# OCTOBER 2026

## INGRAM ELEMENTARY SCHOOL

BREAKFAST IN THE CLASSROOM

*MENUS ARE SUBJECT TO CHANGE







| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | | 1<br>YOGURT<br>CEREAL<br>FRUIT<br>JUICE BOX<br>MILK | 2<br>BANANA BREAD<br>FRUIT<br>JUICE BOX<br>MILK |
| 5<br>CEREAL<br>WG MUFFIN<br>FRUIT<br>JUICE BOX<br>MILK | 6<br>CEREAL BAR<br>GRAHAM CRACKERS<br>FRUIT<br>JUICE BOX<br>MILK | 7<br>WAFFLES<br>FRUIT<br>JUICE BOX<br>MILK | 8<br>PANCAKE SAUSAGE<br>FRUIT<br>JUICE BOX<br>MILK | 9<br>BANANA BREAD<br>FRUIT<br>JUICE BOX<br>MILK |
| 12<br>**Holiday** | 13<br>POPTART<br>GRAHAM CRACKERS<br>FRUIT<br>JUICE BOX<br>MILK | 14<br>PIG IN A BLANKET<br>FRUIT<br>JUICE BOX<br>MILK | 15<br>YOGURT<br>CEREAL<br>FRUIT<br>JUICE BOX<br>MILK | 16<br>BANANA BREAD<br>FRUIT<br>JUICE BOX<br>MILK |
| 19<br>CEREAL<br>WG MUFFIN<br>FRUIT<br>JUICE BOX<br>MILK | 20<br>CEREAL BAR<br>GRAHAM CRACKERS<br>FRUIT<br>JUICE BOX<br>MILK | 21<br>APPLE FRUDEL<br>FRUIT<br>JUICE BOX<br>MILK | 22<br>PANCAKE SAUSAGE<br>FRUIT<br>JUICE BOX<br>MILK | 23<br>BANANA BREAD<br>FRUIT<br>JUICE BOX<br>MILK |
| 26<br>CEREAL<br>WG MUFFIN<br>FRUIT<br>JUICE BOX<br>MILK | 27<br>POPTART<br>GRAHAM CRACKERS<br>FRUIT<br>JUICE BOX<br>MILK | 28<br>WAFFLES<br>FRUIT<br>JUICE BOX<br>MILK | 29<br>SAUSAGE CROISSANT<br>FRUIT<br>JUICE BOX<br>MILK | 30<br>**NO SCHOOL** |

**AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com