

Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	1	4 weeks (September)

**Unit Title: Soccer** 

#### **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good sportsmanship and team safety through soccer and other games/activities.

#### **Big Ideas**

- It is important to show good sportsmanship.
- It is important to remain safe when playing sports.
- It is important to work as a team.

#### **Essential Questions**

- How do the decisions you make affect the team?
- How can we show good sportsmanship when winning and losing?
- How do we ensure we and the people around us remain safe?

# **Objectives**

- Students will be able to describe how their decisions affect the team they are playing on.
- Students will be able to demonstrate good sportsmanship when winning and losing.
- Students will be able to identify ways they can ensure that they keep themselves and the people around them safe.

# Assessment

#### **Formative Assessment:**

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

# Benchmark:

• Assessments/Unit Tests

#### **Alternative:**

- Games
- Modified assessments

# **Summative Assessment:**

- Skill testing
- Written records

- sportsmanship
- movement skills

- safety rules
- dribble

<ul><li>kicking</li></ul>	<ul><li>passing</li></ul>
<ul><li>heading</li></ul>	<ul><li>trapping</li></ul>
<ul><li>throw-ins</li></ul>	<ul><li>punting</li></ul>

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	Resources & Materials
<ul> <li>Physical Education Equipment</li> </ul>	

Physical Education Equipment	

# Technology Infusion

# **Teacher Technology:**

Chromebook

# **Student Technology:**

Chromebooks

#### **Activities:**

• Students will utilize Chromebooks to research safety statistics for the sport of study and analyze the data found to examine safety protocols.

Standard	Standard Description
8.1.8.DA.1	Organize and transform data collected using computational tools to make it usable
	for a specific purpose.
8.2.8.ITH.1	Explain how the development and use of technology influences economic, political,
	social, and cultural issues.

# **Interdisciplinary Integration**

#### **Activities:**

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

- Teacher Vision Cross-Curricular Theme Map https://www.teachervision.com/teaching-methods/curriculum-planning/7167.html
- Engineering Go For It! <a href="http://egfi-k12.org/">http://egfi-k12.org/</a>
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- STEM Works <a href="http://stem-works.com/activities">http://stem-works.com/activities</a>
- What Every Educator Should Know About Using Google by Shell Education
- Promoting Literacy in all Subjects by Glencoe http://www.glencoe.com/sec/teachingtoday/subject/promoting\_literacy.phtml
- International Literacy Association Read Write Think <a href="http://www.readwritethink.org/">http://www.readwritethink.org/</a>

	<u> </u>
Standard	Standard Description

<b>Version Update:</b> A	August 2025 3
NJSLS-ELA	Write arguments on discipline-specific content (e.g., social studies, science, math,
W.AW.7.1	technical subjects, English/Language Arts) to support claims with clear reasons and
	relevant evidence.
NJSLS-ELA	Write routinely over extended time frames (time for research, reflection,
W.RW.7.7	metacognition/self-correction, and revision) and shorter time frames (a single sitting
	or a day or two) for a range of discipline-specific tasks, purposes, and audiences.
NJSLS-ELA	Engage effectively in a range of collaborative discussions (one-on-one, in groups,
SL.PE.7.1	and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building on
	others' ideas and expressing their own clearly.

21st Century Life Skills Standards		
Activities:		
• Students will	work in groups to collaborate, at times taking leadership roles, to communicate project	
ideas to the w	hole class.	
Standard	Student Learning Objectives	
9.4.8.GCA.2	Demonstrate openness to diverse ideas and perspectives through active discussions to	
	achieve a group goal	
	Ask insightful questions to organize different types of data and create meaningful	

Careers		
Activities:		
<ul> <li>Students will wor</li> </ul>	• Students will work in groups to collaborate, at times taking leadership roles, to communicate project	
ideas to the whole	e class.	
Practice	Description	
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the	
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the	
problems and persevere	problem and carefully consider the options to solve the problem. Once a solution is	
in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through	
	this when they occur and take action quickly to address the problem; they	
	thoughtfully investigate the root cause of the problem prior to introducing	
	solutions. Their own actions or the actions of others.	
Work productively in	Students positively contribute to every team, whether formal or informal. They	
teams while using	apply an awareness of cultural difference to avoid barriers to productive and	
cultural/global	positive interaction. They find ways to increase the engagement and contribution of	
competence.	all team members. They plan and facilitate effective team meetings.	

Standards	
Standard #	Standard Description
2.2.8.MSC.1	Explain and demonstrate the transition of movement skills from isolated settings
	(e.g., skill practice) into applied settings (e.g., games, sports, dance, recreational
	activities).

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2.2.8.MSC.2	Demonstrate control of motion in relationship between force, flow, time, and space in
	interactive dynamic environments
2.2.8.MSC.3	Create and demonstrate planned movement sequences, individually and with others,
	based on tempo, beat, rhythm, music, and physical activities (e.g., creative, cultural,
	social, fitness aerobics, dance, yoga).
2.2.8.MSC.4	Analyze, and correct movements and apply to refine movement skills.
2.2.8.MSC.5	Predict the impact of rules, etiquette, procedures, and sportsmanship on players'
	behavior in small groups and large teams during physical activities and games.
2.2.8.MSC.6	Demonstrate offensive, defensive, and cooperative strategies in a variety of games
	and settings.
2.2.8.MSC.7	Effectively manage emotions during physical activity (e.g., anger, frustration,
	excitement) in a safe manner to self and others.
2.2.8.PF.1	Summarize the short and long-term physical, social, mental, and emotional health
	benefits of regular physical fitness activity.
2.2.8.PF.2	Recognize and involve others of all ability levels into a physical activity
2.2.8.PF.3	Execute the primary principals of training (FITT) and technology for the purpose of
	modifying personal levels of fitness (e.g., pedometers, heart rate monitors, health
	tracking systems, wearable technology, virtual classes, exergames).
2.2.8. PF.4	Implement and assess the effectiveness of a fitness plan based on health data, the
	assessment of one's personal fitness levels and monitor health/fitness indicators
	before, during, and after the workout program.
2.2.8.PF.5	Use evidence to predict how factors such as health status, body composition,
	interests, environmental conditions, healthy eating, anabolic steroids, physical
	activity, and lifestyle behaviors impact personal fitness and health.
2.2.8.LF.1	Develop and build an effective movement and physical fitness vocabulary for self,
	peers, and family members that can enhance wellness.
2.2.8.LF.2	Explain the importance of assuming responsibility for personal health behaviors
	through physical activity throughout one's lifetime.
2.2.8.LF.3	Explore by leading self and others to experience and participate in different cultures'
	physical fitness activities.
2.2.8.LF.4	Identify and recognize factors that generate positive emotions from participating in
	movement and physical fitness activities.
2.2.8.LF.5	Engages in a variety of physical activities (e.g., aerobic-fitness, strengthen,
	endurance-fitness activities) using technology and cross-training, and lifetime
	activities
2.2.8.LF.6	Develop a strategy to overcome barriers that allows for a visit in the community that
	promotes physical activities.
2.2.8.LF.7	Evaluate personal attributes as they relate to career options in physical activity and
	health professions

