## Menus

Menu subject to change daily without notice.

| November 2022 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| $\frac{\frac{\text { NO SALADS }}{\text { AVAILABLE ON THE }}}{\frac{\text { FOLLOWING DAYS IN }}{}}$ | Breakfast: <br> Poptarts | 2 | 3 | 4 |
|  |  | Breakfast: Cereal/Yogurt | Breakfast: | Breakfast: |
|  |  |  | Mini Cinnis | Muffin |
|  |  |  |  |  |
|  | Lunch: <br> Grilled Cheese | Lunch: <br> Italian Cheesy Pull Apart | Lunch: | Lunch: |
|  |  |  | Sub Sandwich | Hot Dog/Bun |
|  | Grilled Cheese Goldfish | Bread | Pickle/Lettuce/Tomato/ | Cheetos |
|  | Goldfish Fresh Veggies/FF Dip | Corn | Onion | Baked Beans |
|  | Fresh Veggies/FF Dip Applesauce | Salad/FF Dressing | Potato Salad | Pears |
|  |  | Pineapples | Chips |  |
| 7 | 8 | 9 | 10 | 11 |
| Breakfast: | NO SCHOOL | Breakfast: | Breakfast: |  |
| Egg \& Cheese Biscuit |  | Cereal Bar | Bagels w/ Cream |  |
|  |  |  | Cheese |  |
| Lunch: |  | Lunch: |  | NO SCHOOL |
| Pretzels |  | Chicken on the Beach | Lunch: |  |
| Cheese/Marinara |  | Corn | Pizza |  |
| Go-Gurt |  | Refried Beans | Green Beans |  |
| Carrots/Dip |  | Pineapples | Beets Mixed Fruit |  |
| Applesauce |  |  |  |  |
| 14 | 15 | 16 | 17 | 18 |
| Breakfast: | Breakfast: | Breakfast: | Breakfast: |  |
| Pancakes | Cooks Choice | Poptarts | Cereal/Yogurt |  |
| Lunch: | Lunch: | Lunch: | Lunch: | NO SCHOOL |
| Chicken Fajita/Shell | Chicken Noodles | Ravioli | Turkey/Gravy |  |
| Cheese | Bread | Bread | Mashed Potatoes |  |
| Corn | Green Peas | Cheese Stick | Cooked Carrots |  |
| Chips and Salsa | Applesauce | Green BeansPears | Roll |  |
| Fruit |  |  | Pineapples |  |
| 21 | 22 | 23 | 24 | 25 |
| Breakfast: | Breakfast: | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| Biscuit w/ Butter/Jelly | Waffles |  |  |  |
| Lunch: | Lunch: |  |  |  |
| Tomato Soup | Sweet \& Sour Chicken Rice |  |  |  |
| Grilled Cheese |  |  |  |  |
| Goldfish | Mixed Vegetables |  |  |  |
| Crackers | Peaches |  |  |  |
| Fruit |  |  |  |  |
| 28 | 29 | 30 |  |  |
| Breakfast: | Breakfast: | Breakfast: |  |  |
| Bacon Biscuit | Donut | Pizza/Go-gurt |  |  |
| Lunch: | Lunch: | Lunch: |  |  |
| Chili/Cheese | Bosco Sticks | Cheeseburger/Bun |  |  |
| Crackers | Marinara Sauce | Lettuce/Tomato/Pickle/ |  |  |
| Corn Chips | Salad/FF Dressing | Onion |  |  |
| Pickles | Green Peas | Sun Chips |  |  |
| Fruit | Apples | Bananas |  |  |

Chef salads available for grades 6-12

Breakfast will be served in classroom.

All breakfast served with 100\% juice, fruit and option of white or chocolate fat-free milk.

All lunches served with white or chocolate fat-free milk.

Bread \& condiments served as needed.

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