

# 2025 Verndale Community Education



## Summer Programs



Payments to the Verndale Public School can be  
made by cash or check.



Verndale Community Education  
411 SW Brown Street Verndale, MN 56481  
Contact: Ashley Hess [ahess@Verndaleschool.org](mailto:ahess@Verndaleschool.org)  
or 218-445-5184 ext. 302



# 2025 Verndale Summer Programs

Dear Parent/Guardian,

Verndale Community Education, with the support of the Verndale Lions and City of Verndale, will be offering summer programs for our area youth. The schedule will include various learning opportunities, a ball program, swimming lessons, childcare, camps, and a variety of other supervised activities. If you have any questions or concerns, please feel free to contact any of the listed program contacts or call the District Office at 445-5184. **FULL PAYMENT IS DUE BEFORE OR UPON THE START OF FIRST DAY (EXCEPT FOR PIRATE SUMMER FUN). NO REFUNDS WILL BE MADE AFTER A STUDENT HAS STARTED ANY PROGRAM.**

## Schedule and Fees:

A schedule of all activities and fees is included in this packet for your convenience. Any parent who is able to assist in any way is welcome to do so and is especially encouraged to be available on game days and field trip days. Our staff is responsible for notifying participants of any other events or changes to the schedule. In case of inclement weather, Summer Rec. may be held in the gym and Summer Pirate fun will be in session as usual.

Registrations are based on your child's grade for the 2025-2026 school year (unless otherwise specified).

Please have your students signed up for any of these programs by Monday, May 26th, 2025 (unless otherwise stated in program description).

If you have any questions, please contact the District Office at 218-445-5184.

## Summer Rec. Ball Teams

June 2nd - July 11th

9:00 am - 12:00 pm

Summer Rec. is for students who are going into grades K - 8th grade. Cost is \$35.00 per child with a family cap of \$90.00 per family. There is a \$40.00 fee per student and no family cap for students who do not attend the Verndale School. See attachments for ball team rules, grade classifications, and schedule. Registration form for all grades is attached. There will be no Summer Rec. ball programs on Thursday, June 19th, and Friday, July 4th. Please make checks payable to Verndale Public School.

Contact: Dan Johnson, [djohnson@verndaleschool.org](mailto:djohnson@verndaleschool.org) or 445-5184 ext. 152

## **Summer Food Program**

**May 27th - August 1st**

**A summer food program will be provided free of charge to anyone up to 18 years of age. It will be available from May 28th through August 1st. Serving time for breakfast will be from 8:45 am - 9:15 am. Serving time for lunch will be from 11:15 am - 12:30 pm. There will be no summer food program on Thursday, June 19th and Friday, July 4th. No registration needed.**

**Contact: Kelsea Desrocher, [kdesrocher@verndaleschool.org](mailto:kdesrocher@verndaleschool.org) or 445-5184 ext. 211**

## **Pirate Summer Fun**

**May 27th - August 1st**

**7:30 am - 5:00 pm**

**Welcome to Pirate Summer Fun through Verndale Public School! We are excited to continue to offer this service to our families. Pirate Summer Fun is a fee-based, summer program for students in PK-6th grade. The Pirate Summer Fun Care Program will operate Monday through Friday, beginning on May 28th through August 1st, from 7:30 am-5pm. (There will be no Pirate Summer Fun on Thursday, June 19th and Friday, July 4th.) The program will be staffed by school district personnel. A variety of supervised activities will be available including: outside recreation, computer lab, craft activities, etc. Pirate Summer Fun will run concurrently with the Summer Rec. program. If enrolled in Summer Rec., students will be released from activity areas five minutes before their practice starts. All enrolled students will be able to take part in the summer food program. The fee for Pirate Summer Fun will be \$15 for four hours or less, or \$25 for more than four hours. It is very important that children are picked up by 5:00 pm, therefore, there will be a \$5 per minute, per child, penalty rate charged after 5 pm. Invoices will be sent through JMC to be paid by the end of the month. The registration form is attached.**

## **Swimming Lessons**

**June 2nd - June 13th**

**3:00 pm - 4:00 pm**

**Staples Community Center**

**Swimming lessons will be available through the Staples Community Center for Levels 1-6. A sheet detailing each level is attached. Cost is \$45 per child. Call the Staples Community Center at the phone number below to register your child. Please inform them that you are signing up with the Verndale School. The last day to register is May 23rd. The cost includes transportation from the Verndale School. Buses will leave a half hour before lessons and return a half hour after. Payment should be returned to the District Office. Please make checks payable to Verndale Public School.**