	Differentiation
Students with 504 plans	
Preferential seating	

- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

- Provide modifications & accommodations as listed in the student's IEP
- Position the student near a helping peer or have quick access to the teacher
- Modify or reduce assignments/tasks
- Reduce the length of the assignment for different modes of delivery
- Increase one-to-one time
- Prioritize tasks
- Use graphic organizers
- Use online resources for skill-building
- Provide teacher notes
- Use collaborative grouping strategies, such as small groups
- NJDOE resources http://www.state.nj.us/education/specialed/

#### **Response to Intervention (RTI)**

- Tiered interventions following the RTI framework
- Effective RTI strategies for teachers <a href="http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/">http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/</a>
- Intervention Central <a href="http://www.interventioncentral.org/">http://www.interventioncentral.org/</a>

#### **English Language Learners (ELL)**

- Provide text-to-speech
- Use of a translation dictionary or software
- Provide graphic organizers
- NJDOE resources http://www.state.nj.us/education/aps/cccs/ELL.htm
- Adapt a Strategy Adjusting strategies for ESL students http://www.teachersfirst.com/content/esl/adaptstrat.cfm

- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
- NJDOE resources



Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	2	4 weeks (October)

**Unit Title: Lacrosse** 

#### **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good sportsmanship and team safety through lacrosse and other games/activities.

#### **Big Ideas**

- It is important to show good sportsmanship.
- It is important to remain safe when playing sports.
- It is important to work as a team.

# **Essential Questions**

- How do the decisions you make affect the team?
- How can we show good sportsmanship when winning and losing?
- How do we ensure we and the people around us remain safe?

# **Objectives**

- Students will be able to describe how their decisions affect the team they are playing on.
- Students will be able to demonstrate good sportsmanship when winning and losing.
- Students will be able to identify ways they can ensure that they keep themselves and the people around them safe.

# Assessment

#### **Formative Assessment:**

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

# Benchmark:

• Assessments/Unit Tests

#### **Alternative:**

- Games
- Modified assessments

# **Summative Assessment:**

- Skill testing
- Written records

- sportsmanship
- pivoting

- safety rules
- passing

• catching	<ul> <li>dodging</li> </ul>
<ul><li>scooping</li></ul>	<ul><li>control</li></ul>

7

#### **Resources & Materials**

• Physical Education Equipment

# **Technology Infusion**

# **Teacher Technology:**

Chromebook

#### **Student Technology:**

Chromebooks

#### **Activities:**

• Students will utilize Chromebooks to research safety statistics for the sport of study and analyze the data found to examine safety protocols.

Standard	Standard Description		
8.1.8.DA.1	Organize and transform data collected using computational tools to make it usable		
	for a specific purpose.		
8.2.8.ITH.1	Explain how the development and use of technology influences economic, political,		
	social, and cultural issues.		

#### **Interdisciplinary Integration**

#### **Activities:**

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

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	others' ideas and expressing their own clearly.

21st Century Life Skills Standards			
Activities:			
• Students will work in groups to collaborate, at times taking leadership roles, to communicate project			
ideas to the whole class.			
Standard	Student Learning Objectives		
9.4.8.GCA.2	Demonstrate openness to diverse ideas and perspectives through active discussions to		
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Careers				
Activities:				
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cultural/global	positive interaction. They find ways to increase the engagement and contribution of			
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	Differentiation
Students with 504 plans	
Preferential seating	

- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

- Provide modifications & accommodations as listed in the student's IEP
- Position the student near a helping peer or have quick access to the teacher
- Modify or reduce assignments/tasks
- Reduce the length of the assignment for different modes of delivery
- Increase one-to-one time
- Prioritize tasks
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- Use online resources for skill-building
- Provide teacher notes
- Use collaborative grouping strategies, such as small groups
- NJDOE resources http://www.state.nj.us/education/specialed/

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#### **English Language Learners (ELL)**

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- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
- NJDOE resources



Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	3	4 weeks (November)

**Unit Title: Handball** 

#### **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good sportsmanship and team safety through handball and other games/activities.

#### **Big Ideas**

- It is important to show good sportsmanship.
- It is important to remain safe when playing sports.
- It is important to work as a team.

#### **Essential Questions**

- How do the decisions you make affect the team?
- How can we show good sportsmanship when winning and losing?
- How do we ensure we and the people around us remain safe?

# **Objectives**

- Students will be able to describe how their decisions affect the team they are playing on.
- Students will be able to demonstrate good sportsmanship when winning and losing.
- Students will be able to identify ways they can ensure that they keep themselves and the people around them safe.

# Assessment

#### **Formative Assessment:**

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

# Benchmark:

Assessments/Unit Tests

#### **Alternative:**

- Games
- Modified assessments

# **Summative Assessment:**

- Skill testing
- Written records

- Individual
- Individual challenges

- Partner challenges
- Target throwing

PartnerLong throw and catching

#### **Resources & Materials**

• Physical Education Equipment

# **Technology Infusion**

# **Teacher Technology:**

Chromebook

# **Student Technology:**

Chromebooks

#### **Activities:**

• Students will utilize Chromebooks to research safety statistics for the sport of study and analyze the data found to examine safety protocols.

