

Adult Meal Price - \$4.75

Milk Offered Daily:  
Fat Free or 1%

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Now hiring Cafeteria Team Members.  
For more information, contact Denise Moschgat at 814-736-9636 ex1500 or [dmoschgat@mustangmail.org](mailto:dmoschgat@mustangmail.org)

**4**  
Deli Ham & Cheese on Pretzel Bun  
Mixed Vegetables  
Fresh Baby Carrots  
Mixed Fruit  
Craisins/Dried Strawberry Apple Slices  
Dragon Punch Juice  
Choice of Milk

**5**  
Hard Shell Tacos  
Mexican Street Corn  
Fresh Veggie Boat  
Whole Apple  
Craisins/Dried Strawberry Apple Slices  
Grape Juice  
Choice of Milk

**6**  
Philly Cheese Steak Sandwich  
Steamed Vegetables  
Fresh Sliced Green Peppers  
Mandarin Oranges  
Craisins/Dried Strawberry Apple Slices  
Cherry Star Juice  
Choice of Milk

**7**  
Chicken Puff Pastry with Garlic Knot  
Mashed Potatoes  
Pasta Salad  
Fresh Apple Slices  
Craisins/Dried Strawberry Apple Slices  
Fruit Punch Juice  
Choice of Milk

**8**  
Breaded Ravioli  
Steamed Carrots and Peas  
Broccoli Salad  
Diced Peaches  
Craisins/Dried Strawberry Apple Slices  
Sunset Sip Juice  
Choice of Milk

**11**  
Hot Dog on Bun with Soft Pretzel  
Baked Beans  
Fresh Sliced Celery  
Fresh Banana  
Craisins/Dried Apple Slices  
Dragon Punch Juice  
Choice of Milk

**12**  
Chicken Quesco Taco Bowl  
Mixed Vegetables  
Fresh Veggie Boat  
Applesauce Cup  
Craisins/Dried Apple Slices  
Grape Juice  
Choice of Milk

**13**  
Spaghetti with Meat Sauce  
Glazed Carrots  
Fresh Sliced Cucumbers  
Pineapple Chunks  
Craisins/Dried Apple Slices  
Cherry Star Juice  
Choice of Milk

**14**  
Sliced Ham with Dinner Roll  
Shredded Hash Browns with Cheese  
Pasta Salad  
Fresh Apple Slices  
Craisins/Dried Apple Slices  
Fruit Punch Juice  
Choice of Milk  
Chocolate Scooter Crunch

**15**  
Tomato Soup with Toasted Cheese Sandwich  
Steamed Corn  
Cucumber/Tomato Salad  
Diced Peas  
Craisins/Dried Apple Slices  
Sunset Sip Juice  
Choice of Milk

**18**  
Chicken Patty on Bun  
Spiral Fries  
Fresh Baby Carrots  
Mixed Fruit  
Craisins/Dried Strawberry Apple Slices  
Dragon Punch Juice  
Choice of Milk

**19**  
Chicken and Cheese Quesadilla  
Steamed Peas  
Fresh Veggie Boat  
Whole Apple  
Craisins/Dried Strawberry Apple Slices  
Grape Juice  
Choice of Milk  
Vanilla Pudding

**20**  
Popcorn Shrimp with Three Cheese Cavatappi Pasta  
Steamed Vegetables  
Fresh Broccoli  
Mandarin Oranges  
Craisins/Dried Strawberry Apple Slices  
Cherry Star Juice  
Choice of Milk

**21**  
Mustang Hoagie  
Steamed Green Beans  
Pasta Salad  
Fresh Apple Slices  
Craisins/Dried Strawberry Apple Slices  
Fruit Punch Juice  
Choice of Milk

**22**  
Breaded Mozzarella Sticks  
Mixed Vegetables  
Broccoli Salad  
Diced Peaches  
Craisins/Dried Strawberry Apple Slices  
Sunset Sip Juice  
Choice of Milk  
**EARLY DISMISSAL**

**25**  
Chicken Nugget with Garlic Breadstick  
Emoticon Fries  
Fresh Sliced Celery  
Fresh Banana  
Craisins/Dried Apple Slices  
Dragon Punch Juice  
Choice of Milk

**26**  
Taco Dip with Tostitos  
Steamed Corn  
Fresh Veggie Boat  
Applesauce Cup  
Craisins/Dried Apple Slices  
Grape Juice  
Choice of Milk

**27**  
Orange Chicken with Vegetable Fried Rice  
Steamed Broccoli  
Fresh Sliced Red Peppers  
Pineapple Chunks  
Craisins/Dried Apple Slices  
Cherry Star Juice  
Choice of Milk

**28**  
Deli Turkey & Cheese Croissant  
Sweet Potato Fries  
Pasta Salad  
Fresh Apple Slices  
Craisins/Dried Apple Slices  
Fruit Punch Juice  
Choice of Milk  
**EARLY DISMISSAL**

**29**  
**No School**  


To qualify as a free lunch, **students must take 3 (minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements  
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:  
<https://www.schoolcafe.com/PortageASD>