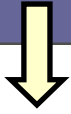


December

WHAT'S INSIDE



Early Head Start

Sunny Side

Chinatown

Turquoise Springs

Casa Blanca

Pre-School

Head Start

Encinal

Seama

Paguete

Laguna

Family Service Providers

Education Manager

*Special Education
Coordinator*

Health Aide

Program Assistant



Laguna Division of Early Childhood

P.O Box 798 Laguna, NM 87026 Phone: (505) 552-6544 Fax: (505) 552-7533

Announcements

- Dec. 01 — (Color) **Green Day**
- Dec. 02- — S.T.E.A.M. (Mama Doll Making)
- Dec. 09 — Card Making Activity
- Dec. 16 — Traditional Baking-Cookies
- Dec. 20 — Nutrition Activity (Blue Corn Drink-Hi-ya-nee)
- Dec 23 — Half Day– Begin winter break

(Children return January 10, 2022)



DEC shout out

DEC Fall Festival was a great success!! Thank you Parents for attending and following mask wearing protocols!

Thank you Parents of J. Chinana to helping to set up for the Fall Festival!

DEC wishes all FAMILIES a very Happy Holidays & Happy New Year!!



Early Head Start



Sunnyside Classroom

TEACHER NAME(S): Andrea Lucario & Kay-Mani Riley

EMAIL(S): a.lucario@lagunaed.net & km.riley@lagunaed.net

Classroom News!

The theme for December is Paper. We will explore different ways to use paper during play. At home, talk about how to use paper around your house. Questions to ask: What different kinds of paper are there? What can we do with paper? How can we change paper? How do people use paper?



Culture Lifeways theme is Music and Traditional Food. We will move to a variety of music: children's, holiday, and traditional. Throughout the month, we are having activities with traditional foods: Mama Doll Making, Baking Traditional Cookies, and Blue Cornmeal (Hi ya nee).

The Fall Festival went smoothly. We had one child that showed up with their father and aunt. The family had a fun time spending the morning with their child.

UPCOMING EVENTS

- 12/2 STEAM-Mama Doll Making
- 12/9 Card Making
- 12/16 Baking Traditional Cookies
- 12/20 Blue Cornmeal- Hi ya nee



Important Dates

12/23 Half a day
HAPPY 1ST BIRTHDAY

12/26-1/6/23 Winter Break
1/1 New Years Day

1/9/23 Professional Development
HAVE A SAFE & FUN CHRISTMAS
& A HAPPY NEW YEAR!

ACHIEVEMENTS/ MILESTONES

The children are coming into the classroom with smiles on their faces and ready to play. They are very attentive and doing the movements to the prayer and the Good Morning song being sung during breakfast time.

The children are going through the routines with smooth transitions.

The children are beginning to say a few words. Using sign language to communicate.

NEW WORDS TO LEARN IN DECEMEBR:

Culture Vocabulary

Drum, rattle, bells,
tamales

Color of the month:

Green

Theme Words:

Cardstock, tissue paper,
construction paper, newspaper,
napkins, cardboard,
wrapping paper,



Chinatown Classroom

TEACHER: Sandra Lewis EMAIL : s.lewis@lagunaed.net



NEW WORDS TO LEARN

IN DECEMBER:

Music-Traditional songs/ instruments

Drum

Rattle

Bells



Traditional Food

Tamales



Chinatown Classroom News!

Our Creative Curriculum theme for this month is "Paper". We will interact with and create with a variety of papers. We will feel and hear different textures as we tear and or crumple papers (with supervision). We will have plenty of fun painting messy works of art, tearing paper and using our fingers as we strengthen them, and to turn pages in a book as we read.

Our Health Focus is "Dressing For Winter".

For our Cultural Lifeways Curriculum we're focusing on two things: Music and Traditional Food.

DATES TO REMEMBER

December 23-Early Dismissal (1/2 a day)

December -26-30/January 01- 06 Christmas Break-**No School**

ACHIEVEMENTS/ MILESTONES

- Our children are coming in not crying and ready to play. They are used to our daily routine, with smooth transitions throughout the day.
- Our children are beginning to use their hand gestures (movements) to follow along as we sing and clap when we are done with each song.
- One Child sitting up longer on his own with no assistance and rolling over and reaching and grasping objects.