Standard	Standard Description	
8.1.8.DA.1	Organize and transform data collected using computational tools to make it usable	
	for a specific purpose.	
8.2.8.ITH.1	Explain how the development and use of technology influences economic, political,	
	social, and cultural issues.	

# **Interdisciplinary Integration**

#### **Activities:**

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	or a day or two) for a range of discipline-specific tasks, purposes, and audiences.
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SL.PE.7.1	and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building on
	others' ideas and expressing their own clearly.

21st Century Life Skills Standards		
Activities:		
Students will w	ork in groups to collaborate, at times taking leadership roles, to communicate project	
ideas to the whole class.		
Standard	Student Learning Objectives	
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Careers		
Activities:		
<ul> <li>Students will work in groups to collaborate, at times taking leadership roles, to communicate project</li> </ul>		
ideas to the whole class.		
Practice	Description	
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problems and persevere	problem and carefully consider the options to solve the problem. Once a solution is	
in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through	
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Work productively in	Students positively contribute to every team, whether formal or informal. They	
teams while using	apply an awareness of cultural difference to avoid barriers to productive and	
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Standards	
Standard #	Standard Description
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	behavior in small groups and large teams during physical activities and games.
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	and settings.
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	modifying personal levels of fitness (e.g., pedometers, heart rate monitors, health
	tracking systems, wearable technology, virtual classes, exergames).
2.2.8. PF.4	Implement and assess the effectiveness of a fitness plan based on health data, the
	assessment of one's personal fitness levels and monitor health/fitness indicators
	before, during, and after the workout program.
2.2.8.PF.5	Use evidence to predict how factors such as health status, body composition,
	interests, environmental conditions, healthy eating, anabolic steroids, physical
	activity, and lifestyle behaviors impact personal fitness and health.
2.2.8.LF.1	Develop and build an effective movement and physical fitness vocabulary for self,
	peers, and family members that can enhance wellness.
2.2.8.LF.2	Explain the importance of assuming responsibility for personal health behaviors
	through physical activity throughout one's lifetime.
2.2.8.LF.3	Explore by leading self and others to experience and participate in different cultures'
	physical fitness activities.
2.2.8.LF.4	Identify and recognize factors that generate positive emotions from participating in
	movement and physical fitness activities.
2.2.8.LF.5	Engages in a variety of physical activities (e.g., aerobic-fitness, strengthen,
	endurance-fitness activities) using technology and cross-training, and lifetime
	activities
2.2.8.LF.6	Develop a strategy to overcome barriers that allows for a visit in the community that
	promotes physical activities.
2.2.8.LF.7	Evaluate personal attributes as they relate to career options in physical activity and
	health professions

Differentiation	
Students with 504 plans	
Preferential seating	
Guided notes	
Extra time	

- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

- Provide modifications & accommodations as listed in the student's IEP
- Position the student near a helping peer or have quick access to the teacher
- Modify or reduce assignments/tasks
- Reduce the length of the assignment for different modes of delivery
- Increase one-to-one time
- Prioritize tasks
- Use graphic organizers
- Use online resources for skill-building
- Provide teacher notes
- Use collaborative grouping strategies, such as small groups
- NJDOE resources <a href="http://www.state.nj.us/education/specialed/">http://www.state.nj.us/education/specialed/</a>

# **Response to Intervention (RTI)**

- Tiered interventions following the RTI framework
- Effective RTI strategies for teachers <a href="http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/">http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/</a>
- Intervention Central <a href="http://www.interventioncentral.org/">http://www.interventioncentral.org/</a>

#### **English Language Learners (ELL)**

- Provide text-to-speech
- Use of a translation dictionary or software
- Provide graphic organizers
- NJDOE resources <a href="http://www.state.nj.us/education/aps/cccs/ELL.htm">http://www.state.nj.us/education/aps/cccs/ELL.htm</a>
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- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
- NJDOE resources



Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	4	4 weeks (December)

**Unit Title: Volleyball** 

#### **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good sportsmanship and team safety through volleyball and other games/activities.

# **Big Ideas**

- It is important to show good sportsmanship.
- It is important to remain safe when playing sports.
- It is important to work as a team.

#### **Essential Questions**

- How do the decisions you make affect the team?
- How can we show good sportsmanship when winning and losing?
- How do we ensure we and the people around us remain safe?

# **Objectives**

- Students will be able to describe how their decisions affect the team they are playing on.
- Students will be able to demonstrate good sportsmanship when winning and losing.
- Students will be able to identify ways they can ensure that they keep themselves and the people around them safe.

# Assessment

#### **Formative Assessment:**

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

# Benchmark:

• Assessments/Unit Tests

#### **Alternative:**

- Games
- Modified assessments

# **Summative Assessment:**

- Skill testing
- Written records

- bump
- set

- combining skills
- serve

#### **Resources & Materials**

Physical Education Equipment

#### **Technology Infusion**

# **Teacher Technology:**

Chromebook

# **Student Technology:**

Chromebooks

#### **Activities:**

• Students will utilize Chromebooks to research safety statistics for the sport of study and analyze the data found to examine safety protocols.

Standard	Standard Description
8.1.8.DA.1	Organize and transform data collected using computational tools to make it usable
	for a specific purpose.
8.2.8.ITH.1	Explain how the development and use of technology influences economic, political,
	social, and cultural issues.

