



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>2</p> <p><b>NO SCHOOL</b></p> <p>LABOR DAY</p>	<p>3</p> <p><b>NO SCHOOL</b></p> <p>TEACHER IN-SERVICE</p>	<p>4</p> <p><b>NO SCHOOL</b></p> <p>TEACHER IN-SERVICE</p>	<p>5</p> <p>Turkey Ham &amp; Cheese Melt on a Pretzel Roll</p> <p><b>NO SALADS TODAY</b></p> <p><b>FEATURED VEGGIES</b> Baked Beans Sweet Peas</p>	<p>6</p> <p>Cheesy Pizza</p> <p><b>NO SALADS TODAY</b></p> <p><b>FEATURED VEGGIES</b> Oven Roasted Zucchini Carrot &amp; Raisin Salad</p>	<p><b>What is a Meal?</b></p> <p>You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Choice of Vegetable</b></p> <p>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p><b>Choice of Fruit</b></p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b></p> <p>1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p><b>Daily Alternates</b></p> <ul style="list-style-type: none"> <li>• Yogurt, ½ Cheese Sandwich &amp; Goldfish Cracker</li> <li>• Melted Cheese Sandwich</li> <li>• Sun butter &amp; Jelly Sandwich w/String Cheese &amp; Goldfish Cracker</li> </ul> <p><b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b> <i>These items do not contain any animal products</i></p>
<p>9</p> <p>Chicken Nuggets with Roll</p> <p>OR Buffalo Chicken Salad</p> <p><b>FEATURED VEGGIES</b> Tater Tots Baby Carrots</p>	<p>10</p> <p>Nachos Grande with Tortilla Chips</p> <p>OR Turkey BLT Salad</p> <p><b>FEATURED VEGGIES</b> Refried Beans Lettuce &amp; Tomato</p>	<p>11</p> <p>Cowboy Burger on a Bun</p> <p>OR Buffalo Chicken Salad</p> <p><b>FEATURED VEGGIES</b> Glazed Carrots Broccoli Salad</p>	<p>12</p> <p>Chicken Tenders with Breadstick</p> <p>OR Turkey BLT Salad</p> <p><b>FEATURED VEGGIES</b> Curly Fries Apple Cider Slaw</p>	<p>13</p> <p>Cheddar Cheese Quesadilla on Flatbread (V)</p> <p>OR Garden Salad</p> <p><b>FEATURED VEGGIES</b> Oven Brownd Sweet Potato Corn Salad</p>	
<p>16</p> <p>Classic Sloppy Joe on Hawaiian Roll</p> <p>OR Buffalo Chicken Salad</p> <p><b>FEATURED VEGGIES</b> Oven Fries Chickpea Salad</p>	<p>17</p> <p>Chicken Patty on a Bun</p> <p>OR Turkey BLT Salad</p> <p><b>FEATURED VEGGIES</b> Mexicali Corn Tomato &amp; Onion Salad</p>	<p>18</p> <p>Cheesesteak on a Roll</p> <p>OR Buffalo Chicken Salad</p> <p><b>FEATURED VEGGIES</b> Tater Tots Ranchero Carrots</p>	<p>19</p> <p>Chicken Nuggets with Roll</p> <p>OR Turkey BLT Salad</p> <p><b>FEATURED VEGGIES</b> Steamed Broccoli Celery Sticks with Ranch</p>	<p>20</p> <p>Cheesy Pizza</p> <p>OR Garden Salad</p> <p><b>FEATURED VEGGIES</b> Cherry Tomatoes Cucumber Slices</p>	
<p>23</p> <p>Cheeseburger on a Bun</p> <p>OR Buffalo Chicken Salad</p> <p><b>FEATURED VEGGIES</b> Steamed Broccoli Cucumber Slices</p>	<p>24</p> <p>Taco Beef Over Nacho Chips</p> <p>OR Turkey BLT Salad</p> <p><b>FEATURED VEGGIES</b> Latin Inspired Beans Golden Corn</p>	<p>25</p> <p>French Toast Sticks with Sausage Links</p> <p>OR Buffalo Chicken Salad</p> <p><b>FEATURED VEGGIES</b> Tri Patty Taters Carrot Sticks</p>	<p>26</p> <p>Macaroni &amp; Cheese (V)</p> <p>OR Turkey BLT Salad</p> <p><b>FEATURED VEGGIES</b> Stewed Tomatoes Apple Cider Slaw</p>	<p>27</p> <p>Italian Dunkers with Sauce</p> <p>OR Garden Salad</p> <p><b>FEATURED VEGGIES</b> Steamed Green Beans Baby Carrots</p>	
<p>30</p> <p>Chicken &amp; Mashed Potato Bowl</p> <p>OR Buffalo Chicken Salad</p> <p><b>FEATURED VEGGIES</b> Mashed Potatoes Golden Corn</p>			<p><b>ALL ENTREES ARE PEANUT/TREE NUT FREE</b></p>		
			<p><b>Meal Prices</b></p> <p>Student Lunch \$3.50 Reduced Lunch \$0.00 Faculty Lunch/Salad \$4.00/5.00</p>		