UPCOMING EVENTS

Dec. 01-(Color) Green Day

Dec. 02-S.T.E.A.M. (Mama Doll Making)

Dec. 09-Card Making

Dec. 16-Traditional Baking-
Cookies

Dec. 20-Nutrition Activity (Blue
Corn drink-Hi-ya-nee)



Turquoise Springs

TEACHER NAME(S): Candice Lucero and Raina Victorino

EMAIL(S): c.lucero@lagunaed.net/r.victorino@lagunaed.net

UPCOMING EVENTS

- 12/1 Wear the color Green to school
- 12/2 STEAM Activity: Mama Doll making
- 12/9 Card making
- 12/16 Traditional Baking: Cookies
- 12/20 Nutrition Activity: Blue Corn Drink
- 12/23 Half a day of school, children dismissed at 11:30am
- 12/26-1/9 Christmas Break, children will return on 1/10/23

Classroom News!

We have been moving along very fast, everyone has our routine down. Our friends have been learning the Good Morning song and prayer (in our keres language). We've been counting our numbers 1-10, singing some songs, and studying about the uses of different Bags. We looked at the different backpacks that each friend has and talked about: colors, size, pictures, etc., and said everyone has a different bag. Our hands on activity was to mix two colors of paint in a plastic bag and to see what the next color we would be. Another hands on activity was placing tissue paper on some contact paper, then placing 2 eyes, and a beak to make a turkey. Thank you to parents who showed up for the Fall Festival, the games were simple and quick for the children but it was a day of fun. Just a reminder parents, if your child is sick please keep them home, thank you to those who do.

NEW WORDS TO LEARN IN

December:

Drum

Rattle

Bells

Tamales



Achievements/ MILESTONES

Thank you to all Parents who completed their 1st Parent/Teacher Conference with us. We look forward to making more progress with your children.

The weather has been changing and it is getting very cold, time to have your child wear a jacket, maybe add some gloves, a hat, dress them in layers. We don't play outside if the air is too cold but the walk from the car to the classroom can take a while.



We have some children who have been working really hard on going to the potty..Yay!

DATE TO REMEMBER/ STUDENTS CELEBRATIONS



December 25, 2022 Have a very Merry Christmas!

January 1, 2023 Happy New Year!!

Many Blessings to you and your families

Casa Blanca Classroom

TEACHER: Evelyn Garcia & Marilou Arkie EMAIL: e.garcia@lagunaed.net/ m.arkie@lagunaed.net



DECEMBER

Preschool Head Start Encinal Classroom

TEACHERS : Teacher Bee and Ms. Yvonne

EMAIL(S): B.saiz@lagunaed.net Y.francis@lagunaed.net

New Words to
Learn in English
and Keres

Blue corn drink

Drum

Rattle

Bells



CLASSROOM NEWS!!

Hello parents we will be having our Christmas Break from December 26th – January 6th.

Please be safe by practicing COVID safe measures by:

- Washing Hands
- Wear a Mask
- Using hand sanitizer



We want to see all the children back after the break :)



IMPORTANT DATES

Christmas Break:
December 26th-
January 6th



UPCOMING EVENTS

12/1 Wear Green

12/2 STEAM- Mama Doll making

12/9 Card Making

12/16 Traditional Baking

We will continue to work on the following:

Phonic sounds

Name recognition

Tracing name/ holding drawing tool with a three pincer grip

Body movements

Counting 1-20 in English and Keres

Days of the week in English and Keres



Seama Classroom

Teachers

Leona Peacock: l.peacock@lagunaed.net

Venessa Deutsawe: v.deutsawe@lagunaed.net

Paguete Classroom

Phone: 505-552-6544 ext. 5109

Teacher Juana-j.natseway@lagunaed.net

Ms. Maddie-m.francis@lagunaed.net

UPCOMING EVENTS

12/1—Green Day (wear green)

12/2—S.T.E.A.M. Activity

12/9—Card Making Activity

12/16—Traditional Baking-Cookies

12/20—Nutritional Activity-Blue Corn drink (hi-ya-nee)

12/23—Half Day, begin Winter Break (children return January 10, 2023)

NEW WORDS TO LEARN IN DECEMBER:

Drum

Rattle

Bells

Tamales

We are continuing to go over the words from November which are:

Deer

Elk

Turkey

Mountain Lion

Hunting

Antelope

Bear

Rabbit

Quail

Blue Bird

Classroom News!

