(WCSD) K-8 Menu

SEPTEMBER 2025 **Tuesday Monday** Wednesday **Thursday Friday** Chef Salad STUDENT CHOICE Chef Salad Chef Salad No School Today CHICKEN TACO Chicken Stir-Fry Spicy Chicken Lettuce & Tomato Fried Rice Pizza Pepperoni Vegetables Blend Orienta Vegetables Blend Orienta Curly Fries REFRIED BEANS: canned PEACHES: canned.light syrup Fried Rice Fresh Fruit Vegetable Egg Roll Pears Fresh Fruit Milk 1% Vegetables Blend Orienta Milk 1% Milk Vanilla Fat Free Sliced Peaches Milk Strawberry Fat Free Milk Strawberry Fat Free Fresh Fruit Milk Chocolate Fat Free Milk Chocolate Fat Free Milk 1% Milk Vanilla Fat Free Milk Chocolate Fat Free Milk Strawberry Fat Free 8 9 10 11 Chef Salad Chef Salad STUDENT CHOICE Chef Salad Chef Salad Chicken Nuggets **CHICKEN TACO** Chicken Stir-Fry Pizza, Pepperoni Whole W Turkey Sandwich Lettuce & Tomato Fried Rice French Fries Steamed Broccoli Vegetables Blend Orienta Vegetable Egg Roll BLACK-EYED PEAS:from dry, REFRIED BEANS: canned Orange Glazed Carrots Carrot Raisin Salad boil Whole Wheat Roll Pears Sliced Peaches Carrot Sticks Fruit Cocktail Fresh Fruit Fresh Fruit Applesauce Fresh Fruit Milk 1% Milk 1% Fresh Fruit Milk Strawberry Fat Free Milk 1% Milk Chocolate Fat Free Milk 1% Milk Chocolate Fat Free Milk Chocolate Fat Free Milk Strawberry Fat Free Milk Strawberry Fat Free Milk Strawberry Fat Free Milk, Chocolate 1% TruMoo 16 17 18 15 19 Chef Salad Chef Salad Chef Salad Chef Salad Chef Salad Hot Dog on a Bun CHICKEN TACO Chicken Stir-Fry BBQ Pork on Bun Pizza Stick Pepperoni Hot Dog Chili French Fries Fried Rice Chicken Patty on Bun French Fries Baked Chips Carrot Sticks Vegetables Blend Orienta Baked Chips Tossed Salad **Baked Beans** Sliced Peaches PEACHES: canned, light syrup Baked Beans Applesauce Fresh Fruit Fresh Fruit Fresh Fruit Lettuce & Tomato Cole Slaw Cole Slaw Milk 1% Milk 1% Pineapple Tidbits Milk 1% Pineapple Tidbits Milk Chocolate Fat Free Milk Vanilla Fat Free Fruit Cocktail Milk Strawberry Fat Free Milk Strawberry Fat Free Milk Strawberry Fat Free Fresh Fruit Fresh Fruit Milk, Chocolate 1% TruMoo Milk 1% Milk Chocolate Fat Free Milk 1% Milk Vanilla Fat Free Milk Strawberry Fat Free Milk Strawberry Fat Free Milk, Chocolate 1% TruMoo Milk Chocolate Fat Free 22 23 24 25 STUDENT CHOICE Chef Salad

Chef Salad Chicken Nuggets French Fries CARROTS: canned, cooked Collard Greens Fruit Cocktail Fresh Fruit Milk 1% Milk Vanilla Fat Free Milk Strawberry Fat Free

Milk Chocolate Fat Free

Chef Salad CHICKEN TACO French Fries Carrot Sticks Sliced Peaches Fresh Fruit Milk 1% Milk Chocolate Fat Free Milk Strawberry Fat Free

Chicken Stir-Fry Fried Rice Vegetables Blend Orienta PEACHES: canned, light syrup Fresh Fruit Milk 1% Milk Vanilla Fat Free Milk Strawberry Fat Free Milk Chocolate Fat Free

Chef Salad Pizza, Pepperoni Whole W Popcorn Chicken French Fries Carrot Sticks Applesauce Fresh Fruit Milk 1% Milk Strawberry Fat Free Milk, Chocolate 1% TruMoo

29 30 Chef Salad Chef Salad Chicken Stir-Fry CHICKEN TACO Fried Rice Lettuce & Tomato Vegetables Blend Orienta Vegetables Blend Orienta PEACHES: canned, light syrup Fresh Fruit REFRIED BEANS: canned Pears Milk 1% Fresh Fruit Milk Vanilla Fat Free Milk 1% Milk Strawberry Fat Free Milk Strawberry Fat Free Milk Chocolate Fat Free Milk Chocolate Fat Free