



# ANDALUSIA HIGH BREAKFAST & LUNCH

# SEPTEMBER 2025

## MONDAY

**LABOR DAY**

### 8 Trix Cereal Bar

Crispitos, Salsa  
English Peas  
Tossed Salad, Pears  
Fresh Fruit

### 15 Cinnamon Toast Soft Bar

Salisbury Steak, Brown Gravy,  
Creamed Potatoes, Turnips,  
Cornbread Muffin, Tossed Salad  
Cantaloupe  
Fresh Fruit/Pudding

### 22 Strawberry PopTart

Corn Dog  
English Peas, Tossed Salad  
Sweet Potato Fries  
Pears, Fresh Fruit  
Cake

### 29 Lucky Charms Cereal

Cheese Sticks,  
Marinara  
Broccoli/Corn  
Tossed Salad  
Fresh Fruit  
Chocolate Pudding

## TUESDAY

### 2 Maple Pancake Sausage Griddle

Roasted Wings/Sauce, Cornbread Muffin  
Macaroni and Cheese  
Tossed Salad  
Broccoli  
Fresh Strawberries

### 9 Sausage Biscuit

Nachos with Ground Beef  
Salsa, Sour Cream  
Black Beans, Brown Rice  
Tossed Salad, Orange Wedges  
Fresh Fruit/Cake

### 16 Chicken Biscuit

Chicken and Cheese Quesadilla,  
Salsa, English Peas, Black Beans  
Pears, Fresh Fruit  
Chocolate Chip Cookie

### 23 Bacon, Egg, and Cheese Calzone

Soft Tacos, Salsa  
Corn, Pinto Beans  
Sour Cream  
Pineapple Chunks  
Chocolate Chip Cookie  
Fresh Fruit

### 30 Chorizo Sunrise Stick

Walking Tacos  
Fritos Corn Chips  
Salsa, Squash, Green Beans  
Brown Rice, Cantaloupe  
Vanilla Pudding

## WEDNESDAY

### 3 Mini Blueberry Pancakes

Beef Breaded Nuggets  
Rice Pilaf, Garden  
Spinach Salad, Carrot Sticks  
Fresh Fruit

### 10 Pillsbury Cinnamon Minis

Spicy Chicken Fillet/Bun  
Potato Wedges  
Broccoli and Cheese  
Bananas  
Fresh Fruit/Brownie

### 17 Apple Frudel

Sausage Pancake on a Stick  
String Cheese, Cheese Grits  
Hashbrown Potatoes  
Carrot Sticks, Orange Wedges  
Fresh Fruit

### 24 Mini Berry French Toast

Country Fried Steak  
Brown Gravy  
Creamed Potatoes  
Sister Schubert Rolls  
Green Beans, Tossed Salad  
Fresh Fruit

## THURSDAY

### 4 Breakfast Burrito

Lasagna with Ground Beef  
Tossed Salad, Garlic Toast  
Steamed Cauliflower  
Green Beans/Crackers  
Fresh Fruit/Jello

### 11 Egg and Cheese Sandwich

Chicken Bites with Boom Sauce,  
Dinner Rolls  
Tossed Salad, Steamed Carrots  
Mandarin Oranges  
Fresh Fruit/Pudding

### 18 Maple Pancake Sausage Griddle

Tangerine Chicken  
Fried Rice, Steamed Cabbage  
Green Beans, Fortune Cookies  
Pineapple Chunks  
Fresh Fruit

### 25 Dunkin Stix

Spaghetti and Meat Sauce  
Garlic Knot, Tossed Salad  
Cucumber Slices  
Vanilla Pudding  
Fresh Fruit

## FRIDAY

### 5 Chocolate Chip French Toast Minis

Hot Dog/Bun  
Baked Beans  
Sidewinder Fries  
Rosie Applesauce  
Apples/Rice Krispie

### 12 Chocolate Chip Muffin

Stuffed Crust Pepperoni Pizza  
Garden Spinach Salad  
Broccoli and Cheese  
Rosie Applesauce  
Banana Pudding  
Fresh Fruit/Fruit Roll Up

### 19 Mini Blueberry Waffles

Cheeseburger, Lettuce, Tomato  
Steamed Carrots  
Sidewinder Fries  
Fresh Grapes, Fruit Cocktail  
Fresh Fruit

### 26 Strawberry Cream Cheese Bagels

Grab N Go Sack Lunch  
Ham Sandwich,  
Carrots/Cucumbers/Ranch  
Apple/Raisins  
Doritos/Cookie

\*\*\*Menu subject to change due to availability\*\*\* All complete meals include choice of milk: skim & 1% white, fat-free chocolate, or fat free strawberry. This institution is an equal opportunity provider.