



Shippensburg Area SD

Food Services Newsletter

Winter 2025



Mid-Atlantic Chartwells K12 Chef of the Year

We are all proud that SASD's Chef Manager, Matt Hoch, was awarded Chef of the Year for the Chartwell Mid-Atlantic region. This is an awesome accomplishment for Matt as he has only been at SASD for two years and has won the K12 title. It is not an easy achievement to be chosen for this honor. Matt has always been ready to help different districts within the corporation and eager to learn how to run programs like Discovery Kitchen. Multiple school districts nominated Matt for this award including SASD. We have all seen the quality in his love for the profession. He was also selected to be part of the Culinary Council during his first year with Chartwells. The Regional Chef saw his potential right away and asked him to help with Culinary Master Classes as well as corporate catering events. Matt has always gone above and beyond our expectations here at SASD. Being eager to improve the Food Service program with different menu choices, catering events and mentoring Food Service Staff, Matt is a real asset to our district. We are quite honored to have him as our Chef. Fabulous job Matt!



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chartwells
serving up happy & healthy

DISCOVERY KITCHEN FUN

Plant Power!

chartwells
Discovery
KITCHEN

Plant Power is a celebration of plant-based, fresh, seasonal and local fare. People often think that animal foods provide the best source of protein, but there's plenty of plants packed with protein as well. For example, a cup of edamame or lentils contain more protein than a glass of milk or a serving of chicken. In January, students will learn just how powerful some plants can be in terms of protein and nutrition, when compared to other foods. Through a variety of menu items and activities, students will explore how they and their families can incorporate more of these powerful foods into their regular diet.

Get ready to add a little power to your day!



plant power

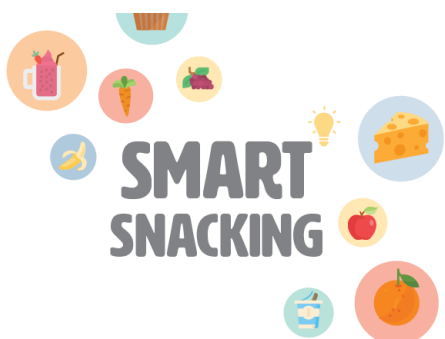


Discovery Kitchen @ Grace B Luhrs

The Students are always happy to see Chef when he comes to their cafeteria. They know they are in for a treat. Chef does his best to get to every elementary once a month to do these fun events. Always bringing them new things to try. We love to encourage the students and staff with fun and discovery with new foods that they might not get exposed to outside of school. We do our best to broaden their taste buds. You never know what exciting thing we will make for you next, so don't miss out on the adventure.

FUN DAYS COMING:

February Discovery Kitchen @
Elementary Schools



Student Choice @ Secondary
Schools. Vote on which Po'boy
you want added to the menu.



We wish everyone Happy
Holiday and a

