



# WADENA-DEER CREEK CLASSROOM AND HEADSTART MENU

## DECEMBER BREAKFAST AND LUNCH MENU

**Students eat FREE!**



1%, and fat free milk choices offered with each meal daily. Lactose free milk is available with written request from parents

| Monday                                                                                                                | Tuesday                                                                                                                                   | Wednesday                                                                                                                                 | Thursday                                                                                                                      |
|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| <b>1 Cereal, fruit</b><br>½ Hot Ham (1 oz M/MA equiv.) and cheese(1/2oz) on ½ pretzel bun, 1/4c Fruit, 1/4c vegetable | <b>2 Pancakes, syrup fruit</b><br>1 Chicken drumstick, 1/2 biscuit & honey, 1/4c Fruit, 1/4c vegetable                                    | <b>3 Cheese omelet, toast, jelly, fruit</b><br>1/3c Spaghetti with 1/3c meat sauce, Garlic toast, 1/4c Fruit, 1/4c vegetable              | <b>4 French toast sticks, syrup, fruit</b><br>2 Breaded chicken tenders, dipping sauce, 1/4c Fruit, 1/4c vegetable            |
| <b>8 Cereal, fruit</b><br>Hot dog/bun, ketchup, mustard, 1/4c Fruit, 1/4c vegetable                                   | <b>9 Pancakes, syrup, fruit</b><br>Walking taco: 2oz taco meat, 1/2oz cheese, 1 oz tortilla chips, taco sauce, 1/4c Fruit, 1/4c vegetable | <b>10 1 Cheese omelet, toast, jelly, fruit</b><br>1/3c Orange chicken & 1/2c rice, 1/4c Fruit, 1/4c vegetable                             | <b>11 French toast sticks, syrup, fruit</b><br>4 Chicken nuggets, dipping sauce ½ Dinner roll, 1/4c Fruit, 1/4c vegetable     |
| <b>15 Cereal, fruit</b><br>Bosco sticks, 2 oz marinara sauce, 1/4c Fruit                                              | <b>16 Pancakes, syrup, fruit</b><br>1/3c Pulled pork/bun, 1/4c Fruit, 1/4c vegetable                                                      | <b>17 Cheese omelet, toast, jelly, fruit</b><br>Cheese quesadilla, 1/4c Fruit, 1/4c vegetable                                             | <b>18 French toast sticks, syrup, fruit</b><br>1/3c Turkey in 2TB gravy, ½ dinner roll, 1/4c Fruit, 1/4c vegetable, dessert   |
| <b>22 COOKS' CHOICE BREAKFAST AND LUNCH</b>                                                                           | <b>23 COOKS' CHOICE BREAKFAST AND LUNCH</b>                                                                                               | <b>HAVE A SAFE AND ENJOYABLE HOLIDAY SEASON!</b><br> |  School resumes<br>Mon. January 6<br>2026 |

\*Menu is subject to change due to availability of items\*

**Questions? Comments? Call or email Sue Motzko Food Service Director 218-632-2396; [smotzko@wdc2155.k12.mn.us](mailto:smotzko@wdc2155.k12.mn.us)**

**This institution is an equal opportunity provider**