

SECONDARY OCTOBER 2025 NORTH ZULCH

A choice of milk and a Grab N' Go will be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables Garden Fresh Salad with Toppings Berries & Cream 1	Chicken Spaghetti with Breadstick or Choice of Pizza Green Beans Garden Fresh Salad with Toppings Strawberry Apple Sauce 2	Chili Dog or Cheese Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 3
	Quesadillas or Crispito Spanish Rice Pinto Beans Homemade Salsa Garden Fresh Salad with Toppings Fruit Cup 7	Country Bowl or Country Bucket Hot Roll Steamed Vegetables Garden Fresh Salad with Toppings Fruit Cup 8	No School 9	
Big Grilled Cheese or Macaroni & Cheese Choice of Chips Steamed Broccoli Carrot Dippers Fruit 6				Chili Dog or Cheese Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 3
No School 13		Beef or Chicken Nachos Refried Beans Spanish Rice Homemade Salsa Garden Fresh Salad with Toppings Orange Smiles 14	Steak Fingers or Chicken Nuggets Hot Roll Mashed Potatoes Roasted Vegetables Garden Fresh Salad with Toppings Peach Crisp 15	Chicken Parmesan with Garlic Bread or Choice of Pizza Steamed Vegetables Garden Fresh Salad with Toppings Fruit Cup 16
	Bacon Cheese Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 17			
Asian Bowl or Popcorn Chicken with Fried Rice Seasoned Vegetables Garden Fresh Salad with Toppings Fruit Salad 20	Soft or Crispy Tacos Shredded Lettuce Chopped Tomatoes Pinto Beans Spanish Rice Homemade Salsa Fruit Cup 21	Homemade Smothered Steaks or Chicken Strips Hot Roll Mashed Potatoes Steamed Vegetables Garden Fresh Salad with Toppings Fruit Cup 22	Ravioli in Marinara Sauce with Breadstick or Choice of Pizza Seasoned Vegetables Garden Fresh Salad with Toppings Fruit Dessert 23	BBQ Sub or Chicken Sandwich Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 24
Stuffed Baked Potato with Hot Roll or Cheese Sticks with Marinara Sauce Macaroni & Cheese Steamed Broccoli Garden Fresh Salad with Toppings Fruit Medley 27	Enrolladas or Crisпитos Pinto Beans Spanish Rice Homemade Salsa Garden Fresh Salad with Toppings Fruit Cup 28	Chicken Drumsticks or Boneless Wings Hot Roll Mashed Potatoes Seasoned Vegetables Garden Fresh Salad with Toppings Berries & Cream 29	Spaghetti with Meat Sauce and Garlic Toast or Choice of Pizza Seasoned Corn Garden Fresh Salad with Toppings Fruit Cup 30	Halloweenies or Mummy Dogs with Fried Spider Legs Goblin Greens Halloween Treat Fresh Fruit 31

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BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 10/1, 10/13 & 10/27	Breakfast Pizza	Eggs & Bacon with Toast	Pig in a Blanket	Biscuits & Gravy	Pancake Wrap
WEEK OF 10/6 & 10/20	Waffles	Eggs with Sausage & Toast	Breakfast on Bun	Banana Bread	Breakfast Taco

This institution is an equal opportunity provider.



What is a Ghost's favorite dessert?

ICE SCREAM!



What do you get when you drop a pumpkin?

SQUASH!

