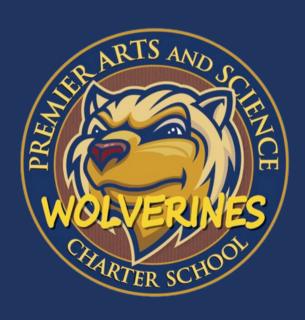
# The PREMIERIAN



### WHAT TO LOOK FOR

www.pascs.net



#### **COMMUNITY SPOTLIGHT**

Inviting community members who have a passion for early education creates a safe environment for our students to engage and dream. By giving our staff the option to collaborate with community members also creates a safe haven for our entire school community to grow. With that, it is time for a few shout outs.

#### **EDUCATIONAL TOOL KIT**

One of PASCS's main goals is to provide access to a world-class education to not just every student but every parent as well. As a school community, sharing information so that our parents and students can learn together will lead to healthier relationships and intellectual growth. We hope you enjoy what some of your children's favorite school influencers have to share.





#### **AND MORE**

In order to build a positive school climate and culture, PASCS must take pride in showcasing just that. Check out a few monthly reminders, learn a handful of new initiatives that PASCS plan to implement in the near future, and see what neat achievements some of our Young Scholars are producing.

## The PREMIERIAN



THE BOARD OF TRUSTEES IS COMMITTED TO UPHOLDING THE VISION OF PASCS AND ENSURING THAT THE CHILDREN ENROLLED RECEIVE THE BEST POSSIBLE EDUCATIONAL EXPERIENCE.

### **Board of Trustees**



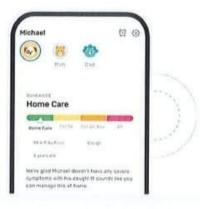


#### A gift for you, a healthy school year!

Dear families,

You're eligible for a free Kinsa Smart Thermometer through our school's participation in the FLUency™ school health program!

Click here or visit kinsahealth.com/fluency to learn more about Kinsa FLUency program.



#### A nurse in your pocket.

Know exactly what to do next when your kiddo is feeling sick.

#### Keep a record of any illness symptoms.

Use the free app to track and share health history.





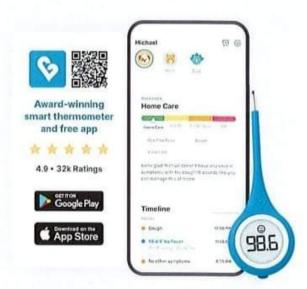
#### Know "what's going around" school.

Stay ahead of local illness with anonymous health alerts.



If you're interested, please reach out to our school nurse to receive your awardwinning, no-cost Kinsa smart thermometer\*.

\*Limited inventory. Available while supplies last,



# The PREMIERIAN





Giving our students real life experiences both in the classroom and on field trips is a key component to their learning process. During the month of November our 2nd and 3rd graders went to the Turkey Hill Experience, and learned how to make icecream.





#### Premier's Health & P.E. December Newsletter

Date: November 28th, 2022

#### November Highlights

Kindergarten and 1st grade worked on their locomotor skills. (Walking, Running, Skipping, Jumping and hopping) We introduced the manipulative skills of rolling and underhand throwing. Students played activities like Ants in the Pants, Cookie Makers, Go fish Rolling, and Hula Hoop Corn Hole. In health class, we have been very focused on how our body works and how we can take care of it. Students have been engaged in why we wash our hands and how to take care of our teeth.

#### (Multiplication Mat Ball)

(Battleships)

2nd and 3rd graders have continued their cooperation skills by playing numerous games involving underhand throwing and overhand throwing. In addition to the overhand throwing, students have been working on catching cues. Games such as defend the pin, Fort Knox, Rock Paper Scissor Around the World, Multiplication Mat Ball, and Battleships are just a few of the activities students have been engaged in. In health class, we have been practicing how we can care for ourselves through Hygiene habits. We have discussed the importance of showering, washing hands, brushing teeth, washing clothes, using utensils, and other habits.

#### Wellness tip of the Month:

Wellness is the act of practicing healthy habits on a daily basis to attain better physical and mental health outcomes.

With the Holidays approaching, it is a great time to rejuvenate the entire body and start the new year fresh. Take time to recharge your body by playing 60 minutes a day, eat mindfully, stay hydrated, get plenty of rest, wash your hands often, and practice self care.

