



Monday	Tuesday	Wednesday	Thursday	Friday
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1  
 Steak Fingers  
 Sweet Potato Sticks w/ Dressing  
 Baked Ranch Fries M6140  
 Fresh Strawberries  
 Chilled Mandarin Oranges  
 Ketchup  
 Whole Wheat Roll  
 Fat Free Milk

2  
 Cheesy Chicken Over/Rice  
 Southern Mustard Greens  
 Field Peas  
 Fresh Grapes  
 Frozen Fruit Juice Cups  
 Cornbread  
 Low Fat Milk

3  
 Chili Dog  
 Crinkle Cut Fries  
 Confetti Coleslaw  
 Fresh Fruit Bowl  
 Fruit Cocktail  
 Ketchup  
 Mustard  
 Fat Free Milk

4  
 Ham and Turkey on Bun  
 Trimmings  
 Bake Chips  
 Steamed Carrots  
 Broccoli Salad  
 Tangerines  
 Assorted Fruit Juices  
 Mayonnaise  
 Mustard  
 Low Fat Milk

7  
 Chicken Nuggets  
 Criss Cut Sweet Potatoes  
 Spinach Salad  
 Fruit Slushes  
 Fresh Fruit Bowl  
 Yeast Roll  
 Variety of Dipping Sauce  
 Ketchup  
 Fat Free Milk

8  
 BBQ Pork Sandwich  
 Spicy Fries  
 Confetti Coleslaw  
 Fresh Pears  
 Fresh Bananas  
 Chocolate Chip Cookie  
 Low Fat Milk  
 Chocolate Milk

9  
 Chicken Fajita Wrap  
 Italian Sliced Carrots  
 Mixed Vegetables  
 Fresh Fruit Bowl  
 Fresh Fruit Cup  
 Fat Free Milk

10  
 Spaghetti & Meat Sauce  
 Cheesy Broccoli  
 Raw Veggies with Dip  
 Fresh Oranges  
 Fresh Bananas  
 Whole Wheat Garlic Toast  
 Fat Free Milk

11  
 Sausage Pizza  
 Whole Kernel Corn  
 Steamed Carrots  
 Fresh Fruit Bowl  
 Assorted Fruit Juices  
 Fat Free Milk

14  
 Corn Dog Nuggets M3165  
 Tomatoes with Dip  
 Tex Mex Style Beans  
 Pear and Kiwi Medley  
 Assorted Fruit Juices  
 Fat Free Milk

15  
 Bacon Cheese Burger  
 Seasoned Potato Wedges  
 Seasoned Green Beans  
 Chilled Peaches  
 Fresh Fruit Bowl  
 Mayonnaise  
 Mustard  
 Ketchup  
 Fat Free Milk

16  
 Roasted Chicken Wings  
 Sweet Chili Chicken Wings  
 Baked Ranch Fries  
 Tossed Salad w/ Dressing  
 Fruit Slushes  
 Banana Berry Blend  
 Whole Wheat Roll  
 Ranch Dressing  
 Fat Free Milk

17  
 Pepperoni Pizza Wedge  
 Broccoli Salad  
 Tomatoes with Dip  
 Fresh Fruit Bowl  
 Flavored Raisins  
 Cookies, ChocChip Gma M7540  
 Fat Free Milk

18

21

22  
 Steak Fingers  
 Carrots and Red Peppers with Dip  
 French Fries  
 Frozen Fruit Juice Cups  
 Whole Wheat Roll  
 Fat Free Milk

23  
 Chicken Spaghetti  
 Tuna Salad with Crackers  
 Steamed Broccoli Florets  
 Whole Kernel Corn  
 Applesauce in a Bag  
 Fruited Gelatin  
 Yeast Roll  
 Chocolate Milk  
 Fat Free Milk

24  
 Red Beans and Rice with Sausage  
 Managers Choice Salad  
 Black-Eyed Peas  
 Marinated Tomato and Cucumber Salad  
 Pineapple Tidbits  
 Fresh Fruit Bowl  
 Yeast Roll  
 Chocolate Milk  
 Fat Free Milk

25  
 Chicken Nachos  
 Managers Choice Salad  
 Spicy Fries  
 Cheesy California Veggies  
 Chilled Peaches  
 Fresh Bananas  
 Fat Free Milk

28

Ham and Turkey  
 on Bun  
 Trimmings  
 Bake Chips  
 Steamed Carrots  
 Broccoli Salad  
 Tangerines  
 Assorted Fruit Juices  
 Mayonnaise  
 Mustard  
 Low Fat Milk

29

Chicken Egg Rolls  
 Sweet Potato Sticks  
 w/ Dressing  
 Baked Ranch Fries M6140  
 Fresh Strawberries  
 Chilled Mandarin  
 Oranges  
 Ketchup  
 Whole Wheat Roll  
 Fat Free Milk

30

Cheesy Chicken Over/Rice  
 Southern Mustard Greens  
 Field Peas  
 Fresh Grapes  
 Frozen Fruit Juice Cups  
 Cornbread  
 Low Fat Milk

**GPSD Pre-K Lunch  
 Menu Subject to Change**

**"This Institution is an Equal Opportunity Provider."**