

Middle School MENU
Lunch Price Free

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials	Shredded Chicken or Taco bar	Orange Chicken /brown rice & 1oz roll	Make your own Burger bar	Chicken Parm w/noodles	Macaroni & cheese w/ 1oz Bread stick
Hot sandwich & More	Mini Corndogs (6) Popcorn Chicken w/Roll Bosco Cheese Sticks	Hot beef Flatbread Popcorn Chicken w/Roll Bosco Cheese Sticks	Mini Corndogs (6) Hot Italian Sub Bosco Cheese Sticks	BBQ Pork on bun Popcorn Chicken w/Roll Bosco Cheese Sticks	Mini Corndogs (6) Popcorn Chicken w/Roll Bosco Cheese Sticks
Wrap or salad bowl	Ham & Turkey	Grilled Chicken	Pepperoni Pizza Wrap	Turkey & Bacon	Turkey
Mexican	Quesadillas	Meaty Nachos	Burrito	Taco Salad	Meaty Nachos
Pepperoni & cheese Specialty Pizza	Pepperoni Pizza Cheese Pizza Hawaiian Pizza	Pepperoni Pizza Cheese Pizza Meat lover Pizza	Pepperoni Pizza Cheese Pizza French Bread	Pepperoni Pizza Cheese Pizza Ranchero Pizza	Cheese Pizza Pepperoni pizza Ham Stromboli
DAILY Fruit Vegetables other	Peaches, Broccoli, FF or 1% Choc. or White Milk	Mandarin Oranges, Stir Fry Vegetables, FF or 1 % Choc. or White Milk	Mixed Fruit, Season Green Beans, FF Chocolate or White Milk	Apple Sauce, Corn, FF or 1% Chocolate or White Milk	Grapes, Asparagus FF or 1% Chocolate or White Milk
salad bar	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials	Chicken Pot Sticks	Orange Chicken/Brown Rice & 1oz roll	Make your own pasta bowl	Chicken & Rice Bowl w/ 1oz bread stick	chicken Noodle Soup w/Ham & Cheese sandwich
Hot sandwich & More	Italian Sub Chicken Tenders w/biscuit Mozzarella Sticks(6)	BBQ Pork w/bun Chicken Tenders w/biscuit Mozzarella Sticks(6)	Cheeseburger w/bun Chicken Tender w/biscuit Mozzarella Sticks(6)	Hot Dog on bun Chicken Tenders w/biscuit Mozzarella Sticks(6)	Cheeseburger on bun Chicken Tenders w/biscuit Mozzarella Sticks(6)
Wrap or salad	Ham & Turkey	Grilled Chicken	Chicken Queso wrap	Turkey & Bacon	Turkey
Mexican	Meaty Nachos	Mini Quesadillas	Meaty Tacos	Taco Snack	Meaty Nachos
premium Pepperoni & cheese Specialty Pizza	Pepperoni Pizza Cheese Pizza Buffalo Chicken	Pepperoni Pizza Cheese Pizza	Pepperoni Pizza Cheese Pizza Personal Cheese Pizza	Pepperoni Pizza Cheese Pizza Supreme Pizza	Pepperoni Pizza Cheese Pizza Ham Stromboli
DAILY Fruit Vegetables other	Pineapple, Mixed Vegetable & FF or 1% Choc. or White Milk	Far East Vegetables, Diced Peaches, FF or 1% Choc. or White Milk	Banana, Carrots, , FF or 1% Choc. or White Milk	Apple Sauce, Corn, FF or 1% Choc. or White Milk	Pears, Garlic Broccoli, FF or 1% Choc. or White Milk
salad bar	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials	Breaded Chicken w/biscuit	Sweet & Sour Chicken /brown rice & 1oz roll	Cheese Ravioli(3) w/wg roll	Meat Sauce w/Rotini Noodles & Bread Stick	Popcorn Chicken Bowl w/1oz biscuit & Gravy
Hot sandwich & More	Bosco Cheese Sticks Spicy Chicken patty on bun French Toast/Meat	Cheeseburger w/bun Bosco Cheese Sticks Mini Corndogs(6)	Popcorn Chicken w/roll Bosco Cheese Sticks Ham & Cheese Flatbread	Mini corn dogs Bosco Cheese Sticks Meatball sub	Cheese steak Sub Bosco Cheese Sticks Chicken patty on bun
Wrap or salad	Ham & Turkey	Grilled Chicken	California Wrap	Turkey & Bacon	Turkey
Mexican	Meaty Nachos	Quesadilla	Meaty Nachos	Taco Stick	Soft shell Taco
Italian Pepperoni & cheese Specialty Pizza	Pepperoni Pizza Cheese Pizza Hawaiian Pizza	Pepperoni Pizza Cheese Pizza Meat lover Pizza	Pepperoni Pizza Cheese Pizza French Bread	Pepperoni Pizza Cheese Pizza Supreme Pizza	Cheese Pizza Pepperoni pizza Ham Stromboli
DAILY Fruit Vegetables other	Flavored Apple sauce Cup, Carrots, FF or 1% Choc. or White Milk	Mandarin Oranges, Far East Vegetables, FF or 1% Choc. or White Milk	Mixed Fruit, Green Beans, FF or 1% Choc. or White Milk	Peaches, Peas, FF or 1% Choc. or White Milk	Pears, Corn, FF or 1% Choc. or White Milk
salad bar	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit

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WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials	Beef Enchilada	Orange Chicken/Brown Rice & 1oz roll	Baked potato w/Chili & topping	Turkey Gravy w/ Biscuit	Pizza Totchos w/Bag of Tortillas
Hot sandwich & More	Sloppy Joe on Bun Popcorn Chicken w/biscuit Mini Corn Dog (6)	BBQ chicken w/bun Mozzarella Sticks(6) Popcorn Chicken w/biscuit	Cheeseburger w/bun Popcorn Chicken w/biscuit Mozzarella Sticks(6)	Mini Cheese Calzone(3) Popcorn Chicken w/biscuit Mozzarella Sticks(6)	Bosco cheese Sticks Popcorn Chicken w/roll Corndog on Stick
Wrap or salad	Ham & Turkey	Grilled Chicken	Vegetable Wrap	Turkey & Bacon	Turkey
Mexican	Meaty Nachos	Mini Quesadillas	Meaty Nachos	Beef Burrito	Meaty Nachos
premium Pepperoni & cheese Specialty Pizza	Pepperoni Pizza Cheese Pizza Ham Pizza	Pepperoni Pizza Cheese Pizza Pepperoni Stromboli	Pepperoni Pizza Cheese Pizza French Bread Pizza	Pepperoni Pizza Cheese Pizza Buffalo Chicken Pizza	Pepperoni Pizza Cheese Pizza Ham Stromboli
DAILY Fruit Vegetables other	Pineapple, Carrots, & FF or 1% Choc. or White Milk	Far East Vegetables, Mandarin Oranges, FF or 1% Choc. or White Milk	Diced Pear, California Blend, Pasta Salad, FF or 1% Choc. or White Milk	Peaches, Mashed Potatoes, FF or 1% Choc. or White Milk	Fruit , Broccoli , FF or 1% Choc. or White Milk
salad bar	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit	Fresh Romaine, Baby carrots, Cucumbers, Celery Sticks, Green Peppers, Chick Peas, Fresh Apples & Oranges & other seasonal fruit