This month we will be exploring the topic of light. The children will engage in hands-on investigations to learn about what objects make light, how to turn lights on and off, how people use light, and what kinds of things block light or allow light to shine through. The children will learn how we can connect concepts to the community and incorporate things that are unique to our school, the children, and their families. This month for Conscious Discipline is Power of Love which the children will learn to see the best in others while improving self-image and building trust. Children will foster cooperation by joining with someone to solve a problem. This month for CLASS is Concept Development and Quality of Feedback which teachers use instructional discussions and activities to promote children's higher order thinking skills and consistently given feedback that expands their knowledge or builds on what the children already know. Cultural Lifeways is Music and Traditional Foods, which we will focus on the children identifying sounds of traditional instruments used in songs and that each song has meaning. The children will learn that the different traditional food used to feed the people during dances.

Achievements/ MILESTONES

Paguete children are able to say the morning prayer and sing the 7 days song in Keres with minimal cues from teachers. The children are able to take turns and interact cooperatively in groups of three or five children to build a tower or drawing on the white boards. The children have mastered 12-piece interlocking, 48 pieces, and floor puzzles and are very persistent on finishing them.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

- Birthday Wishes to L. Nunez, H. Siow, and T. Coin
- Color of the month—Wear green on 12/1



Star Readers

B. Martin—18 books

L. Nunez—17 books





Laguna Classroom

TEACHER NAME(S): Kailyn Aragon, Caundice Deutsawe

EMAIL(S): kailyn.aragon@lagunaed.net c.deutsawe@lagunaed.net

Laguna Classroom News!

Hello Families,

We are looking forward to the winter break! With being out of school for 2 weeks, children may regress from their usual routine. We ask families that while your children are home, continue reading a short book, writing their first and last name, singing the ABC's, and counting from 1-20.

For our STEAM activity, the children enjoyed going on a leaf hunt around the school campus. Children designed their own leaf with their handprint. After their handprint dried, the children drew a stem and vines on their leaves.

Happy Holidays! See you in the new year! 2023!



Shout Out

Thank you to our families who attended our parent-teacher conferences. Teachers see the progression in your child as you work with them at home. We appreciate your time and collaboration IN YOUR CHILD'S EDUCATIONAL JOURNEY. KEEP UP THE good work families!



NEW WORDS TO LEARN IN DECEMBER

In English and Da-she-ahh:

Drum

Rattle(we'yah'sa'dee'nah)

Bells

Tamales(mock'tzu'nah)

Blue corn drink(Hi-ya-nee)

Winter(Kuu'k)

Snow (haa'weh)

It's cold (ee'oo'oh maw meh guysh'tie'ya)

Important Dates

- 12/1 Wear GREEN day
- 12/2 STEAM Mama doll making
- 12/7 Bus Evacuation
- 12/9 Card making
- 12/20 Blue corn drink Hi-ya-nee
- 12/26- 1/6 Winter Break



Birthdays

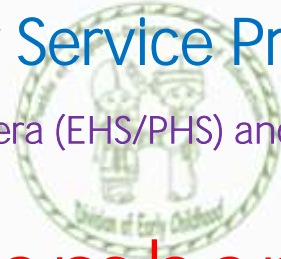
L. Day





Family Service Providers

Kathleen Herrera (EHS/PHS) and Tiffany Touchin (PHS)



December 2022

Greeting families,

Hope you are doing well!

As we are getting further into the school year, please be reminded that we do have monthly Parent Committee Meetings & Parent Education. This is a great opportunity to join in and provide input.