# **Interdisciplinary Integration**

#### **Activities:**

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

- Teacher Vision Cross-Curricular Theme Map https://www.teachervision.com/teaching-methods/curriculum-planning/7167.html
- Engineering Go For It! <a href="http://egfi-k12.org/">http://egfi-k12.org/</a>
- US Department of Education STEM <a href="http://www.ed.gov/stem">http://www.ed.gov/stem</a>
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- NASA STEM <a href="http://www.nasa.gov/audience/foreducators/expeditions/stem/#.VYrO2flViko">http://www.nasa.gov/audience/foreducators/expeditions/stem/#.VYrO2flViko</a>
- PBS STEM <a href="http://www.pbs.org/teachers/stem/#content">http://www.pbs.org/teachers/stem/#content</a>
- STEM Works http://stem-works.com/activities
- What Every Educator Should Know About Using Google by Shell Education
- Promoting Literacy in all Subjects by Glencoe http://www.glencoe.com/sec/teachingtoday/subject/promoting\_literacy.phtml
- International Literacy Association Read Write Think <a href="http://www.readwritethink.org/">http://www.readwritethink.org/</a>

Standard	Standard Description
NJSLS-ELA	Write arguments on discipline-specific content (e.g., social studies, science, math,
W.AW.7.1	technical subjects, English/Language Arts) to support claims with clear reasons and
	relevant evidence.

NJSLS-ELA	Write routinely over extended time frames (time for research, reflection,
W.RW.7.7	metacognition/self-correction, and revision) and shorter time frames (a single sitting
	or a day or two) for a range of discipline-specific tasks, purposes, and audiences.
NJSLS-ELA	Engage effectively in a range of collaborative discussions (one-on-one, in groups,
SL.PE.7.1	and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building on
	others' ideas and expressing their own clearly.

21st Century Life Skills Standards		
Activities:		
Students will v	work in groups to collaborate, at times taking leadership roles, to communicate project	
ideas to the wh	ole class.	
C4 1 1	Student Learning Objectives	
Standard	Student Learning Objectives	
Standard 9.4.8.GCA.2	Student Learning Objectives  Demonstrate openness to diverse ideas and perspectives through active discussions to	

Careers		
Activities:		
Students will wor	• Students will work in groups to collaborate, at times taking leadership roles, to communicate project	
ideas to the whole	e class.	
Practice	Description	
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the	
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the	
problems and persevere	problem and carefully consider the options to solve the problem. Once a solution is	
in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through	
	this when they occur and take action quickly to address the problem; they	
	thoughtfully investigate the root cause of the problem prior to introducing solutions.	
	Their own actions or the actions of others.	
Work productively in	Students positively contribute to every team, whether formal or informal. They	
teams while using	apply an awareness of cultural difference to avoid barriers to productive and	
cultural/global	positive interaction. They find ways to increase the engagement and contribution of	
competence.	all team members. They plan and facilitate effective team meetings.	

Standards	
Standard #	Standard Description
2.2.8.MSC.1	Explain and demonstrate the transition of movement skills from isolated settings (e.g., skill practice) into applied settings (e.g., games, sports, dance, recreational activities).
2.2.8.MSC.2	Demonstrate control of motion in relationship between force, flow, time, and space in interactive dynamic environments

2.2.8.MSC.3	Create and demonstrate planned movement sequences, individually and with others,
	based on tempo, beat, rhythm, music, and physical activities (e.g., creative, cultural,
	social, fitness aerobics, dance, yoga).
2.2.8.MSC.4	Analyze, and correct movements and apply to refine movement skills.
2.2.8.MSC.5	Predict the impact of rules, etiquette, procedures, and sportsmanship on players'
	behavior in small groups and large teams during physical activities and games.
2.2.8.MSC.6	Demonstrate offensive, defensive, and cooperative strategies in a variety of games
	and settings.
2.2.8.MSC.7	Effectively manage emotions during physical activity (e.g., anger, frustration,
	excitement) in a safe manner to self and others.
2.2.8.PF.1	Summarize the short and long-term physical, social, mental, and emotional health
	benefits of regular physical fitness activity.
2.2.8.PF.2	Recognize and involve others of all ability levels into a physical activity
2.2.8.PF.3	Execute the primary principals of training (FITT) and technology for the purpose of
	modifying personal levels of fitness (e.g., pedometers, heart rate monitors, health
	tracking systems, wearable technology, virtual classes, exergames).
2.2.8. PF.4	Implement and assess the effectiveness of a fitness plan based on health data, the
	assessment of one's personal fitness levels and monitor health/fitness indicators
	before, during, and after the workout program.
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	endurance-fitness activities) using technology and cross-training, and lifetime
	activities
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	promotes physical activities.
2.2.8.LF.7	Evaluate personal attributes as they relate to career options in physical activity and
	health professions

Differentiation	
Students with 504 plans	
Preferential seating	
Guided notes	
• Evtra time	

- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

- Provide modifications & accommodations as listed in the student's IEP
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# **Response to Intervention (RTI)**

- Tiered interventions following the RTI framework
- Effective RTI strategies for teachers <a href="http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/">http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/</a>
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- Use of a translation dictionary or software
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- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
- NJDOE resources



Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	5	4 weeks (January)

**Unit Title: Basketball** 

#### **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good sportsmanship and team safety through basketball and other games/activities.

# **Big Ideas**

- It is important to show good sportsmanship.
- It is important to remain safe when playing sports.
- It is important to work as a team.

#### **Essential Questions**

- How do the decisions you make affect the team?
- How can we show good sportsmanship when winning and losing?
- How do we ensure we and the people around us remain safe?

# **Objectives**

- Students will be able to describe how their decisions affect the team they are playing on.
- Students will be able to demonstrate good sportsmanship when winning and losing.
- Students will be able to identify ways they can ensure that they keep themselves and the people around them safe.

# Assessment

#### **Formative Assessment:**

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

#### Benchmark:

• Assessments/Unit Tests

#### **Alternative:**

- Games
- Modified assessments

# **Summative Assessment:**

- Skill testing
- Written records

- dribbling
- passing

- pivoting
- shooting

Version Update: August 2025 22

• ball-handling skills

#### **Resources & Materials**

• Physical Education Equipment

# **Technology Infusion**

# **Teacher Technology:**

Chromebook

# **Student Technology:**

Chromebooks

#### **Activities:**

• Students will utilize Chromebooks to research safety statistics for the sport of study and analyze the data found to examine safety protocols.

Standard	Standard Description	
8.1.8.DA.1	Organize and transform data collected using computational tools to make it usable	
	for a specific purpose.	
8.2.8.ITH.1	Explain how the development and use of technology influences economic, political,	
	social, and cultural issues.	

