

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>Sausage &amp; Egg Biscuit Muffin &amp; Yogurt Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>4</b></p> <p>Breakfast Pizza Glazed Donut Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>5</b></p> <p>Panther Sandwich Muffin &amp; Yogurt Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>6</b></p> <p>SPARK – FREE Meals provided by RCES for Graves Mountain Lodge Camp Participants</p>	<p><b>7</b></p> <p>SPARK – FREE Meals provided by RCES for 4-H Camp Participants</p>
<p><b>10</b></p> <p>Chicken Biscuit Muffin &amp; Yogurt Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>11</b></p> <p>Egg &amp; Cheese Burrito Glazed Donut Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>12</b></p> <p>Panther Sandwich Muffin &amp; Yogurt Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>13</b></p> <p>SPARK – FREE Meals provided by RCES for Graves Mountain Lodge Camp Participants</p>	<p><b>14</b></p> <p>SPARK – FREE Meals provided by RCES for 4-H Camp Participants</p>
<p><b>17</b></p> <p>Sausage &amp; Egg Biscuit Muffin &amp; Yogurt Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>18</b></p> <p>Breakfast Pizza Glazed Donut Cereal &amp; Grahams Fresh Fruit Juice &amp; Milk</p>	<p><b>19</b></p> <p><b>HOLIDAY</b></p>	<p><b>20</b></p> <p>SPARK – FREE Meals provided by RCES for Graves Mountain Lodge Camp Participants</p>	<p><b>21</b></p> <p>SPARK – FREE Meals provided by RCES for 4-H Camp Participants</p>
<p><b>24</b></p> <p>Ham &amp; Cheese Croissant Muffin &amp; Yogurt Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>25</b></p> <p>Bagel &amp; Cream/String Cheese Glazed Donut Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>26</b></p> <p>Cinnamon Toast Crunch Bar Muffin &amp; Yogurt Cereal &amp; Grahams Fresh Fruit, Juice &amp; Milk</p>	<p><b>27</b></p> <p>SPARK – FREE Meals provided by RCES for Graves Mountain Lodge Camp Participants</p>	<p><b>28</b></p> <p>SPARK – FREE Meals provided by RCES for 4-H Camp Participants</p>



**Anyone 18 & Under – FREE Meals On Site!**  
**Monday – Wednesday, 8:30 - 9:30, 11:00 - 12:00**  
**Check in @ RCES Office**



FREE MEALS for all children 18 years old and younger!  
FREE Breakfast Available Daily, Monday – Wednesday, June 3, 2024 – June 26, 2024 (Closed June 19, 2024), 8:30 AM – 9:30 AM  
Please call the school for more details! “This institution is an equal opportunity provider.”



# JUNE 2024

Rappahannock County Elementary School

FREE - All Children 18 Yrs & Under  
Adult Lunch \$4.31

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty PB&J Sandwich Carrots & Fries Fresh Fruit & Milk <b>3</b>	Ham & Cheese Sub PB&J Sandwich Broccoli & Corn Fresh Fruit & Milk <b>4</b>	Personal Pizza PB&J Sandwich Cucumbers & Tater Tots Fresh Fruit & Milk <b>5</b>	SPARK – FREE Meals provided by RCES for Graves Mountain Lodge Camp Participants <b>6</b>	SPARK – FREE Meals provided by RCES for 4-H Camp Participants <b>7</b>
Cheeseburger PB&J Sandwich Carrots & Fries Fresh Fruit & Milk <b>10</b>	Turkey, Bacon & Cheese Sandwich PB&J Sandwich Broccoli & Corn Fresh Fruit & Milk <b>11</b>	Corn Dog PB&J Sandwich Cucumbers & Tater Tots Fresh Fruit & Milk <b>12</b>	SPARK – FREE Meals provided by RCES for Graves Mountain Lodge Camp Participants <b>13</b>	SPARK – FREE Meals provided by RCES for 4-H Camp Participants <b>14</b>
Chicken Empanada PB&J Sandwich Carrots & Fries Fresh Fruit & Milk <b>17</b>	Ham & Cheese Sub PB&J Sandwich Corn & Green Beans Fresh Fruit & Milk <b>18</b>	<b>Holiday</b> <b>19</b>	SPARK – FREE Meals provided by RCES for Graves Mountain Lodge Camp Participants <b>20</b>	SPARK – FREE Meals provided by RCES for 4-H Camp Participants <b>21</b>
Fish Sticks PB&J Sandwich Carrots & Fries Fresh Fruit & Milk <b>24</b>	Turkey & Cheese Sandwich PB&J Sandwich Broccoli & Corn Fresh Fruit & Milk <b>25</b>	Pizza PB&J Sandwich Cucumbers & Tater Tots Fresh Fruit & Milk <b>26</b>	SPARK – FREE Meals provided by RCES for Graves Mountain Lodge Camp Participants <b>27</b>	SPARK – FREE Meals provided by RCES for 4-H Camp Participants <b>28</b>



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