Upcoming Events:

Dec. 01, 2022 – Green Day – Wear the color Green

Dec. 02, 2022 - S.T.E.A.M – Mama Doll Making

Dec. 07, 2022 – BUS EVACUATION

Dec. 14, 2022 – Parent Committee/Parent Education- Topic: Sewing

Dec 21, 2022 – Fatherhood Cooking Activity

Resource Information:

Laguna Health Clinic: (505) 431-0711

Pharmacy Hours: Sun/Mon- Closed, T/TH- 10am-6pm, Wed- 2pm-6pm, Fri- 8am-4pm & Sat- 10am-2:30pm

Contact Information:

Kathleen Herrera
Program Cell Phone: (505) 290-9163
Email: k.herrera@lagunaed.net
Fax number: 552-7533

Contact Information:

Tiffany Touchin
Program Cell Phone: (505) 220-2549
Email: t.touchin@lagunaed.net
Fax number: 552-7533



**Education Manager
Gayleen Ruben**



Greeting Families,

My hope is that all families are doing well and staying warm.

As we celebrate the holiday season with breaks from school. Transitions back to the school environment may be difficult for some children and families.

As parents, we want to support our children during tough times. However, adults cannot help children navigate upset and reach a calm state unless we are composed ourselves. Below is a resource that provides a three-step process for calming yourself and providing the safety your children need.

Happy Holidays to all! See you next year!

Respectfully,

Gayleen Ruben





Conscious Discipline® ABC's for Parents of Little One

The inner state of adults (upset or calm) dictates the inner state of young children. A young child cannot feel calm when their parent or caregiver is clearly upset. Children easily pick up on the feelings of the adults around them. If you want to help your child feel composed, the first step is attending to your own composure.

This resource introduces three steps to help you regain your composure before attempting to calm a child. With these tips, you'll be a more present and effective guide through these unique times.

Conscious Discipline Glossary:

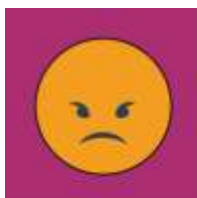
S.T.A.R.: One of Conscious Discipline's four core breathing techniques, S.T.A.R. stands for Smile, Take a deep breath, And Relax.

Breathe in through the nose with the belly going out, then out through the mouth with the belly going in. Exhale longer than you inhale. Three deep belly breaths shut off the body's "fight or flight" response.

Connection: The four components of meaningful connection are eye contact, touch, presence and a playful situation.

Safe Place™: The Conscious Discipline Safe Place is a self-regulation center where children use research-based, developmentally appropriate tools and strategies to change their inner state from upset to calm. Only in a calm, optimal state can the brain function well enough to learn and problem-solve effectively. For children, the parent or caregiver is the very first Safe Place.

ABC's for parents of little ones...



AWARENESS Be aware of your own inner state. Is your heart rate elevated? Are you feeling tense/frustrated, etc.? Children can FEEL our upset, so the next step is



BREATHE DEEPLY and bring yourself back to the present moment. **BREATHE** Take deep belly breaths. Inhale through your nose for at least 5 seconds, and exhale through your mouth for at least 10 seconds. Do this at least 3 times.



CLOSENESS They want to be close to you because you are their Safe Place™. Co-regulation and connection/bonding happen when they are close to you. Take deep breaths with them in moments of closeness.



Disabilities Services Coordinator Margaret Mascareñaz

Information:

Tips

Screening Children

Screening provides a baseline snapshot of the child and identifies any potential concerns in **the child’s development**. Key points for screening:

*The screening results give staff a profile of the child that they can use to support growth and development.

*Developmental screenings must be obtained or completed on all children within a specified timeframe (at DEC screenings are done upon enrollment or within 45 days of enrollment).

*Screening tool must be researched based, valid and reliable. (at DEC the Ages and Stages Questionnaires are used for social/emotional and other development areas)

*Screenings are key to identifying children with concerns who need follow-up referrals

*DEC program partners with families throughout the screening process.

*Program addresses any concerns and refers to the early intervention program NAPPR for infants and toddlers birth to age 3 and to Grants Cibola Co. Schools for children age 3– and older if further evaluation is needed and eligibility for services can be determined.

If families have any questions, please contact me at the contact information provided below. Thank you.

If families have any concerns regarding their child’s development, they may contact their child’s teacher, DEC Disabilities Coordinator or Native Profession-Parent Resources (NAPPR) for infants/toddler ages birth to age 3: Phone #- 505-345-6289.

