



GHOLSON ISD
MARCH 2023 - LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Grades PK-2 Mini Corn Dogs Broccoli Normandy Pinto Beans Fruit Milk		1 Chicken Sandwich Baked Beans Broccoli Fruit Milk	2 Burrito Diced Carrots Side Salad Fruit Milk	3 Pizza Corn Cucumber w/Ranch Fruit Milk
6 Grades 3-12 Chicken Nuggets Broccoli Normandy Pinto Beans Fruit Milk	7 Hamburger Steak Potatoes Green Beans Fruit Milk	8 Chili Dogs Tator Tots Mixed Vegetables Fruit Milk	9 Soft Taco Refried Beans Rice Side Salad Fruit Milk	10 Turkey & Cheese Sandwich w/ Chips Carrots & Ranch Pickle Fruit Milk
13 No School SPRING BREAK	14 No School SPRING BREAK	15 No School SPRING BREAK	16 No School SPRING BREAK	17 No School SPRING BREAK
20 Spaghetti Green Beans Carrots w/ Ranch Bread Stick Fruit Milk	21 Fried Catfish Broccoli Diced Carrots Fruit Milk	22 Hamburger Steak w/Gravy Peas Potatoes Fruit Milk	23 Chicken & Rice Corn Sweet Carrots Fruit Milk	24 Pizza Mixed Vegetables Side Salad Fruit Milk
27 Crispitos Chili Beans Mixed Vegetables Fruit Milk	28 Steak Fingers Corn Green Beans Bread Fruit Milk	29 Pulled Pork Sandwiches Broccoli Normandy Potato Wedges Bread Fruit/Milk	30 Soft Tacos Refried Beans Rice Side Salad Fruit Milk	31 Cheeseburger French Fries Ranch Beans Burger Salad Fruit Milk

MENU IS SUBJECT TO CHANGE

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable... In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discrimination based on race, color, nation origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by the USDA. Persons with disabilities who require alternative means of communication for programs information (e.g. Braille, large print, audiotope, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing, or have a speech disability may contact the USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of decimation, complete the USDA Program Decimation Complaint Form, (AD-3027). Found online Click this link File Program Discrimination Complaint as a USDA Customer, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1. Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; 2. Fax: (202) 690-7442; or 3. Email: program.intake@usda.gov. This institution is an equal opportunity provider.