to invite two (2) family members to join us on-site to enjoy time with your child while participating. However, for things to run smoothly, DEC will have specific guidelines in place to ensure the safety of all children.

- Both family members must already be on the Child's Emergency Checkout List with COVID card on file.
- Both family members must do a Temp Check, Sign-in at the front office, and wear a mask while in the PRC.
- To protect all children, we ask that NO pictures/videos be taken during the duration of the event.
- NO outside treats.

This is a continued beginning to many more activities and events happening at DEC. We look forward to having great parent participation while continuing to keep all children here at DEC safe.

To ensure an accurate head count, please list (2) family members who will be attending on February 14, 2023, **Friendship Day Dance.** Please return the bottom portion by February 3, 2023.

1)	
2)	

We are looking for volunteers to help decorate and set up the PRC that morning at 8 am. If you would like to volunteer, please write your name below. We are taking only 3 volunteers for Early Head Start and 3 for Head Start. First, sign-up will be taken.

Name:

Thank you families! We appreciate your understanding as we gradually move forward in the direction of open family engagement events.