# **Interdisciplinary Integration**

#### **Activities:**

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

- Teacher Vision Cross-Curricular Theme Map https://www.teachervision.com/teaching-methods/curriculum-planning/7167.html
- Engineering Go For It! http://egfi-k12.org/
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Standard	Standard Description
NJSLS-ELA	Write arguments on discipline-specific content (e.g., social studies, science, math,
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	relevant evidence.

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W.RW.7.7	metacognition/self-correction, and revision) and shorter time frames (a single sitting
	or a day or two) for a range of discipline-specific tasks, purposes, and audiences.
NJSLS-ELA	Engage effectively in a range of collaborative discussions (one-on-one, in groups,
SL.PE.7.1	and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building on
	others' ideas and expressing their own clearly.

21st Century Life Skills Standards		
Activities:		
• Students will work in groups to collaborate, at times taking leadership roles, to communicate project		
ideas to the wh	ole class.	
	Student Learning Objectives	
Standard	Student Learning Objectives	
	Student Learning Objectives  Demonstrate openness to diverse ideas and perspectives through active discussions to	
Standard 9.4.8.GCA.2	_ <u>, , , , , , , , , , , , , , , , , , ,</u>	

Careers		
Activities:		
<ul> <li>Students will wor</li> </ul>	• Students will work in groups to collaborate, at times taking leadership roles, to communicate project	
ideas to the whole class.		
Practice	Description	
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the	
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the	
problems and persevere	problem and carefully consider the options to solve the problem. Once a solution is	
in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through	
	this when they occur and take action quickly to address the problem; they	
	thoughtfully investigate the root cause of the problem prior to introducing	
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Work productively in	Students positively contribute to every team, whether formal or informal. They	
teams while using	apply an awareness of cultural difference to avoid barriers to productive and	
cultural/global	positive interaction. They find ways to increase the engagement and contribution of	
competence.	all team members. They plan and facilitate effective team meetings.	

Standards	
Standard #	Standard Description
2.2.8.MSC.1	Explain and demonstrate the transition of movement skills from isolated settings (e.g., skill practice) into applied settings (e.g., games, sports, dance, recreational activities).
2.2.8.MSC.2	Demonstrate control of motion in relationship between force, flow, time, and space in interactive dynamic environments

Version Update 2.2.8.MSC.3	: August 2025  Create and demonstrate planned movement sequences, individually and with others,
2.2.0.14150.5	based on tempo, beat, rhythm, music, and physical activities (e.g., creative, cultural,
	social, fitness aerobics, dance, yoga).
2.2.8.MSC.4	Analyze, and correct movements and apply to refine movement skills.
2.2.8.MSC.5	Predict the impact of rules, etiquette, procedures, and sportsmanship on players'
2.2.0.1 <b>v</b> 15C.3	behavior in small groups and large teams during physical activities and games.
2.2.8.MSC.6	Demonstrate offensive, defensive, and cooperative strategies in a variety of games
	and settings.
2.2.8.MSC.7	Effectively manage emotions during physical activity (e.g., anger, frustration,
	excitement) in a safe manner to self and others.
2.2.8.PF.1	Summarize the short and long-term physical, social, mental, and emotional health
	benefits of regular physical fitness activity.
2.2.8.PF.2	Recognize and involve others of all ability levels into a physical activity
2.2.8.PF.3	Execute the primary principals of training (FITT) and technology for the purpose of
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	peers, and family members that can enhance wellness.
2.2.8.LF.2	Explain the importance of assuming responsibility for personal health behaviors
	through physical activity throughout one's lifetime.
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2.2.8.LF.6	Develop a strategy to overcome barriers that allows for a visit in the community that
	promotes physical activities.
2.2.8.LF.7	Evaluate personal attributes as they relate to career options in physical activity and
	health professions

	Differentiation	
Students with 504 plans		
Preferential seating		
<ul> <li>Guided notes</li> </ul>		

• Extra time

- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

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# **Response to Intervention (RTI)**

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- Intervention Central <a href="http://www.interventioncentral.org/">http://www.interventioncentral.org/</a>

#### **English Language Learners (ELL)**

- Provide text-to-speech
- Use of a translation dictionary or software
- Provide graphic organizers
- NJDOE resources <a href="http://www.state.nj.us/education/aps/cccs/ELL.htm">http://www.state.nj.us/education/aps/cccs/ELL.htm</a>
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- Utilize exploratory connections to higher-grade concepts
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- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
- NJDOE resources

# **Califon Public School** Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	6	4 weeks (February)

**Unit Title: Dance** 

# **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good sportsmanship and team safety through various types of dance and other games/activities.

#### **Big Ideas**

- It is important to remain safe when playing sports.
- It is important to work as a team.

# **Essential Questions**

- How do the decisions you make affect the team?
- How can we show good sportsmanship when winning and losing?
- How do we ensure we and the people around us remain safe?

# **Objectives**

- Students will be able to describe how their decisions affect the team they are playing on.
- Students will be able to demonstrate good sportsmanship when winning and losing.
- Students will be able to identify ways they can ensure that they keep themselves and the people around them safe

#### Assessment

#### **Formative Assessment:**

- Teacher Observation
- Discussion
- Student -feedback
- Ouestion and answer

#### Benchmark:

Assessments/Unit Tests

#### **Alternative:**

- Games
- Modified assessments

#### **Summative Assessment:**

- Skill testing
- Written records

- aerobic dance
- creative dance
- folk and square dance

- jump ropes
- popular dance
- rhythm

parachute

#### **Resources & Materials**

• Physical Education Equipment

# **Technology Infusion**

# **Teacher Technology:**

Chromebook

#### **Student Technology:**

Chromebooks

#### **Activities:**

• Students will utilize Chromebooks to research safety statistics for the sport of study and analyze the data found to examine safety protocols.

Standard	Standard Description
8.1.8.DA.1	Organize and transform data collected using computational tools to make it usable
	for a specific purpose.
8.2.8.ITH.1	Explain how the development and use of technology influences economic, political,
	social, and cultural issues.

