

December 2023 STARK COUNTY JUNIOR HIGH/HIGH SCHOOL MENU
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<p>Mashed Potatoes contain Sulfates and can cause Allergic Reactions.</p> <p>1% White and Chocolate, Strawberry Milk are offered at all meals.</p> <p>Ranch and French Dressings, Mustard, Ketchup Mayo, BBQ sauces are offered at Lunch.</p>	<p><b>Breakfast starts everyday at 7:30 a.m.</b></p> <p>Menu is Subject to Change</p>	<p>Breakfast is offered vs serve children must pick 3 of 4 items offered and one must be ½ cup fruit or juice. Lunch is also offer vs serve children must pick 3 out 5 items offered one must be ½ cup of fruit or veggies</p>		<p><b>1 Friday</b> WG Cereal, Biscuit, Sausage &amp; Gravy, Fruit, Juice</p> <p><b>WG Soft Shell Tortillas, Taco Meat, Shredded Cheese or Salad or Deli Sandwich, or Yogurt Meal</b> Refried Beans, Salsa, Romaine, Tropical Fruit, WG Churro, Fresh Fruit and Veggies</p>
<p><b>4 Monday</b> WG Cereal, WG Pigs in a Blanket, Syrup, Juice, Fruit</p> <p><b>WG Bun, BBQ Rib or Panini or Salad or Deli Sandwich or Yogurt Meal</b> Green Beans, Pineapple, Fresh Fruit and Veggies</p>	<p><b>5 Tuesday</b> WG Cereal, Donut, Fruit, Juice</p> <p><b>WG Roll, Sweet and Sour Chicken, or Salad or Deli Sandwich or Yogurt Meal,</b> Chicken Rice, Broccoli w/Cheese, Mandarin Oranges, Fresh Fruit and Veggies</p>	<p><b>6 Wednesday</b> WG Cereal, Cinnamon Roll, Juice, Fruit</p> <p><b>WG Mini Corn Dogs or Smoothie Meal or Deli Sandwich or Yogurt Meal or Salad</b> Baked Beans, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p><b>7 Thursday</b> WG Cereal, WG Bagel, Cream Cheese, Fruit, Juice</p> <p><b>Totchos (Tater Tot Nachos) Taco Meat, Queso Blanco, WG Chips, Cheese, Tater Tots or Salad or Deli Sandwich or Yogurt Meal,</b> Romaine, Peaches, Fresh Fruit and Veggies</p>	<p><b>8 Friday</b> WG Cereal, WG French Toast Sticks, Syrup, Fruit, Juice</p> <p><b>WG Pizza Crunchers or Yogurt Meal or Deli Sandwich or Salad</b> Marinara Sauce, Pears, Jello with Whip Topping Fresh Fruit and Veggies</p>

<p><b>11 Monday</b> WG Cereal, WG Breakfast Bar, Fruit, Juice</p> <p><b>WG Roll, WG Chicken Nuggets or Panini or Salad or Deli Sandwich or Yogurt Meal</b> Mashed Potatoes/Gravy, Mandarin Oranges, Fresh Fresh and Veggies</p>	<p><b>12 Tuesday</b> WG Cereal, WG PopTart, Fruit, Juice</p> <p><b>WG Bun, Hamburger, Cheese Slice, Yogurt Meal or Deli Sandwich or Salad</b> Green Beans, Peaches, Fresh Fruit and Veggies</p>	<p><b>13 Wednesday</b> WG Cereal, Biscuit, Sausage &amp; Gravy, Fruit, Juice</p> <p><b>WG Cheese Bites or Smoothie Meal or Yogurt Meal or Salad or Deli Sandwich</b> Marinara Sauce, Romaine, Cinnamon Applesauce, Fresh Fruit and Veggies</p>	<p><b>14 Thursday</b> WG Cereal, WG Waffles, Syrup, Fruit, Juice</p> <p><b>WG Pretzel with Cheese, Chicken Noodle Soup or Cheese Quesadilla or Yogurt Meal or Deli Sandwich or Salad</b> Carrots, Pears, Fresh Fruit and Veggies</p>	<p><b>15 Friday</b> WG Cereal, WG Breakfast Pizza, Fruit, Juice</p> <p><b>WG Chili Crispito, WG Chips or Salad or Yogurt Meal or Deli Sandwich</b> Refried Beans, Salsa, Tropical Fruit, Sidekick, Fresh Fruit and Veggies,</p>
<p><b>18 Monday</b> WG Cereal, WG Donut, Fruit, Juice</p> <p><b>WG Bun, Hot Dog or Chili Dog or Panini or Salad or Yogurt Meal or Deli Sandwich</b> Oven Fries, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p><b>19 Tuesday</b> WG Cereal, WG Pancake on a Stick, Syrup, Fruit, Juice</p> <p><b>WG Bun, WG Chicken Patty or Yogurt Meal or Salad or Deli Sandwich</b> Green Beans, Peaches, Fresh Fruit and Veggies</p>	<p><b>NO SCHOOL</b></p> <p><b>Winter Break</b> <b>December 20-January 7, 2024</b></p>	<p>ALLin</p> <p>Can't Stop Won't Stop</p> <p>Menu is Subject to Change</p> <p>A Plant Based Meal is offered Everyday.</p>	

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