For children ages 3 and above, contact DEC staff or -

Grants/Cibola County Schools

Are offering a **CHILD FIND EVENT**-free developmental screening

WHEN: Thursday, January 19, 2023. Time: 9:00-2:00

WHERE: Special Ed. Complex in Grants

Contact person: Desiraye Lopez– 505-285-2643

Thank you. Happy and Safe Holidays!



Contact Info

Margaret Mascareñaz

505-552-6544 Ext.. 5206

mmascarenaz@lagunaed.net



Greetings Families,

The local and national news have issued an alert on a triple-demic . This triple-demic consists of Covid-19, Flu, and RSV. All these illnesses have to been known to be highly contagious, symptoms are similar and are causing children to be hospitalized.

In Order to avoid the spread to children and staff, and avoid a school closure, here is the protocol:

1. Monitor your child for congestion, runny nose, fever, sneezing, and or coughing prior to sending him or her to school.
2. If your child is showing symptoms, please keep your child home. Please call the front office to **report your child's absence @ 552.6544**
3. Have your child seen by a medical professional and checked for Flu, RSV and COVID. If your child tests positive for any of the illnesses mentioned, your child will need to stay home until released by a medical professional.
- 4. Once your child is well, please provide a doctor's note stating that your child can return to school.**

If your child is sent home from school due to having symptoms, this is the process that will be followed:

1. The health aide is called to the classroom with a concern and will assess the situation.
2. The health aide will take the child from the classroom to the isolation room for further monitoring. If the child has a temperature of 100.4, a report will be made by the health aide and parent will be called to pick up child. The child is to be picked up within a half-hour of notification.
3. When the child is picked up, the health aide will give the parent a report and discuss further action which maybe to take the child to the doctor to get checked. The child will need to be taken to **the doctor to get checked. Parent will need to ask to test for Flu and RSV. Doctor's excuse for absence from school must be obtained by school personnel as to ensure illness is not spread.**

Please monitor your child, if they are feeling ill, keep them home. It will stop the spread of illness to friends and staff. Remember wash hands with warm water and soap, cover your coughs and sneezes, and please wear your masks when coming on campus!

Lorisa Pacheco

Health Aide

L.pacheco@lagunaed.net

Program phone: 505-240-0793

Office phone: 505-552-6544 ext. 5103



Program Assistant

Greetings Families and Friends,
How time flies, we are already in December. I hope you are all keeping warm in the fall turning winter weather.

A reminder to parents that the Omicron booster is available for ages 5 and up. If your child is 5 years old and two months have passed from the date of completed primary series, your child will need to get the Omicron booster. Should you choose for your child not to receive this booster, your child will be considered not up-to-date and will be tested bi-weekly. LDoE deadline to get the Omicron booster is December 2nd. Vaccinations can be obtained at the Laguna Community Health Center. Contact numbers are 505-238-3198 or 505-431-0711. The Pueblo of Laguna EOC will have a vaccination drive on December 14th from 11:00 am – 3:00 pm. Vaccinations available are as follows:

Adult Omicron (12 years +)

Located in “Pueblo of Laguna”

Event Code: POLP1214



Child’s Omicron (5 to 11 years)

Located in “POL Child’s Omicron

Event Code: KIDOMICRON 1214

Pfizer Primary Baby Doses (6 months to 4 years)

Located in “POL Children’s POD”

Event Code: POLB1214

If you haven’t already, we encourage parents to get your child vaccinated.

Monthly testing for all students and staff will be on Monday, December 12th from 8:45 am until 10:00 am. Please register your child and send confirmation codes back by December 8th.

Masks are required at the bus stops and at drop-off/pick-up.

If your child is having symptoms, please keep them home, monitor them, and get them tested. If they are negative for Covid-19, get them checked by a medical professional for the Flu and RSV. We want to help prevent the spread of illness as best we can.

I want to take this opportunity to thank all the parents and families for your compliance with Covid-19 policies and procedures. You are all doing a great job, as a result we have been able to remain open for in-person learning. Keep up the good work, it is greatly appreciated. I also want to wish each and every child and their families the happiest of holidays. May you be richly blessed with peace, joy, love and prosperity in the coming year. Merry Christmas!!!



Iris Gallegos, Program Assistant/Covid-19 Records Keeper

i.gallegos@lagunaed.net

Office: 505-552-6544 ext. 5100

Program Cell: 505-290-9314