**Contact: Staples Community Center 218-894-2553**

## **Sourdough Class**

**Saturday, July 19th**

**1:30 pm - 3:30 pm**

**VPS FACS Room**

**A hands on Intro to Sourdough Class. You'll get to make your own sourdough bread starter in class, learn how to mix your own dough, see a bread scoring demo and techniques, and take dough home to finish baking at home! We will go through the ins and outs of starting sourdough at home. You'll also go home with a freeze-dried sourdough starter along with a freshly baked loaf of bread. Coffee and snacks provided! The registration link is on the flyer attached to this packet. The cost is \$55 per person. There is a limit of 30 students. Please pay in the VPS Office. Checks can be made out to Verndale Public School.**

**Contact: Taylor Mellberg, [tmellberg@verndaleschool.org](mailto:tmellberg@verndaleschool.org)**

## **Wrestling Camp**

**June 3rd & 4th @ Parkers Prairie HS**

**Grades 7-12: 9:00 am - 12:00 pm**

**Girls Grades K-12 - 3:00 pm - 5:00 pm**

**Grades K-6: 1:00 pm - 3:00 pm**

**Come learn wrestling techniques and fundamentals at our summer wrestling camp! Experienced 5th/6th grade wrestlers are welcome to attend the 7-12 sessions. Early Registration cost is \$40 until May 30th, and Late Registration cost is \$60. Girls session only is free. Contact Coach Bill Wagner if you have any questions or concerns. Please make checks payable to PP Wrestling Boosters. Flyer is attached.**

**Contact: Bill Wagner, [bwagner@pp.k12.mn.us](mailto:bwagner@pp.k12.mn.us), or 320-760-5127**

**Please send registrations to: CO Bill Wagner, Parkers Prairie School, 518 South McCornell Parkers Prairie, MN 56361**

## **Summer Speech Camp**

**June 2nd - 5th**

**1:00 pm - 3:00 pm**

**WDC HS Robertson Theater**

**Are you curious about Speech? Do you love acting, creative writing, or debate? Or maybe you just want to improve your public speaking skills. Then the Summer Speech Camp is the place for you! This camp is open to students who attend Verndale Public School and Wadena School. No supplies needed - just bring yourself.**

**Contact: Renae Roth, [rroth@verndaleschool.org](mailto:rroth@verndaleschool.org)**

# **Summer Basketball Practice**

**June 2nd - June 27th Mondays & Wednesdays**

**9-12 Grade Girls and Boys - 8:00 am - 9:00 am**

**3-5 Girls & 3-4 Boys - 9:00 am - 9:40 am**

**6-8 Girls & 5-8 Boys - 9:50 am - 10:50 am**

**Athletes will have an organized gym setting to develop both offensive and defensive fundamental skills, team concepts, and compete in individual and team contests. Come to improve your game and have fun doing it! Registration form is attached. Practice for Wednesday, June 4th will be held on Thursday, June 5th.**

**Contact: Sam Schmitz, [sschmitz@verndaleschool.org](mailto:sschmitz@verndaleschool.org) or 218-445-5184 ext.283  
Greg Johnson, [gjohnson@verndaleschool.org](mailto:gjohnson@verndaleschool.org) or 218-445-5184 ext. 308**



Pirate  
Summer Fun  
Information  
&  
Registration



## Pirate Summer Fun Summer 2025 Registration



### Enrollment Policies for Pirate Summer Fun

Welcome to Pirate Summer Fun, through Verndale Public School. We are excited to continue to offer this service to our families. Pirate Summer Fun is a fee-based, summer program for school age children with birth dates between **9/1/2020- 9/1/2012**. **The Pirate Summer Fun Care Program will operate Monday through Friday, beginning on May 27th through August 1, from 7:30 am-5pm. (There will be no Pirate Summer Fun on June 19th or July 4th.)** The program will be staffed by school district personnel. A variety of supervised activities will be available including: outside recreation, computer lab, craft activities, etc. Pirate Summer Fun will run concurrently with the summer rec program. If enrolled in summer rec, students will be released from activity areas five minutes before their practice starts. All enrolled students will be able to take part in the summer food program. **The fee for the Pirate Summer Fun, will be \$15 for four hours or less, or \$25 for more than four hours. It is very important that children are picked up by 5:00 pm, therefore, there will be a \$5 per minute, per child, penalty rate charged after 5 pm.** Invoices will be sent through JMC, to be paid by the end of the month.

