



# Mobile County PUBLIC SCHOOLS

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Superintendent Chresal D. Threadgill

Dear Parent/Guardian:

As you probably already know, flu season is upon us. Influenza, (the flu) is a reportable disease. **PLEASE CONTACT THE SCHOOL IF YOUR CHILD TESTS POSITIVE FOR THE FLU or any other contagious illnesses (Ex: RSV, COVID, Strep).** To help prevent widespread flu cases in our school, please use the following guidelines to determine whether to send your child to school:

**KEEP YOUR CHILD HOME IF HE/SHE HAS ANY OF THE FOLLOWING SYMPTOMS:**

- Fever of 100 degrees or greater (student may return to school ONLY AFTER his/her temperature has been below 100 degrees for 24 hours WITHOUT THE USE OF FEVER REDUCING MEDICATIONS)
- Vomiting
- Diarrhea
- Chills
- Purulent Drainage
- General malaise, feelings of fatigue, weakness, or body aches

Consult your child's physician for evaluation if any of the above symptoms last more than 24hours.

**PLEASE ASSIST US BY REINFORCING THESE GOOD HYGIENE HABITS AT HOME:**

- Frequent handwashing
- Keep hands away from eyes, nose, and mouth as much as possible
- Cover mouth and nose when sneezing and coughing. Wash hands or use sanitizer after.
- Avoid close contact with people who are sick.
- Stay home if you or your child are sick.

Please contact the School Nurse or Health Services if you have any questions or concerns.

Thank You for your assistance in this matter.

Health Services Department