

HAPPY 🖊

## **Pinon Community School Food Service Department** Kindergarten Breakfast, Lunch and Snack Menu ( December 1st to 31st, 2024

| 12/02/24                                    | 12/03/24                       | 12/04/24                                  | 12/05/24                       | 12/06/24                 |
|---------------------------------------------|--------------------------------|-------------------------------------------|--------------------------------|--------------------------|
| Turkey Ham, Egg, & Cheese                   | Blueberry Muffin               | Whole Grain Toast                         | Pancake on a Stick             | Oatmeal w/ Brown Sugar   |
| Sandwich                                    | Assorted Yogurt                | Assorted Jelly                            | Syrup                          | Sausage Patty            |
| Banana Ripe                                 | Apple Slices                   | Cheesy Scrambled Eggs                     | Strawberry                     | Orange Smiles            |
| Mandarin Oranges                            | Mango Chunks                   | Grape Juice                               | Tropical Fruit Salad           | Sliced Peaches           |
| Assorted Milk                               | Assorted Milk                  | Watermelon                                | Assorted Milk                  | Assorted Milk            |
|                                             | ļ                              | Assorted Milk                             |                                |                          |
| Beef Soft Taco                              | Spaghetti w/ Meat Sauce        |                                           | Cheese Pizza                   | Macaroni & Cheese        |
| Tortilla Chips                              | WG Garlic Breadstick           | WG Fry Bread                              | Romaine Salad                  | Dinner Roll              |
| Mild Salsa                                  | Steamed Broccoli               | Potato Wedges                             | Lite Ranch Dressing            | Tater Tots               |
| Black Beans                                 | Fruited Jello                  | Celery Sticks                             | Baby Carrots                   | Broccoli Raisin Salad    |
| Apple Slice                                 | Assorted Milk                  | Orange Smiles                             | Diced Pears                    | Mixed Grapes             |
| Assorted Milk                               |                                | Assorted Milk                             | Assorted Milk                  | Assorted Milk            |
| WG Rice Krispie Treat                       | Mozzarella String Cheese       | Carrots & Celery Sticks                   | Fresh Fruit                    | Tortilla Chips           |
| Fresh Fruit                                 | Fruit Punch                    | Lite Ranch Dressing                       | Mozzarella String Cheese       | Mild Salsa               |
|                                             |                                | 1% Milk                                   |                                | Apple Juice              |
| 12/09/24                                    | 12/10/24                       | 12/11/24<br>Rumpkin Muffin Saugros        | 12/12/24<br>Raked Erench Teast | 12/13/24                 |
| Cream of Wheat                              | Western Omelette<br>Quesadilla | Pumpkin Muffin Squares<br>Assorted Yogurt | Baked French Toast             | WG Bagel<br>Cream Cheese |
| Whole Grain Toast                           | Mild Salsa                     | Orange Juice                              | Syrup<br>Pineapple Tidbits     | Grape Juice              |
| Assorted Jelly                              | Diced Peaches                  | Watermelon                                | Mixed Grapes                   | Apple Slices             |
| Apple Juice<br>Orange Smiles                | Cantaloupe                     | Assorted Milk                             | Assorted Milk                  | Assorted Milk            |
| Assorted Milk                               | Assorted Milk                  | Assorred                                  | Associated Time                | Asserted Tink            |
| BBQ Pork Sandwich                           | Chicken Fajitas                | Sloppy Joe                                | Riblet Sandwich                | Grilled Cheese           |
| Steamed Broccoli                            | Steamed Carrots                | Baked Beans                               | Seasoned Brown Rice            | Tomato Soup              |
| Celery Sticks                               | Romaine Salad                  | Rainbow Carrot Crunch                     | Steamed Corn                   | California Vegetables    |
| Hummus                                      | Lite Ranch Dressing            | Mango Chunks                              | Apple Fruit Salad              | Sliced Peaches           |
| Applesauce                                  | Mixed Melon                    | Assorted Milk                             | Assorted Milk                  | Assorted Milk            |
| Assorted Milk                               | Assorted Milk                  | Assorred Flink                            |                                | Assorted Plik            |
| Assorted Yogurt                             | Chocolate Caramel Chex         | Fresh Apple                               | Mozzarella String Cheese       | WG Strawberry Pop-Tart   |
| Blueberry Muffin                            | 1% Milk                        | Peanut Butter                             | Baby Carrots                   | 1% Milk                  |
| 12/16/24                                    | 12/17/24                       | 12/18/24                                  | 12/19/24                       | 12/20/24                 |
| Berry Pancake Squares                       | Blue Corn Mush                 | Whole Grain Toast                         | Zucchini Muffin                | French Toast Sticks      |
| Sausage Patty                               | Hard Boiled Egg                | Assorted Jelly                            | Assorted Yogurt                | Syrup                    |
| Fruit Cocktail                              | Grape Juice                    | Cheesy Scrambled Eggs                     | Orange Juice                   | Sausage Patty            |
| Banana                                      | Watermelon                     | Sliced Apricot                            | Cantaloupe                     | Pineapple Tidbits        |
| Assorted Milk                               | Assorted Milk                  | Blueberry                                 | Assorted Milk                  | Orange Smiles            |
|                                             |                                | Assorted Milk                             |                                | Assorted Milk            |
| Beef Chili with Beans                       | Bean & Cheese Burrito          | Cheeseburger                              | Pepperoni Pizza                | Mandarin Orange Chicken  |
| WG Cornbread                                | Lettuce & Tomato               | Ketchup/Mustard                           | Romaine Salad                  | Seasoned Brown Rice      |
| Celery Sticks                               | Garnish                        | French Fries                              | Lite Ranch Dressing            | Asian Vegetables         |
| Lite Ranch Dressing                         | Tortilla Chips                 | Broccoli Raisin Salad                     | Green Beans                    | Apple Slices             |
| Steamed Carrots                             | Mild Salsa                     | Orange Smiles                             | Tropical Fruit Salad           | Assorted Milk            |
| Grapes                                      | Black Beans                    | Assorted Milk                             | Assorted Milk                  |                          |
| Assorted Milk                               | Sidekicks                      |                                           |                                |                          |
|                                             | Assorted Milk                  |                                           |                                |                          |
| Fresh Fruit                                 | Scooby-Doo Crackers            | Mozzarella String Cheese                  | WG Rice Krispie Treat          | Carrots & Celery Sticks  |
| 1% Milk                                     | Chocolate Milk                 | Fruit Punch                               | 1% Milk                        | Peanut Butter            |
| 12/23/24                                    | -                              | -                                         | -                              | 01/03/25                 |
| WINTER December(Ní/ch'itsoh)<br>Great Winds |                                |                                           |                                |                          |



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