#### Program Goals:

- To assure parents/guardians that their children will be in a safe and healthy environment where staff will strive to meet emotional, social, and physical needs.
- To promote respect for self and others, while responsibilities and social skills are both enhanced and encouraged.

To support a caring staff who show genuine respect for the children, have confidence in each child's potential, and seek to promote the self-esteem of each child.

First Date of Care Requested: \_\_\_\_\_

**Child Information:** school age children with birth dates between **9/1/2020- 9/1/2012**

1. Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_
2. Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_
3. Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_
4. Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

#### **Parent 1 Information:**

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

#### **Parent 2 Information:**

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

**Child Lives With:** (Please circle)

Both Parents

Mother

Father

Guardians

Other

**Emergency Contacts if Parents are not available:**

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**Person(s) primarily to pick up your child(ren):**

\_\_\_\_\_

**Person(s) who cannot pick up child:**

\_\_\_\_\_

**Pertinent Medical Information/Allergies:**

\_\_\_\_\_

\_\_\_\_\_

**Tell us a little about your child: (likes/dislikes, etc)**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Please fill out the form below and attached.**

Child (family) Name: \_\_\_\_\_

Please circle the day(s) your child(ren) will attend Pirate Summer Fun:

Monday Tuesday Wednesday Thursday Friday

Please indicate the hours your child(ren) will attend: \_\_\_\_\_

Please initial:

\_\_\_\_\_ I have completed all forms for Pirate Summer Fun

\_\_\_\_\_ I agree to pay \$25 per day, or \$15 per day if 4 hours or less.

May 27th - June 30th care invoice due by July 31st, 2025

July 3rd - August 1st care invoice due by August 31st, 2025

\_\_\_\_\_ I agree to pay the \$5 per minute penalty if my child is not picked up by 5 pm.

\_\_\_\_\_ In the event that my child listed above is injured and requires medical attention, Pirate Summer Fun may utilize emergency services.

\_\_\_\_\_ Administration/Pirate Care staff reserve the right to immediately remove or suspend services to a student from the program at any time, who poses a continuing danger to property or person(s).

I understand that the Verndale School/Pirate Summer Fun Program cannot be held responsible for unforeseen circumstances or events that may occur during this time. While Pirate Summer Fun strives to provide accurate information, I understand that staff will use their best judgment and training in providing a safe experience for all the participating students while leading such activities. I understand that if there are repeated violations to the expectation outlined in the policies above, the district may revoke childcare services.

\_\_\_\_\_  
Print Name Parent/Guardian

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# 2025 Verndale Public School Summer Rec Ball Teams Registration Form

Cost is \$35.00 per child for those attending Verndale School, with a family cap of \$90.00. Fee includes a Summer Rec T-Shirt. There will also be a charge of \$40.00 per student who does not attend the Verndale School. There is no family cap for those who do not attend Verndale School. See attachments for ball team rules and classifications. Caps (green) and Visors (black) are also available for \$12.00 each.

1st Student: \_\_\_\_\_ League: \_\_\_\_\_ \$ \_\_\_\_\_

T-shirt size: Youth Small – Youth Medium – Youth Large - Adult Small – Adult Medium (circle correct size)

Summer Rec Visor \_\_\_\_\_ Cap (green) \_\_\_\_\_ (please indicate how many you would like in the blank)

2nd Student: \_\_\_\_\_ League: \_\_\_\_\_ \$ \_\_\_\_\_

T-shirt size: Youth Small – Youth Medium – Youth Large - Adult Small – Adult Medium (circle correct size)

Summer Rec Visor \_\_\_\_\_ Cap (green) \_\_\_\_\_ (please indicate how many you would like in the blank)

3rd Student: \_\_\_\_\_ League: \_\_\_\_\_ \$ \_\_\_\_\_

T-shirt size: Youth Small – Youth Medium – Youth Large - Adult Small – Adult Medium (circle correct size)

Summer Rec Visor \_\_\_\_\_ Cap (green) \_\_\_\_\_ (please indicate how many you would like in the blank)

4th Student: \_\_\_\_\_ League: \_\_\_\_\_ \$ \_\_\_\_\_

T-shirt size: Youth Small – Youth Medium – Youth Large - Adult Small – Adult Medium (circle correct size)

Summer Rec Visor \_\_\_\_\_ Cap (green) \_\_\_\_\_ (please indicate how many you would like in the blank)

