



Ancora<sup>TN</sup>

**Refuge.  
Support.  
Hope.**

## **YOUTH SERVICES**

AnocraTN provides FREE therapeutic and supportive services to youth identified or at risk of being trafficked.

### **Prevention**

For youth identified as high risk of exploitation or there is suspicion of human trafficking, prevention services include:

- Individual psychoeducational sessions around increasing safety and addressing risk factors
- Family support and education
- Crisis intervention and on scene response
- Assistance meeting basic needs

### **Case Management**

For youth identified as a victim of human trafficking, coordination of services include:

- Crisis intervention
- Transportation
- Emotional support
- Clothing/hygiene products
- Goal planning
- Advocacy in court
- Food boxes
- Safety planning
- Support groups
- Medical/psychiatric care
- Caregiver support

### **Therapy**

Using a holistic perspective designed to bring healing to victims of abuse to break the cycle of exploitation through:

- EMDR (Eye Movement Desensitization and Reprocessing Therapy)
- TF-CBT (Trauma Focused Cognitive Behavior Therapy)
- Motivational Interviewing
- Nature Therapy

**For referrals call (615)806-6899 ext.1 or  
submit a referral online at  
[ancoratn.org/services](https://ancoratn.org/services)  
For on-scene 24hr response contact  
(615)806-6899 ext. 2**



# Ancora<sup>TN</sup>

## OUR APPROACH

AncoraTN provides specialized case management and comprehensive aftercare for human trafficking survivors and tactically addresses the problem through advocacy, prevention, and training of front-line professionals.

[ancoratn.org/services](https://ancoratn.org/services)

Tennessee Human Trafficking Hotline  
(855) 558-6484  
or text "BeFree" to 233733