

**February
2023**

Coordinated School Health Newsletter



Know children or families who need healthcare? The Tennessee Justice Center may be able to help. Call (615) 255-0331 or email info@tnjustice.org for more information.

TJC received a grant from the federal government to help enroll kids on TennCare or CoverKids. These programs provide free or low-cost health insurance for children and teens. TennCare and CoverKids cover regular checkups, immunizations, doctor and dentist visits, hospital care, mental health services, prescriptions and more. Children in a family of four making up to \$71,000 may qualify for CoverKids. Children in families that are above the income limit may still qualify if the child has special health care needs that are very expensive.

TennCare covers mental health. You and your child can get help.

TennCare Covers
-developmental screenings
-mental healthcare
-preventative healthcare
-well-child visits
-vaccinations
-doctor visits
-and more...

Kids who have consistent attendance perform better in school. Insured children miss fewer days of school. Get your child insured.



“My child missed a lot of school in the fall because of her behavior. I’m afraid she’s falling behind.”



Tennessee Justice Center gives FREE help with TennCare eligibility and enrollment.
Call (615) 255-0331 or scan the provided code.



Carbide Crossfit & Nutrition is located in McMinnville, Tennessee. They help people achieve their health and wellness goals in a fun, welcoming environment. Carbide believes in several things: balanced nutrition, varied, functional fitness, and community.

CSH has partnered with Carbide to offer all staff free wellness seminars each month for the rest of the school year!

If you're ready to get started toward some change in your health and wellness, visit their website at www.carbidecrossfit.com, or email info@carbidecrossfit.com.

Mrs. Olivia Neal's DWS 3rd grade class received some folding seats for their classroom.





DeKalb Middle & DeKalb West P.E. Departments received two sets of 9 Square in the Air.

Imagine the playground game of 4 square combined with volleyball for multiple players. The player in the center square serves the ball to any other square by hitting the ball up and out of the top of the center game square. Players must return the ball to another player's square. The object of the game is to rotate to and remain in the center square.

YOUTH LEADERSHIP ASSEMBLY

for 5th-8th grade students

March 11, 2023
9:30-4:00
(lunch provided)

Leslie Town Centre
1 W 1st St
Cookeville, TN 38501

Contact Elizabeth King for more info:
elizabeth.f.king@tn.gov or 931-520-4223



Learn how to manage your mind to succeed against stress, learn empowerment techniques, and build a lasting support community.

Dive into presentations about vaping & why you should choose to be nicotine free!



DOWNLOAD THE FORM AND REGISTER:
bit.ly/uc-yla-register



This event has a maximum capacity of 285 attendees



Providing children, teens, parents and teachers with information regarding the potential dangers of online environments and how to stay safe online can help prevent many instances of child exploitation. That is why Homeland Security Investigations has partnered with the National Center for Missing & Exploited Children's NetSmartz and the Internet Crimes Against Children (ICAC) Task Forces to develop Project iGuardian.

The Project iGuardian student assembly will be presented to DMS and DCBS students on February 17, 2023.

Learn more at
www.ice.gov/topics/iGuardians