

K-8 Lunch Menu

(WCSD) K-8 Menu

SEPTEMBER 2025

Monday

1

No School Today

Tuesday

2

Chef Salad
CHICKEN TACO
Lettuce & Tomato
Vegetables Blend Orienta
REFRIED BEANS: canned
Pears
Fresh Fruit
Milk 1%
Milk Strawberry Fat Free
Milk Chocolate Fat Free

Wednesday

3

STUDENT CHOICE

Thursday

4

Chef Salad
Chicken Stir-Fry
Fried Rice
Vegetables Blend Orienta
PEACHES: canned,light syrup
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

Friday

5

Chef Salad
Spicy Chicken
Pizza Pepperoni
Curly Fries
Fried Rice
Vegetable Egg Roll
Vegetables Blend Orienta
Sliced Peaches
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

8

Chef Salad
Chicken Nuggets
Turkey Sandwich
Steamed Broccoli
Carrot Raisin Salad
Whole Wheat Roll
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

9

Chef Salad
CHICKEN TACO
Lettuce & Tomato
Vegetables Blend Orienta
REFRIED BEANS: canned
Pears
Fresh Fruit
Milk 1%
Milk Strawberry Fat Free
Milk Chocolate Fat Free

10

STUDENT CHOICE

11

Chef Salad
Chicken Stir-Fry
Fried Rice
Vegetable Egg Roll
Orange Glazed Carrots
Sliced Peaches
Fresh Fruit
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

12

Chef Salad
Pizza, Pepperoni Whole W
French Fries
BLACK-EYED PEAS:from dry,
boil
Carrot Sticks
Applesauce
Fresh Fruit
Milk 1%
Milk Strawberry Fat Free
Milk, Chocolate 1% TruMoo

15

Chef Salad
Hot Dog on a Bun
Hot Dog Chili
Baked Chips
Baked Beans
Lettuce & Tomato
Cole Slaw
Pineapple Tidbits
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

16

Chef Salad
CHICKEN TACO
French Fries
Carrot Sticks
Sliced Peaches
Fresh Fruit
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

17

Chef Salad
Chicken Stir-Fry
Fried Rice
Vegetables Blend Orienta
PEACHES: canned,light syrup
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

18

Chef Salad
BBQ Pork on Bun
Chicken Patty on Bun
Baked Chips
Baked Beans
Cole Slaw
Pineapple Tidbits
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Strawberry Fat Free
Milk, Chocolate 1% TruMoo

19

Chef Salad
Pizza Stick Pepperoni
French Fries
Tossed Salad
Applesauce
Fresh Fruit
Milk 1%
Milk Strawberry Fat Free
Milk, Chocolate 1% TruMoo

22

Chef Salad
Chicken Nuggets
French Fries
CARROTS: canned, cooked
Collard Greens
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

23

Chef Salad
CHICKEN TACO
French Fries
Carrot Sticks
Sliced Peaches
Fresh Fruit
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

24

STUDENT CHOICE

25

Chef Salad
Chicken Stir-Fry
Fried Rice
Vegetables Blend Orienta
PEACHES: canned,light syrup
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

26

Chef Salad
Pizza, Pepperoni Whole W
Popcorn Chicken
French Fries
Carrot Sticks
Applesauce
Fresh Fruit
Milk 1%
Milk Strawberry Fat Free
Milk, Chocolate 1% TruMoo

29

Chef Salad
Chicken Stir-Fry
Fried Rice
Vegetables Blend Orienta
PEACHES: canned, light syrup
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

30

Chef Salad
CHICKEN TACO
Lettuce & Tomato
Vegetables Blend Orienta
REFRIED BEANS: canned
Pears
Fresh Fruit
Milk 1%
Milk Strawberry Fat Free
Milk Chocolate Fat Free