# **Interdisciplinary Integration**

#### **Activities:**

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

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Standard	Standard Description		
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NJSLS-ELA	Write routinely over extended time frames (time for research, reflection,		
W.RW.7.7	metacognition/self-correction, and revision) and shorter time frames (a single sitting		
	or a day or two) for a range of discipline-specific tasks, purposes, and audiences.		
NJSLS-ELA	Engage effectively in a range of collaborative discussions (one-on-one, in groups,		
SL.PE.7.1	and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building of		
	others' ideas and expressing their own clearly.		

21st Century Life Skills Standards			
Activities:			
• Students will work in groups to collaborate, at times taking leadership roles, to communicate project			
ideas to the whole class.			
	Student Learning Objectives		
Standard	Student Learning Objectives		
	Student Learning Objectives  Demonstrate openness to diverse ideas and perspectives through active discussions to		
Standard 9.4.8.GCA.2	_ <u>, , , , , , , , , , , , , , , , , , ,</u>		

Careers			
Activities:			
<ul> <li>Students will work in groups to collaborate, at times taking leadership roles, to communicate project</li> </ul>			
ideas to the whole class.			
Practice	Practice Description		
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the		
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the		
problems and persevere problem and carefully consider the options to solve the problem. Once			
in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through		
this when they occur and take action quickly to address the problem; they			
	thoughtfully investigate the root cause of the problem prior to introducing solutions.		
	Their own actions or the actions of others.		
Work productively in	Students positively contribute to every team, whether formal or informal. They		
teams while using	apply an awareness of cultural difference to avoid barriers to productive and		
cultural/global	positive interaction. They find ways to increase the engagement and contribution of		
competence.	all team members. They plan and facilitate effective team meetings.		

Standards			
Standard #	Standard Description		
2.2.8.MSC.1	Explain and demonstrate the transition of movement skills from isolated settings (e.g., skill practice) into applied settings (e.g., games, sports, dance, recreational activities).		
2.2.8.MSC.2	Demonstrate control of motion in relationship between force, flow, time, and space in interactive dynamic environments		

2.2.8.MSC.3	Create and demonstrate planned movement sequences, individually and with others,
	based on tempo, beat, rhythm, music, and physical activities (e.g., creative, cultural,
	social, fitness aerobics, dance, yoga).
2.2.8.MSC.4	Analyze, and correct movements and apply to refine movement skills.
2.2.8.MSC.5	Predict the impact of rules, etiquette, procedures, and sportsmanship on players'
	behavior in small groups and large teams during physical activities and games.
2.2.8.MSC.6	Demonstrate offensive, defensive, and cooperative strategies in a variety of games
	and settings.
2.2.8.MSC.7	Effectively manage emotions during physical activity (e.g., anger, frustration,
	excitement) in a safe manner to self and others.
2.2.8.PF.1	Summarize the short and long-term physical, social, mental, and emotional health
	benefits of regular physical fitness activity.
2.2.8.PF.2	Recognize and involve others of all ability levels into a physical activity
2.2.8.PF.3	Execute the primary principals of training (FITT) and technology for the purpose of
	modifying personal levels of fitness (e.g., pedometers, heart rate monitors, health
	tracking systems, wearable technology, virtual classes, exergames).
2.2.8. PF.4	Implement and assess the effectiveness of a fitness plan based on health data, the
	assessment of one's personal fitness levels and monitor health/fitness indicators
	before, during, and after the workout program.
2.2.8.PF.5	Use evidence to predict how factors such as health status, body composition,
	interests, environmental conditions, healthy eating, anabolic steroids, physical
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2.2.8.LF.1	Develop and build an effective movement and physical fitness vocabulary for self,
	peers, and family members that can enhance wellness.
2.2.8.LF.2	Explain the importance of assuming responsibility for personal health behaviors
	through physical activity throughout one's lifetime.
2.2.8.LF.3	Explore by leading self and others to experience and participate in different cultures'
	physical fitness activities.
2.2.8.LF.4	Identify and recognize factors that generate positive emotions from participating in
	movement and physical fitness activities.
2.2.8.LF.5	Engages in a variety of physical activities (e.g., aerobic-fitness, strengthen,
	endurance-fitness activities) using technology and cross-training, and lifetime
	activities
2.2.8.LF.6	Develop a strategy to overcome barriers that allows for a visit in the community that
	promotes physical activities.
2.2.8.LF.7	Evaluate personal attributes as they relate to career options in physical activity and
	health professions

Differentiation		
Students with 504 plans		
<ul> <li>Preferential seating</li> </ul>		
<ul> <li>Guided notes</li> </ul>		
• Extra time		

- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

- Provide modifications & accommodations as listed in the student's IEP
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- Reduce the length of the assignment for different modes of delivery
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- Prioritize tasks
- Use graphic organizers
- Use online resources for skill-building
- Provide teacher notes
- Use collaborative grouping strategies, such as small groups
- NJDOE resources <a href="http://www.state.nj.us/education/specialed/">http://www.state.nj.us/education/specialed/</a>

# **Response to Intervention (RTI)**

- Tiered interventions following the RTI framework
- Effective RTI strategies for teachers <a href="http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/">http://www.specialeducationguide.com/pre-k-12/response-to-intervention/effective-rti-strategies-for-teachers/</a>
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- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
- NJDOE resources



Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	7	4 weeks (March)

**Unit Title: Hockey** 

#### **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good sportsmanship and team safety through hockey and other games/activities.

#### **Big Ideas**

- It is important to show good sportsmanship.
- It is important to remain safe when playing sports.
- It is important to work as a team.

#### **Essential Questions**

- How do the decisions you make affect the team?
- How can we show good sportsmanship when winning and losing?
- How do we ensure we and the people around us remain safe?

# **Objectives**

- Students will be able to describe how their decisions affect the team they are playing on.
- Students will be able to demonstrate good sportsmanship when winning and losing.
- Students will be able to identify ways they can ensure that they keep themselves and the people around them safe.

