



JANUARY 2026

Heron Lake-Okabena Schools

Reminder: A simple ham (or turkey) sandwich will continue to be offered daily as an alternate entrée if the student requests.

Monday

Tuesday

Wednesday

Thursday

Friday

5
Mini Corn Dogs
Baked Beans
Veggie Bar/Fruit
Milk

6
Hamburger
French Fries
Veggie Bar/Fruit
Milk

7
Chicken Noodle Soup
Egg Salad or PB Sandwich
Veggie Bar/Fruit
Milk

1
NO SCHOOL

2
NO SCHOOL

12
Chicken Patty/Bun
Sweet Potato Fries
Veggie Bar/Fruit
Milk

13
Tator Tot Hotdish
Green Beans/Bread
Veggie Bar/Fruit
Milk

14
Rib B Que/Bun
Potato Wedges
Veggie Bar/Fruit
Milk

15
Chicken Veggie Lo Mein
(or Chow Mein)
Veggie Bar/Fruit
Milk

16
Shrimp Poppers
Baked Beans/Bread
Veggie Bar/Fruit
Milk

19
NO SCHOOL

20
Grilled Cheese
Tomato Soup
Veggie Bar/Fruit
Milk

21
Pulled Pork/Bun
Peas
Veggie Bar/Fruit
Milk

22
Potato Ole's
Corn/Bread
Veggie Bar/Fruit
Milk

23
BBQ/Bun
French Fries
Veggie Bar/Fruit
Milk

26
Cheese Pizza
Roasted Broccoli
Veggie Bar/Fruit
Milk

27
Chicken Noodle Hotdish
Peas/Bread
Veggie Bar/Fruit
Milk

28
Egg & Sausage Biscuit
Tator Tots
Veggie Bar/Fruit
Milk

29
Cheesy Chicken/Bun
Steamed Carrots
Veggie Bar/Fruit
Milk

30
Fish Sticks
Green Beans/Bread
Veggie Bar/Fruit
Milk

MENUS ARE SUBJECT TO CHANGE. [ANY CHANGE WILL BE POSTED AS SOON AS POSSIBLE OR ON THE DAY OF CHANGE.]

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER—See posted **Justice for All** notices for details.

Allergy Information: Meals may contain one or more of the following common ingredients: milk, eggs, soybeans, wheat, or tree nuts. Address any concerns/questions to the kitchen staff.