

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty 3 Chicken Patty on WG Bun Tater Tots Peas Cherry Tomatoes	Take Out Tuesday 4 General Chicken Fried Rice Vegetable Stir Fry Red Peppers Strips	Sampler Platter 5 Mozzarella Sticks Popcorn Chicken Potato Wedges Breadstick Sliced Cucumbers	Brunch for Lunch 6 Bacon or Sausage, Egg, & Cheese Breakfast Sandwich Hash Browns Honey Carrots NYS Grape Juice	Pizza Crunchers 7 Cheese and Sauce Filled Crunchers Mixed Vegetables Garlic Parmesan Rolls Cherry Tomatoes
Nugs 10 Chicken Nuggets Sweet Potato Fries Roasted Carrots Dinner Roll Sliced Cucumbers	Taco Tuesday 11 Seasoned Ground Beef on a WG Tortilla Lettuce, Tomato, Shredded Cheese Black Beans & Corn Red Pepper Strips	Turkey & Gravy 12 Roasted Turkey Mashed Potatoes w/Gravy Green Beans Dinner Roll	Chicken Wraps 13 Chicken, Bacon, Ranch on a WG Tortilla Curly Fries Sliced Cucumbers	Pizza 14 Cheese, Pepperoni, Assorted Pizza Roasted Cauliflower Side Salad
Eagles Bowl 17 Popcorn Chicken Mashed Potatoes w/Gravy Steamed Corn Dinner Roll	Cheeseburgers 18 Cheeseburgers on a WW Bun Lettuce, Tomatoes Onion Rings Baked Beans Red Pepper Strips	Loaded Baked Potato 19 Twice Baked Potato Chunks Chili or Buffalo Chicken Cheese, Sour Cream, and Scallions Dinner Roll Baby Carrots	Mac 'n' Cheese 20 Macaroni and Cheese Garlic Bread Roasted Broccoli Red Pepper Strips	Stromboli 21 Homemade Cheese, Pepperoni, and Assorted Specialty Stromboli with Sauce Tossed Salad Brownie
Chicken Tenders 24 Chicken Tenders Curly Fries Peas Dinner Roll Sliced Cucumbers	Loaded Nachos 25 Seasoned Ground Beef Tortilla Chips w/ Nacho Cheese Salsa, Sour Cream, Tomatoes Steamed Corn	Quesadillas 26 Cheese or Chicken Quesadilla Taco Soup Mixed Vegetables Red Pepper Strips	Dipper Day 27 Cheese filled Breadsticks Marinara Sauce Roasted Cauliflower Baby Carrots	Pizza 28 Cheese, Pepperoni, Assorted Pizza Roasted Broccoli Side Salad
Chicken Sandwich 31 Breaded Chicken w/ Boom Boom Sauce on a WW Roll Fries Baby Carrots	Offered Daily: *Variety of Power Packs *Wraps, Sandwiches, & Subs *Salads			



Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2378 ext. 1117, or email scheffco@hlcs.org