Total number of visors/caps \_\_\_\_\_ x \$12.00 \$ \_\_\_\_\_

**Summer Rec Grand Total: \$ \_\_\_\_\_**

Parent/Guardian Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Any Student medical conditions/comments that staff will need to know about: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

# Summer Rec Rules

## 8:30 game start time

**Students going into grades K-2 are T-Ball.**

**Students going into grades 3 & 4 are on the Juniors team.**

**Students going into grades 5 & 6 are on the Minors team.**

**Students going into grades 7 & 8 are on the Majors team.**

### **Girls Junior League - 3rd and 4th grades for 2024**

- 5 inning games or no inning starts after 45 minutes
- 10 batters or 3 outs
- Runners cannot lead off until the ball has been hit
- 60 ft. bases
- 10 players with 4 outfielders
- 11" softball

### **Girls Minor League - 5th and 6th grades for 2024**

- 5 inning games or no inning starts after 45 minutes
- 10 batters or 3 outs
- Runners cannot lead off until the ball has been hit
- 60 ft. bases
- 10 players with 4 outfielders
- 11" softball

### **Girls Major League - 7th and 8th grades for 2024**

- 5 inning games or no inning starts after 75 minutes
- Batter will start with 1-1 count
- Can steal 2nd and 3rd base after the pitch is released
- 5 run maximum per inning
- Coach will come in and pitch on a walk
  - Batter will go back to 1 strike
  - No stealing or leading off on coach pitch
- 60 ft bases, 40 ft pitching distance
- 10 players with 4 outfielders
- Batter is out on a dropped 3rd strike
- Metal cleats are allowed

### **Boys Junior League - 3rd and 4th grades for 2024**

- 5 inning games or no inning starts after 45 minutes
- 10 batter or 3 outs
- Runners cannot lead off until the ball has been hit
- 60 ft bases, 40 ft pitching distance

- 10 players with 4 outfielders

#### **Boys Minor League - 5th and 6th grades for 2024**

- 5 inning games or no inning starts after 75 minutes
- Batter will start with 1-1 count
- Can steal 2nd and 3rd base after pitch crosses home plate
- 5 run maximum per inning
- Coach will come in and pitch on a walk
  - Batter will go back to 1 strike
  - No stealing on coach pitch
- 60 ft bases, 54 ft pitching distance
- 10 players with 4 outfielders
- Batter is out on a dropped 3rd strike
- Metal cleats are allowed

#### **Boys Major League - 7th and 8th grades for 2024**

- 5 inning games or no inning starts after 75 minutes
- Batter will start with 1-1 count
- Can steal 2nd and 3rd base after ball crosses home plate
- 5 run maximum per inning
- 60 ft bases, 54 ft pitching distance
- 10 players with 4 outfielders
- Batter is out on a dropped 3rd strike
- Metal cleats are allowed

# June 2025 Verndale Summer Rec

June 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>3</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>4</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>5</b> Game Day- No Tee-Ball 8:30- Game W/Bertha-Hewitt Both Juniors and Boys Minors play right away followed by the other teams. Times will vary based on when other games end.	<b>6</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>7</b>
<b>8</b>	<b>9</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>10</b> Game Day- No Tee-Ball 8:30- Game@Madena, bus leaves at 7:45. Both Juniors and Boys Minors play right away followed by the other teams. Times will vary based on when other games end.	<b>11</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>12</b> Game Day- No Tee-Ball 8:30- Game@ Parkers Prairie, bus leaves at 7:15 Both Juniors and Boys Minors play right away followed by the other teams. Times will vary based on when other games end.	<b>13</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>14</b>
<b>15</b>	<b>16</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>17</b> Game Day- No Tee-Ball 8:30- Game W/Battle Lake Both Juniors and Boys Minors play right away followed by the other teams. Times will vary based on when other games end.	<b>18</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>19</b> No Summer Rec	<b>20</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>21</b>
<b>22</b>	<b>23</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>24</b> Game Day- No Tee-Ball 8:30- Game@Hemming, bus leaves at 7:30 Both Juniors and Boys Minors play right away followed by the other teams. Times will vary based on when other games end.	<b>25</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>26</b> Game Day- No Tee-Ball 8:30- Game W/WDC 2 Both Juniors and Boys Minors play right away followed by the other teams. Times will vary based on when other games end.	<b>27</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>28</b>
<b>29</b>	<b>30</b> 9:00-9:45 – Tee Ball 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>Students going into K-2 grade are T-Ball</b> <b>Students going into grades 3 &amp; 4 are the Juniors team</b> <b>Students going into grades 5 &amp; 6 are the Minors team</b> <b>Students going into grades 7&amp; 8 are the Majors team</b>				