#### November's Health / P.E. Thumbs Up Award Winners



Kindergarten - Taliyah, Prince, Tariah, Samaya, Harper, Jaymier, Chadiel, Eryian, Naiarah

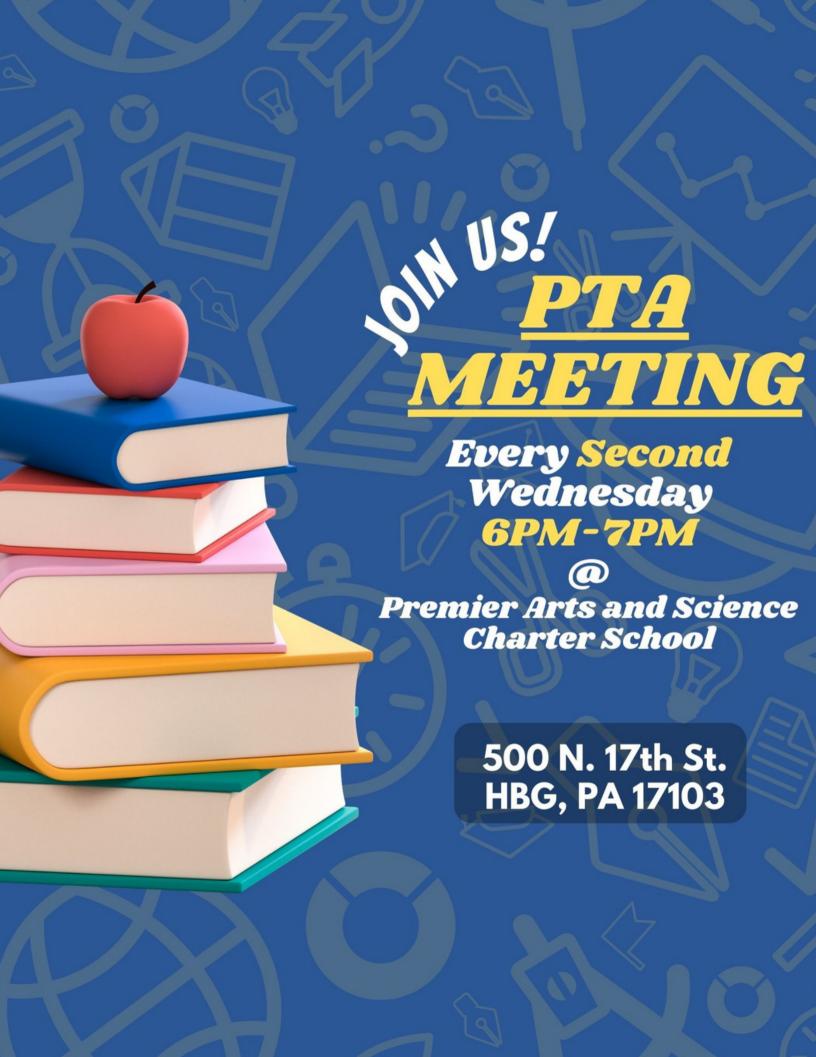
1st Grade -Davis, Naseer, Rashod, Rashad, Elijah, Ailynn, Caiden

2nd Grade - Stefon, Timothy, Faith, Nadier, Esteven, Ziara, Kemoni

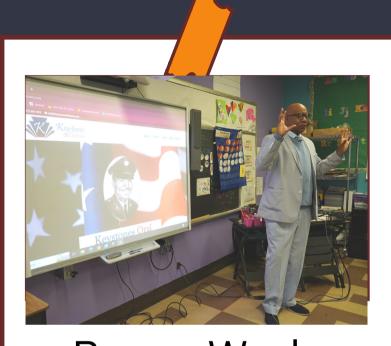
3rd Grade - Ali, Dayan, Junior, Justice, Jayden, Devyn, Adbul, Eddie, Samaya, Johngel, Deon, Devyn, Derihanna, Kristina

#### What is coming Up this month:

K/1st Grade - (Health - Identifying foods, Healthy v. junk food)(P.E. - Small Group Cooperation games, rolling) 2nd/3rd Grade - (Health - Nutrition)( P.E. - Dribbling with hands, Big Group team games)







Bryan Wade
Retired Army and Navy Vet



Deb Smith & Jon Williams
Retired Marine Vet

PASCS would like to thank retired veterans, Mr. Bryan Wade, Ms. Deb Smith and Mr. Jon Williams for serving our country and celebrating Veterans Day with our young Premierians!!

# Thanks for Reading



