

Sumter County High School

Monday	Tuesday	Wednesday	Thursday	Friday
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Welcome Back Students!

Milk and Fruit choices
available at every



	Monday	Tuesday	Wednesday	Thursday	Friday
	August 7th	August 8th	August 9th	August 10th	August 11th
Hot Breakfast	Scrambled Eggs WG Grits Hashbrown Patty	French Toast Sticks Fruit Juice	Sausage Biscuit Orange Juice Fruit	Dave's Cinnamon Bun Grape Juice Fruit	Chicken Biscuit Orange Juice Fruit
Cold Breakfast	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Blueberry Loaf Yogurt Smoothie Fruit	Pop Tart Yogurt Apple Juice Fruit	Chocolate Chip Muffin Top Fruit Juice Fruit	Bowl of Cereal (Assorted Variety) Yogurt Apple Juice Fruit
Traditional	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Cucumber Slices w/ranch Fruit	BBQ Chicken Mac & Cheese Green Beans Celery Sticks w/ Ranch Dinner Roll Fruit	Nacho & Cheese Bar w/ Ground Beef Lettuce, Tomato, Jalepeno, Sour Cream & Salsa Fruit	Spaghetti w/ Meatsauce Cooked Broccoli Bread Stick Fruit	Chili Cheese Dog Tater Tots Carrot Sticks w/Ranch Coleslaw Fruit
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Bar	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Fruit	Side Salad Tater Tots Fruit	Potato Wedges Dried Chick Peas Fruit
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar w/ Baked Potato Bar
Meat Opations	Chicken Strips Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Hard Boiled Egg Shredded Cheddar	Chicken Strips Hard Boiled Egg Shredded Cheddar Queso Cheese	Chicken Salad Diced Ham Hard Boiled Egg Shredded Cheddar	Chili w/ Beans Hard Boiled Egg Queso Cheese Shredded Cheddar
Grain & Fruit	Tortilla Chips Fruit	Bread Stick Crackers Fruit	Tortilla Chips Fruit	Banana Muffin Crackers Fruit	Crackers Doritos Fruit
Lunch	Chicken Tenders	Spicy Chicken Sandwich	BBQ Sandwich	Uncrustable PB & J String Cheese Stick	Cheeseburger w/ Lettuce & Tomato
Special	Sunchips w/Salsa Carrot Sticks w/ Ranch Fruit	Crinkle Cut Fries Celery Sticks w/ Ranch Fruit	Coleslaw Potato Wedges Baked Beans Fruit	Doritos Potato Wedges Broccoli & Carrots w/ Ranch Fruit	Potato Wedges Celery & Carrots w/ranch Fruit

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	Monday	Tuesday	Wednesday	Thursday	Friday
	August 14th	August 15th	August 16th	August 17th	August 18th
Hot Breakfast	French Toast Sticks Fruit Juice	Sausage Biscuit Orange Juice Fruit	Dave's Cinnamon Bun Grape Juice Fruit	Chicken Biscuit Orange Juice Fruit	Scrambled Eggs WG Grits Hashbrown Patty
Cold Breakfast	Pop Tart Yogurt Apple Juice Fruit	Chocolate Chip Muffin Top Fruit Juice Fruit	Bowl of Cereal (Assorted Variety) Yogurt Apple Juice Fruit	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Blueberry Loaf Yogurt Smoothie Fruit
Traditional	Breaded Chicken Parmesean Sandwich Baked Potato Steamed Broccoli	2 Taco Tuesday Tacos w/ lettuce & Tomato Refried Beans Teddy Grahams Fruit	Corn Dog Tater Tots Carrot Sticks w/Ranch Coleslaw Fruit	Cheesy Chicken Quesedilla Tortilla Chips Corn Salsa Fruit	General Tso's Chicken Bowl w/ Vegetable Fried Rice Egg Roll Broccoli & Carrots Cooked Fruit
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Bar	Crinkle Cut Fries Broccoli w/ Ranch	Carrots & Cucumbers w/ Ranch Fruit	Side Salad Tater Tots Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Dried Chick Peas Fruit
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Meat Opat	Chicken Strips Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Hard Boiled Egg Shredded Cheddar	Chicken Strips Hard Boiled Egg Shredded Cheddar Queso Cheese	Tuna Salad Diced Ham Hard Boiled Egg Shredded Cheddar	Beef Vegetable Soup Diced Turkey Hard Boiled Egg Shredded Cheddar
Grain & Fruit	Black Beans Corn	Black Beans Green Peas	Chickpeas Corn	Cowboy Caviar Green Peas	Cowboy Caviar Chickpeas
Lunch	Turkey Hoagie w/ Lettuce & Tomato	Regular OR Spicy Chicken Tenders	BBQ Sandwich	Cheeseburger w/ Lettuce & Tomato	Regular OR Spicy Chicken Sandwich
Special	Tater Tots Carrot Sticks w/ Ranch	Corn Celery Sticks Chex Mix	Baked Beans Crinkle Cut Fries	Potato Wedges Cucumber Slices	Broccoli & Carrots w/ Ranch Cheese Its

