



February 2022



# The Starblazer Chronicle

"Blazing a Path to the Stars!"

## Kindergarten Registration 2022-2023

It is time to register your child, if he/she is going to be in kindergarten for the 2022-2023 school year.

**Registration Date:** March 1<sup>st</sup>

**Time:** 6:00-7:00 PM

**Where:** Starline Elementary School/Intermediate Commons

**Bring:** Student's Birth Certificate,  
Shot Records, and Proof Address.

You will have an opportunity to meet Starline's amazing kindergarten team: Mrs. Nutt, Mrs. Waller and Ms. Jaconi! If you know someone who has a soon-to-be kindergarten child, please pass on this information. Thank you!



## Camp Read-In Night & Scholastic Book Fair

Please join us on Wednesday, February 23 from 5:30 - 6:30 for a night of literacy fun!

Families will engage in reading and writing activities for all ages.

Our goal is to promote literacy skills in an engaging way.

We will have special guest readers joining us, too. Don't miss out on this night of free family fun.

The book fair will be open during the event. All proceeds benefit our Starline library to help us get new books!



## February Challenge: Family Dinner



Since February is considered a month of love-fostering relationships with family and friends, I would like to challenge families to set aside one night during a seven-day week to have a family dinner around the table at home.

Decades of research have shown that regular family meals offer a wide variety of physical, social-emotional, and academic benefits. Family dinners are a recipe for food, fun, and conversations.



### BENEFITS OF FAMILY DINNERS

#### AGES 1-5

- Conversation at the dinner table is even better than reading to children in boosting their vocabulary, and helping them to read.
- Kids who start eating dinners now are less likely to be overweight later.
- New parents who develop a dinnertime ritual feel more satisfied with marriages.

#### AGES 6-12

- Strong link between family dinners and academic performance, even stronger than doing homework, sports, or art.
- Increased intake of fruits, vegetables and micronutrients, and fewer fried foods, trans fats and sodas.
- Children feel more connected to siblings and parents.

#### AGES 13-18

- Teens who eat regular family dinners are more likely to get A's in school.
- Reduces high risk teenage behaviors like smoking, substance abuse, eating disorders, teenage pregnancy and violence.
- Reduces depression and anxiety and increases self-esteem.
- Opportunity to check in with kids to find out how they're doing.



## State Assessment: Reading, Writing and Math

This year the state assessment that is administered to 3<sup>rd</sup> – 6<sup>th</sup> grade is called Arizona's Academic Standards Assessment. From January 24 thru February 18, 3<sup>rd</sup> – 6<sup>th</sup> grade students will be taking a Writing Field Test. The assessment will contain paired reading passages and a writing and editing portion. If you are interested in learning more about the state assessments, please follow this link <https://www.azed.gov/assessment/parents> on the Arizona Department of Education website.

It is important children eat a healthy breakfast which contains some protein in order to feed their brain. It is also supportive if we start our day with positive affirmations from others or kind thoughts about ourselves. Smiles give us energy and the stamina to do our best. Thank you families for supporting your child to have a healthy and productive school experience each and every day!

## Site-Based Council: Come Join Us!



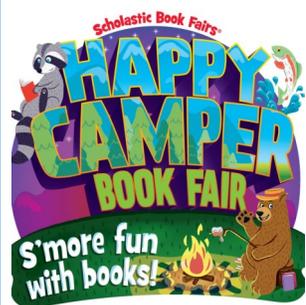
Starline's Site-Based Council is a group of parents, community members, and staff who gather to discuss and problem solve school related items: various types of data (academic, attendance and office referrals), progress on goals, initiatives, school-wide needs/concerns, results of the parent survey, and more.

**Meeting Date:** February 24

**Time:** 6:00-7:00 PM

**Where:** Starline Elementary School/Intermediate Commons

Please join the discussion. We appreciate all perspectives and value equity of voice!



## Scholastic Book Fair

Our last Scholastic book fair of the year is coming up from February 22-25<sup>th</sup>. We look forward to seeing your student in the library during this week with books for every reader.

If anyone is interested in helping to coordinate a part of our staff appreciation week or provide donations, please reach out to [starlinepta@gmail.com](mailto:starlinepta@gmail.com).

## ELKS DRUG FREE ESSAY CONTEST WINNERS

### “THE BEST ME IS DRUG FREE”

By: Reese Olson

6th Grade

Miss Wheeler



The best me is drug free. When you choose drugs to feel cool, or as a way to avoid life, you won't have a good life, let alone a great one. Drugs are not cool and corrupt your life, such as killing brain cells, your hygiene, and health. Drugs can control you and eventually lead you down a path of bad actions and ideas. You will never have the opportunity to do certain things that you can do without drugs. A life without drugs is full of so much more fun than with drugs. You can swim, hike, run, and genuinely appreciate a

healthy lifestyle. In my drug free life, I plan to graduate college and be a zoologist. The reason why the best me is drug free is because with drugs my goals will never be accomplished. I have always wanted to work with animals. I have always wanted to be a zoologist. The best me has to be drug free to stay focused and clear minded to properly care for animals. Also, in my life I want to help others. I want to be the one that is drug free and helping others know how to be their best version of themselves, being drug free. My best self is fun, silly, spunky, and independent. If drugs entered my life it would prevent me from being me.

# ELKS DRUG FREE ESSAY CONTEST WINNERS

## The Best Me is Drug Free

By: Macy Sautner

6th Grade

Miss Wheeler



The best version of me focuses on kindness, opportunities, and giving my very best. Anytime I get the chance to help others or to try something new, even if it is scary or difficult, I push myself to say yes. Giving my best is important because if not, I will never know my full potential. It is always better to try and fail, than not try at all and live wondering what could have been.

Trying is important, but I also need to avoid bad choices that might lead me down the wrong path. Choices like smoking or taking drugs can be harmful for myself and others. Smoking, alcohol, or drugs can do irreversible damage to my brain and body and also become addictive. Because my goal is to live a successful life, these are actions I must avoid because they don't match my values.

Most importantly, I value my education, family, and committing to my goals. I appreciate my education as the door to my future. I will work hard every day to get into a good college and become a skilled biologist. My family is my foundation and they have taught me that helping others is always the right thing to do. Because I have follow-through and commitment, I know I will be able to succeed.

Every choice I make can either lead me on my path to excellence or lead me astray. It has taught me that the smallest decisions can lead to the most important outcomes.

# February 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Progress Reports 	3 Early Release	4	5
6	7	8	9	10 Early Release	11 Spirit Day: Superbowl Football (football jersey day) 	12
13	14 Spirit Day: Valentine's Day Colors 	15	16	17 Early Release Kids Heart Challenge 	18 Spirit Day: Patriotic Day (Presidents' Day) 	19
20	21 22 No School Presidents' Day 	22 Spirit Day: "Twosday"  Book Fair	23 Camp Read- In Night  Book Fair	24 Early Release Spirit Day: Rainbow Day  Site-Based Council Book Fair 	25 Book Fair	26
27	28 Spirit Day: Cat in the Hat Day (wear a hat) 					