

NOVEMBER 2025 SCES MENU

<p>3 Monday WG Cereal, WG Cinnamon and Sugar Donuts 40 gm, Juice, Fruit</p> <p>WG Bun 28 gm, Pulled Chicken or Yogurt, Cheese Stick, WG Bar Green Beans 4 gm, Tropical Fruit 21 gm, Fresh Fruit and Veggies</p>	<p>4 Tuesday WG Cereal, WG Cracker, WG Pancake on a Stick 17 gm, Syrup 20 gm, Fruit, Juice</p> <p>WG Bun 28 gm, Hamburger, Cheese Slice or WG PB & J, Cheese Stick, WG Chips Oven Fries 22 gm, Peaches 14 gm, Fresh Fruit and Veggies</p>	<p>5 Wednesday WG Cereal, WG Cracker, WG Apple Frudel 36 gm, Fruit, Juice</p> <p>WG Bun 26 gm, Hot Dog 2 gm or Chili Dog 4 gm or Yogurt, Cheese Stick, WG Bar Baked Beans 24 gm, Pears 16 gm, Fresh Fruit and Veggies</p>	<p>6 Thursday WG Cereal, WG Toast 13 gm, Jelly, Scrambled Eggs 1 gm, Fruit, Juice</p> <p>WG Chicken 12 gm, WG Waffle 38 gm or WG PB & J, Cheese Stick, WG Chips Carrots 6 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies</p>	<p>7 Friday WG Cereal, WG Cracker, Biscuit 26 gm, Sausage & Gravy 8 gm, Fruit, Juice</p> <p>WG Cheesy Pull-a-Part 32 gm, gm or Yogurt, Cheese Stick, WG Bar Romaine 1.5 gm, Marinara Sauce 7 gm, Mandarin Oranges 17 gm, Sidekick 23 gm, Fresh Fruit and Veggies</p>
<p>10 Monday WG Cereal, WG Toast 16 gm, Jelly, Cheese Omelet gm, Juice, Fruit</p> <p>WG Bosco Stick 28 gm Beef Ravioli 36 gm or Yogurt, Cheese Stick, WG Bar Carrots 6 gm, Rosy Applesauce 9, Fresh Fruit and Veggies</p>	<p>11 Tuesday WG Cereal, WG Cracker, Breakfast Combo 16 gm, Fruit, Juice</p> <p>Taco in a Bag (Taco Meat 5 gm WG Chips 24 gm Shredded Cheese 3 gm gm) or WG PB & J, Cheese Stick, WG Chips Salsa 6 gm Refried Beans 24 gm, Tropical Fruit 21 gm, Fresh Fruit and Veggies</p>	<p>12 Wednesday WG Cereal, WG Cracker, WG Mini Chocolate Donuts 43 gm Juice, Fruit</p> <p>WG Mini Corn Dogs 17 gm or Yogurt, Cheese Stick, WG Bar Green Beans 4 gm, Pineapple 17 g, Fresh Fruit and Veggies</p>	<p>13 Thursday WG Cereal, WG Cracker, Breakfast Pizza 25 gm, Fruit, Juice</p> <p>WG Roll 15 gm, WG Chicken Nuggets 16 gm or WG PB & J, Cheese Stick, WG Chips Mashed Potatoes 17 gm /Gravy 7 gm, Mandarin Oranges 17 gm Fresh Fruit and Veggies</p>	<p>14 Friday WG Cereal, WG Cracker, WG Pancake, Sausage, gm, Syrup 20 gm, Fruit, Juice</p> <p>WG Pizza 33 gm or Yogurt, Cheese Stick, WG Bar Romaine 1.5 gm, Pears 16 gm Rice Krispie Treat 22.23 gm Fresh Fruit and Veggies</p>

