



LUNCH

MARCH 2023

Haak'u Community Academy

****This institution is an equal opportunity provider****

****Menu subject to change upon product availability**

Monday

Tuesday

Wednesday

Thursday

Friday



6
Diced Chicken
Shredded Cheddar Cheese
Whole Wheat Tortilla 6"
Steamed Broccoli
Fruit Cup
1% Lowfat Chocolate/White Milk

7
Breaded Steak Fingers
Buttered Corn
French Fries
Fruit Cup
1% Lowfat Chocolate/White Milk

1
Tortilla Burger with Cheese
Tater Tots
Fresh Fruit
1% Lowfat Chocolate/White Milk

2
Baked Turkey Slices
Mashed Potato
Mixed Vegetables
Turkey Gravy
Whole wheat bread slice
1% Lowfat Chocolate/White Milk

3
Chili Beans no meat
Corn Chips
Shredded Cheddar Cheese
Lettuce/tomato garnish
Fresh Fruit
1% Lowfat Chocolate/White Milk

13
Red Chili Beans
Hot dog on wheat bun
Mixed Vegetables
Tater Tots
Fresh Fruit
1% Lowfat Chocolate/White Milk

14
Roasted pork slices
Mashed potato/Brown Gravy
Green beans
Wheat Roll
Fresh Fruit
1% Lowfat Chocolate/White Milk

8
Red Chili Pork Posole
Celery Sticks
Corn Bread
Fresh Fruit
1% Lowfat Chocolate/White Milk

9
Shredded Pork w/BBQ Sauce
Wheat Bun
Buttered Corn
Carrot Salad with raisins
Fresh Fruit
1% Lowfat Chocolate/White Milk

10
Breaded Fish Patty
Rice Pilaf with vegetables
Green Beans
Fruit Cup
1% Lowfat Chocolate/White Milk

20


21

22


23

24


NO SCHOOL - SPRING BREAK

27
Red Chili beans w/ground beef
Mixed Vegetables
Corn Bread
Fresh Fruit
1% Lowfat Chocolate/White Milk

28
Salisbury Steak w/brown gravy
Mashed Potato
Mixed Vegetable
Wheat Roll
Fruit Cup
1% Lowfat Chocolate/White Milk

29
Green Chili Chicken Enchilada
Spanish Rice
Pinto Beans
Fresh Fruit
1% Lowfat Chocolate/White Milk

30
Ham & Cheese Wrap
Chicken & Rice soup
Mixed vegetables
Fresh Fruit
1% Lowfat Chocolate/White Milk

31
Bean & Cheese Burritos
Spanish Rice
Tossed salad w/Ranch
Fruit Cup
1% Lowfat Chocolate/White Milk

Lunch Schedule: K-2nd 11:00-11:25 3rd-5th 11:30-11:55 6th-8th 12:00-12:25