Sumter County High School

	Monday	Tuesday	Wednesday	Thursday	Friday
	August 21st	August 22nd	August 23rd	August 24th	August 25th
Hot Breakfast	Sausage Biscuit Juice Fruit	Egg, Cheese & Sausage Burrito Hashbrown Juice Fruit	French Toast Sticks Juice Fruit	Chicken Biscuit Juice Fruit	Mini Pancakes Sausage Patty Juice Fruit
Cold Breakfast	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Super Donut Holes Fruit Juice	2oz Muffin Fruit Juice Fruit	Bowl of Cereal (Assorted Variety) Yogurt Apple Juice Fruit	Cereal Bar Chex Mix Juice Fruit
Traditional	Chicken Burrito Tortilla Chips Salsa Corn Fruit	Sheppards Pie Blackeyed Peas Graham snacks Dinner Roll Fruit	Cheese Stix Marinara Cup Carrot & Broccoli w/ Ranch Fruit	Hamburger Steak w/ Gravy Mashed Potatoes Corn Blackeyed Peas Dinner Roll Fruit	Boneless Chicken Wings Crinkle Cut Fries Celery & Carrot Sticks Munchies Mix Corn Kettle Crunch
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Bar	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Fruit	Side Salad Tater Tots Fruit	Potato Wedges Dried Chick Peas Fruit
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar w/ Baked Potato Bar
Meat Options	Chicken Strips Black Beans Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Chickpeas Hard Boiled Egg Shredded Cheddar	Chicken Strips Chickpeas Hard Boiled Egg Shredded Cheddar Queso Cheese	Chicken Salad Diced Ham Hard Boiled Egg Shredded Cheddar	Chili w/ Beans Black Beans Hard Boiled Egg Queso Cheese Shredded Cheddar
Grain & Fruit	Tortilla Chips Fruit	Bread Stick Crackers Fruit	Tortilla Chips Fruit	Banana Muffin Crackers Fruit	Crackers Doritos Fruit
Lunch	Chicken Tenders	Regular or Spicy Chicken Sandwich	Cheeseburger w/ Lettuce & Tomato	Spicy Chicken Tenders	BBQ Sandwich
Special	Rockin'ola Diablo Corn Crunch Tater Tots Carrot Sticks w/ Ranch	Crinkle Cut Fries Celery Sticks w/ Ranch Fruit	Potato Wedges Celery & Carrots w/ranch Fruit	Doritos Salsa Cup Potato Wedges Broccoli w/ Ranch Fruit	Coleslaw Potato Wedges Baked Beans Fruit

Sumter County High School

	Monday	Tuesday	Wednesday	Thursday	Friday
	August 28th	August 29th	August 30th	August 31st	September 1st
Hot Breakfast	Scrambled Eggs WG Grits Hashbrown Patty	French Toast Sticks Fruit Juice	Sausage Biscuit Orange Juice Fruit	Dave's Cinnamon Bun Grape Juice Fruit	Chicken Biscuit Orange Juice Fruit
Cold Breakfast	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Blueberry Loaf Yogurt Smoothie Fruit	Pop Tart Yogurt Apple Juice Fruit	Chocolate Chip Muffin Top Fruit Juice Fruit	Bowl of Cereal (Assorted Variety) Yogurt Apple Juice Fruit
Traditional	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Cucumber Slices w/ranch Fruit	BBQ Chicken Mac & Cheese Green Beans Celery Sticks w/ Ranch Dinner Roll Fruit	Nacho & Cheese Bar w/ Ground Beef Lettuce, Tomato, Jalepeno, Sour Cream & Salsa Fruit	Spaghetti w/ Meatsauce Cooked Broccoli Bread Stick Fruit	Chili Cheese Dog Tater Tots Carrot Sticks w/Ranch Coleslaw Fruit
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Bar	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Fruit	Side Salad Tater Tots Fruit	Potato Wedges Dried Chick Peas Fruit
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar w/ Baked Potato Bar
Meat Options	Chicken Strips Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Hard Boiled Egg Shredded Cheddar	Chicken Strips Hard Boiled Egg Shredded Cheddar Queso Cheese	Chicken Salad Diced Ham Hard Boiled Egg Shredded Cheddar	Chili w/ Beans Hard Boiled Egg Queso Cheese Shredded Cheddar
Grain & Fruit	Tortilla Chips Fruit	Bread Stick Crackers Fruit	Tortilla Chips Fruit	Banana Muffin Crackers Fruit	Crackers Doritos Fruit
Lunch	Chicken Tenders	Spicy Chicken Sandwich	BBQ Sandwich	Uncrustable PB & J String Cheese Stick	Cheeseburger w/ Lettuce & Tomato
Special	Sunchips w/Salsa Carrot Sticks w/ Ranch Fruit	Crinkle Cut Fries Celery Sticks w/ Ranch Fruit	Coleslaw Potato Wedges Baked Beans Fruit	Doritos Potato Wedges Broccoli & Carrots w/ Ranch Fruit	Potato Wedges Celery & Carrots w/ranch Fruit