<p>17 Monday WG Cereal, WG Cracker, WG Breakfast Bagel Pizza 30 gm Fruit, Juice</p> <p>WG Bun 28 gm, Tenderloin 14 gm or <u>Yogurt, Cheese Stick, WG Bar</u> Sweet Potato Fries gm, Cinnamon Applesauce 26 gm Fresh Fresh and Veggies</p>	<p>18 Tuesday WG Cereal, WG Cereal, WG Waffle, 12 gm, Syrup 20 gm, Fruit, Juice</p> <p>WG Roll 15 gm, Chicken Alfredo 21 gm or <u>WG PB & J, Cheese Stick, WG Chips</u> Green Beans 4g, Mandarin Oranges g, Fresh Fruit and Veggies</p>	<p>19 Wednesday WG Cereal, WG Cracker, WG Mini Cinnis 41 gm, Fruit, Juice</p> <p>WG Bun 28 gm, BBQ Rib 11 gm or <u>Yogurt, Cheese Stick, WG Bar</u> Baked Beans gm, Pears 16 gm, Fresh Fruit and Veggies</p>	<p>20 Thursday WG Cereal, WG Cracker, WG Muffin-Top, 28 gm , Fruit, Juice</p> <p>Meatball Sub 31 gm with Sauce and Cheese or <u>WG PB & J, Cheese Stick, WG Chips</u> Broccoli w/ Cheese 7 gm Pineapple 17 gm, Fresh Fruit and Veggies</p>	<p>21 Friday WG Biscuit 26 gm Sausage and Gravy 8 gm WG Cracker, WG Cereal, Juice, Fruit</p> <p>WG Multi Cheese Garlic Bread 30 gm or <u>Yogurt, Cheese Stick, WG Bread</u> Romaine 1.5 gm Corn, 16 gm Peaches 16 gm Pumpkin Dessert 15 gm Fresh Fruit and Veggies</p>
<p>24 Monday WG Cereal, WG Cracker, WG French Toast Sticks, Syrup, Juice Fruit</p> <p>WG Bun 28 gm, WG Chicken Patty 16 gm or <u>Yogurt, Cheese Stick, WG Bar</u> Oven Potatoes 23 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies</p>	<p>25 Tuesday WG Bagel w/ Cream Cheese, WG Cracker, WG Cereal, Fruit, Juice</p> <p>WG Chili Crisпитos 46 gm or <u>WG PB & J, Cheese Stick, WG Chips</u>, Salsa 6 gm Refried Beans 24 gm Tropical Fruit 21 gm, Fresh Fruit and Juice</p>	<p>26 Wednesday</p> <p>NO SCHOOL</p>	<p>27 Thursday</p> <p>NO SCHOOL HAPPY THANKSGIVING</p>	<p>28 Friday</p> <p>NO SCHOOL</p>
<p>30 Monday WG Pancake Bites 37 gm, Syrup 20 gm WG Cereal, WG Cracker, Fruit, Juice</p> <p>WG Pizza Crunchers 41 gm or <u>Yogurt, Cheese Stick, WG Bar</u>, Marinara Sauce 7 gm, Green Beans 4 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies</p>	<p>Breakfast is served everyday starting at 7:30 a.m.</p> <p>All Breakfasts and Lunches are FREE to all Children.</p>	<p>Mashed Potatoes contain Sulfates and can cause Allergic Reactions.</p> <p>1% White and Chocolate, Strawberry Milk are offered at all meals.</p> <p>Ranch Dressings, Mustard, Ketchup , BBQ sauces are offered at Lunch.</p>	<p>Breakfast is offered vs serve children must pick 3 of 4 items offered and one must be ½ cup fruit or juice. Lunch is also offer vs serve children must pick 3 out 5 items offered one must be ½ cup of fruit or veggies</p> <p>Menu is Subject to Change</p>	<p>Cereal- Marsh Matey 22 gm, Honey Graham 22 gm, Cinn Toasters 24 gm.</p> <p>Juice- Apple 13 gm, Grape 19 gm, OJ 13 gm, Fruit Punch 14 gm,</p> <p>Poptart Cinn 72 gm Blueberry 72 gm, Strawberry 75 gm</p> <p>A Plant Based Option is Available Every Day</p>