# Assessment

#### **Formative Assessment:**

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

# Benchmark:

• Assessments/Unit Tests

#### Alternative:

- Games
- Modified assessments

# **Summative Assessment:**

- Skill testing
- Written records

- sportsmanship
- dribble

- safety rules
- pass

- combining skills
  shoot
  dodge
  receive
  - Resources & Materials

• Physical Education Equipment

# **Technology Infusion**

# **Teacher Technology:**

Chromebook

#### **Student Technology:**

Chromebooks

#### **Activities:**

• Students will utilize Chromebooks to research safety statistics for the sport of study and analyze the data found to examine safety protocols.

Standard	Standard Description		
8.1.8.DA.1	Organize and transform data collected using computational tools to make it usable		
	for a specific purpose.		
8.2.8.ITH.1	Explain how the development and use of technology influences economic, political,		
	social, and cultural issues.		

#### **Interdisciplinary Integration**

#### **Activities:**

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

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- NASA STEM <a href="http://www.nasa.gov/audience/foreducators/expeditions/stem/#.VYrO2flViko">http://www.nasa.gov/audience/foreducators/expeditions/stem/#.VYrO2flViko</a>
- PBS STEM <a href="http://www.pbs.org/teachers/stem/#content">http://www.pbs.org/teachers/stem/#content</a>
- STEM Works <a href="http://stem-works.com/activities">http://stem-works.com/activities</a>
- What Every Educator Should Know About Using Google by Shell Education
- Promoting Literacy in all Subjects by Glencoe http://www.glencoe.com/sec/teachingtoday/subject/promoting\_literacy.phtml
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Standard	Standard Description
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NJSLS-ELA	Write arguments on discipline-specific content (e.g., social studies, science, math,		
W.AW.7.1	technical subjects, English/Language Arts) to support claims with clear reasons and		
	relevant evidence.		
NJSLS-ELA	Write routinely over extended time frames (time for research, reflection,		
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	or a day or two) for a range of discipline-specific tasks, purposes, and audiences.		
NJSLS-ELA	Engage effectively in a range of collaborative discussions (one-on-one, in groups,		
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	others' ideas and expressing their own clearly.		

21st Century Life Skills Standards			
Activities:			
• Students will work in groups to collaborate, at times taking leadership roles, to communicate project			
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2.2.8.LF.7	promotes physical activities.  Evaluate personal attributes as they relate to career options in physical activity and			

Differentiation		
Students with 504 plans		
Preferential seating		

- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

- Provide modifications & accommodations as listed in the student's IEP
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# **Response to Intervention (RTI)**

- Tiered interventions following the RTI framework
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# **English Language Learners (ELL)**

- Provide text-to-speech
- Use of a translation dictionary or software
- Provide graphic organizers
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- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
- Learning environments should be modified: student-centered learning, independence, openness, complexity, and groups should be varied
- NJDOE resources

# Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	8	4 weeks (April)

**Unit Title: Personal Fitness** 

#### **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good health through various fitness activities.

# **Big Ideas**

• Physical fitness is important for overall well-being.

# **Essential Questions**

- Why should we set fitness goals?
- How can we keep physically fit?

# **Objectives**

- Students will be able to explain the importance of setting fitness goals.
- Students will be able to describe why it is important to keep physically fit.

#### Assessment

#### **Formative Assessment:**

- Teacher Observation
- Discussion
- Student -feedback
- Question and answer

#### Benchmark:

Assessments/Unit Tests

#### **Alternative:**

- Games
- Modified assessments

#### **Summative Assessment:**

- Skill testing
- Written records

# **Key Vocabulary**

- fitness
- goals
- sit-ups
- shuttle run
- cardiovascular

- endurance
- pull-ups
- push-ups
- sit and reach

#### **Resources & Materials**

• Physical Education Equipment

### **Technology Infusion**

## **Teacher Technology:**

Chromebook

## **Student Technology:**

Chromebooks

#### **Activities:**

• Students will utilize Chromebooks to research safety statistics for the sport of study and analyze the data found to examine safety protocols.

Standard	Standard Description	
8.1.8.DA.1	Organize and transform data collected using computational tools to make it usable	
	for a specific purpose.	
8.2.8.ITH.1	Explain how the development and use of technology influences economic, political,	
	social, and cultural issues.	

## **Interdisciplinary Integration**

#### **Activities:**

• Students will work in groups to collaborate, at times taking leadership roles, to communicate project ideas to the whole class.

#### **Resources:**

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21st Century Life Skills Standards		
Activities:		
• Students will work in groups to collaborate, at times taking leadership roles, to communicate project		
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9.4.8.GCA.2	Demonstrate openness to diverse ideas and perspectives through active discussions to	
	achieve a group goal	
9.4.8.IML.4	Ask insightful questions to organize different types of data and create meaningful	

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Differentiation	
Students with 504 plans	
Preferential seating	
Guided notes	
• Extra time	
Teacher check-ins	
Use graphic organizers	
Redirect attention	
Prioritize tasks	

- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

## **Special Education**

- Provide modifications & accommodations as listed in the student's IEP
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## **Enrichment**

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# Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	9	4 weeks (May)

Unit Title: Track and Field

## **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good sportsmanship and team safety through track, field and other games/activities.

### **Big Ideas**

- It is important to show good sportsmanship.
- It is important to remain safe when playing sports.
- It is important to work as a team.

