

MARCH 2023

Jackson Pre-K & Head Start

Grains are 100% Whole Grain/Whole Grain Rich.

Breakfast includes ½ c fruit and 1% milk.
Lunch includes ¼ c veggie, ¼ c fruit and 1% milk.

Monday



Tuesday

Wednesday

Thursday

Friday

Cold Cereal Variety **6**

Cheese Quesadilla
Fiesta Beans
Diced Pears

Cold Cereal Variety **13**

Chicken Nuggets, Mac & Cheese, Creamy Coleslaw
Apple Wedges

Cold Cereal Variety **20**

BBQ Chicken on a Bun
Baked Beans
Diced Pears

Cold Cereal Variety **27**

Southwest Mac & Cheese
Seasoned Green Beans
Apple Wedges

Muffin Variety **7**

Beef & Cheese Nachos
Whole Kernel
Banana

Muffin Variety **14**

Sloppy Joe on a Bun
Baked Beans
Rosy Applesauce

Muffin Variety **21**

Penne Pasta & Meat Sauce
Garlic Breadstick
Steamed Broccoli
Banana

Muffin Variety **28**

Chicken & Gravy with
Mashed Potatoes, Broccoli
Grape Salad
Applesauce

Grahams Variety **1**

Hot Dog on a Bun
Seasoned Peas & Carrots
Orange Wedges

Grahams Variety **8**

Crispy Chicken Sandwich
Seasoned Green Beans
Mixed Fruit

Grahams Variety **15**

Corn Dog
Baby Carrots
Orange Wedges

Grahams Variety **22**

Grilled Cheese Sandwich
Seasoned Green Beans
Mixed Fruit

Grahams Variety **29**

Hot Dog on a Bun
Seasoned Peas & Carrots
Orange Wedges

Breakfast Bread **2**

Hot Ham & Cheese
California Blend
Diced Peaches

Breakfast Bread **9**

Chicken Alfredo Pasta
Garlic Breadstick
Steamed Broccoli
Fruit Cup

Breakfast Bread **16**

Chicken Pot Pie Bowl
Buttermilk Biscuit
Diced Peaches

Breakfast Bread **23**

Tater Tot Hotdish
Garlic Toast
Fruit Cup

Breakfast Bread **30**

Beef Totchos
Spanish Rice
Diced Peaches

Breakfast Variety **3**

Five Cheese French Bread
Steamed Broccoli
Fruit Variety

Breakfast Variety **10**

Pizza Variety
Whole Kernel Corn
Fruit Variety

17

**No School
Staff Development**

Breakfast Variety **24**

Cheesy Pullaparts
Steamed Broccoli
Fruit Variety

Breakfast Variety **31**

Pizza Crunchers
Whole Kernel Corn
Fruit Variety

This Institution is an equal opportunity provider.

Menus are subject to change.

**Menu changes will be announced at each school as they arise. Thank you.*