## **Essential Questions**

- How do the decisions you make affect the team?
- How can we show good sportsmanship when winning and losing?
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#### **Formative Assessment:**

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- Discussion
- Student -feedback
- Question and answer

## Benchmark:

Assessments/Unit Tests

#### **Alternative:**

- Games
- Modified assessments

## **Summative Assessment:**

- Skill testing
- Written records

## **Key Vocabulary**

- throwing events
- shot put

- sprints
- hurdles

**Version Update: August 2025** 

<ul><li>jumping events</li></ul>	<ul> <li>middle distance run</li> </ul>
<ul><li>long jump</li></ul>	<ul> <li>distance running</li> </ul>
<ul> <li>high iump</li> </ul>	<ul><li>relays</li></ul>

	Resources & Materials
<ul> <li>Physical Education Equipment</li> </ul>	

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## **Technology Infusion**

## **Teacher Technology:**

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W.AW.7.1	technical subjects, English/Language Arts) to support claims with clear reasons and
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NJSLS-ELA	Write routinely over extended time frames (time for research, reflection,
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	21st Century Life Skills Standards
Activities:	
Students will v	work in groups to collaborate, at times taking leadership roles, to communicate project
ideas to the wh	nole class.
Standard	Student Learning Objectives
9.4.8.GCA.2	Demonstrate openness to diverse ideas and perspectives through active discussions to
,,,,,,,	achieve a group goal
9.4.8.IML.4	Ask insightful questions to organize different types of data and create meaningful

	Careers		
Activities:			
Students will wor	• Students will work in groups to collaborate, at times taking leadership roles, to communicate project		
ideas to the whole	e class.		
Practice	Description		
Utilize critical thinking	Students readily recognize problems in the workplace, understand the nature of the		
to make sense of	problem, and devise effective plans to solve the problem. They are aware of the		
problems and persevere	problem and carefully consider the options to solve the problem. Once a solution is		
in solving them.	agreed upon, they follow through to ensure the problem is solved, whether through		
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	thoughtfully investigate the root cause of the problem prior to introducing		
	solutions. Their own actions or the actions of others.		
Work productively in	Students positively contribute to every team, whether formal or informal. They		
teams while using	apply an awareness of cultural difference to avoid barriers to productive and		
cultural/global	positive interaction. They find ways to increase the engagement and contribution of		
competence.	all team members. They plan and facilitate effective team meetings.		

Standards	
Standard #	Standard Description
2.2.8.MSC.1	Explain and demonstrate the transition of movement skills from isolated settings
	(e.g., skill practice) into applied settings (e.g., games, sports, dance, recreational
	activities).

version opuate	
2.2.8.MSC.2	Demonstrate control of motion in relationship between force, flow, time, and space in
	interactive dynamic environments
2.2.8.MSC.3	Create and demonstrate planned movement sequences, individually and with others,
	based on tempo, beat, rhythm, music, and physical activities (e.g., creative, cultural,
	social, fitness aerobics, dance, yoga).
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2.2.8.MSC.5	Predict the impact of rules, etiquette, procedures, and sportsmanship on players'
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2.2.8.MSC.6	Demonstrate offensive, defensive, and cooperative strategies in a variety of games
	and settings.
2.2.8.MSC.7	Effectively manage emotions during physical activity (e.g., anger, frustration,
	excitement) in a safe manner to self and others.
2.2.8.PF.1	Summarize the short and long-term physical, social, mental, and emotional health
	benefits of regular physical fitness activity.
2.2.8.PF.2	Recognize and involve others of all ability levels into a physical activity
2.2.8.PF.3	Execute the primary principals of training (FITT) and technology for the purpose of
	modifying personal levels of fitness (e.g., pedometers, heart rate monitors, health
	tracking systems, wearable technology, virtual classes, exergames).
2.2.8. PF.4	Implement and assess the effectiveness of a fitness plan based on health data, the
	assessment of one's personal fitness levels and monitor health/fitness indicators
	before, during, and after the workout program.
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	interests, environmental conditions, healthy eating, anabolic steroids, physical
	activity, and lifestyle behaviors impact personal fitness and health.
2.2.8.LF.1	Develop and build an effective movement and physical fitness vocabulary for self,
	peers, and family members that can enhance wellness.
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	through physical activity throughout one's lifetime.
2.2.8.LF.3	Explore by leading self and others to experience and participate in different cultures'
	physical fitness activities.
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2.2.0.21.	movement and physical fitness activities.
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	Differentiation
Students with 504 plans	
Preferential seating	

- Guided notes
- Extra time
- Teacher check-ins
- Use graphic organizers
- Redirect attention
- Prioritize tasks
- Small group testing
- Provide modifications & accommodations per individual student's 504 plan

## **Special Education**

- Provide modifications & accommodations as listed in the student's IEP
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## **Response to Intervention (RTI)**

- Tiered interventions following the RTI framework
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## **English Language Learners (ELL)**

- Provide text-to-speech
- Use of a translation dictionary or software
- Provide graphic organizers
- NJDOE resources http://www.state.nj.us/education/aps/cccs/ELL.htm
- Adapt a Strategy Adjusting strategies for ESL students http://www.teachersfirst.com/content/esl/adaptstrat.cfm

#### **Enrichment**

- Process should be modified: higher order thinking skills, open-ended thinking, discovery
- Utilize project-based learning for greater depth of knowledge
- Utilize exploratory connections to higher-grade concepts
- Contents should be modified: real-world problems, audiences, deadlines, evaluations, transformations
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# Califon Public School Curriculum



Subject:	Grade:	Unit #:	Pacing:
Physical Education	7th	10	4 weeks (June)

**Unit Title: Softball** 

## **OVERVIEW OF UNIT:**

Students will learn about and discuss the importance of good sportsmanship and team safety through softball and other games/activities.

### **Big Ideas**

- It is important to show good sportsmanship.
- It is important to remain safe when playing sports.
- It is important to work as a team.

#### **Essential Questions**

- How do the decisions you make affect the team?
- How can we show good sportsmanship when winning and losing?
- How do we ensure we and the people around us remain safe?

## **Objectives**

- Students will be able to describe how their decisions affect the team they are playing on.
- Students will be able to demonstrate good sportsmanship when winning and losing.
- Students will be able to identify ways they can ensure that they keep themselves and the people around them safe.

## Assessment

#### **Formative Assessment:**

- Teacher Observation
- Discussion
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- Question and answer

## Alternative:

Benchmark:

- Games
- Modified assessments

• Assessments/Unit Tests

## **Summative Assessment:**

- Skill testing
- Written records

#### **Key Vocabulary**

- sportsmanship
- throw

- safety rules
- underhand throw

- combining skills hitting
- catch base running

#### **Resources & Materials**

• Physical Education Equipment

#### **Technology Infusion**

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Chromebook

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