# July 2025 Verndale Summer Rec

July 2025							Aug 2025 ▶
◀ Jun 2025	Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> Game Day- No Tee-Ball 8:30-Game W/NYM Both Juniors and Boys Minors play right away followed by the other teams. Times will vary based on when other games end.	<b>2</b> 9:00-9:45 – Tee Ball(Last Day) 9:45-11:00 – Practice for softball and baseball Juniors 11:00-12:00- Practice for softball and baseball Minors and Majors	<b>3</b> Game Day- No Tee-Ball 8:30-Game @Bertha-Hewitt, bus leaves at 7:45 Both Juniors and Boys Minors play right away followed by the other teams. Times will vary based on when other games end.	<b>4</b> Indep. Day <b>No Summer Rec</b>	<b>5</b>
<b>6</b> Tournament Week	<b>7</b> Girls Junior League Tournament in Wadena, Games will start at 8:30, bus leaves at 7:45 Boys Junior League Tournament in NYM, Games will start at 8:30, bus leaves at 7:30. Minor and Major practice times TBD	<b>8</b> Girls Minor League Tournament in Henning, Games will start at 8:30, bus leaves at 7:30 Boys Minor League Tournament in NYM, Games will start at 8:30, bus leaves at 7:30. Major practice times TBD	<b>9</b> Boys Major League Tournament in Wadena, bus leaves at 7:45 Girls Major practice time TBD	<b>10</b> Girls Major League Tournament in New York Mills, bus leaves at 7:30.	<b>11</b> Reserved for tournament make up days in case of rain. Once your team's tournament is over, you are done with Summer Rec for the summer/	<b>12</b>	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	Please join the Verndale Summer Rec Facebook page for updates and schedule changes during the season.		

# American Red Cross

## Learn to Swim Program

**Level 1:** **Must be at least 7 years old.** Submerge mouth, nose, and eyes. Blow bubbles through mouth and nose for at least 3 seconds. Open eyes underwater. Pick up submerged object held at arms' length. Front and back float with support at least 5 seconds. Change direction of travel. Roll from front to back and from back to front with support. Explore arm and hand movements with support. Alternating and simultaneous arm action. Alternating and simultaneous leg. Combined stroke on front and back with support. General and personal water safety.

**Level 2:** Submerge entire head at least 5 seconds. Bob at least five times. Pick up a submerged object. Front, back, and jellyfish floats. Front and back glides, unsupported. Change direction of travel on front or back, unsupported. Explore treading water in deep water. Finning and sculling arm action, 10 feet, unsupported. Combined arm and leg actions on front and back, 15 feet, unsupported. Swim on side alternating and simultaneous leg action, 5 feet, with support. General and personal water safety.

**Level 3:** Sitting and kneeling dive. Submerge and retrieve an object. Rhythmic breathing. Front and back glides with 2 kicks, Survival, front, and back floats. Change from vertical to horizontal position on front and back. Tread water for 30 seconds in deep water. Front and Back crawl and Elementary Backstroke at least 15 yards. Scissors and Frog Kick at least 15 yards. "HELP" and "Huddle" positions. General and personal water safety.

**Level 4:** Diving from compact or stride position. Swim underwater. Feet-first surface dive. Survival and back float, 1 minute. Open turns on front and back. Tread water using 3 kicks for 1 minute. Front, back crawl and Elementary Backstroke Kick at least 25 yards. Sidestroke, breaststroke and butterfly at least 15 yards. Throwing assist. General and personal water safety.

**Level 5:** Shallow dive. Swim underwater, 15 yards. Tuck and pike surface dives. Survival and back floats, 2 minutes. Flip turn on front and back. Tread water using 2 different kicks, 2 minutes. Front and back crawl, and Elementary Backstroke for 50 yards. Breaststroke, butterfly, and sidestroke, 25 yards. Survival swimming, 2 minutes. General and personal water safety.

**Level 6:** Front and back crawl, and Elementary Backstroke for 100 yards. Breaststroke, sidestroke, butterfly, 50 yards. Front and back flip turn. Breaststroke and butterfly turn. Review "HELP" and "Huddle" positions. Feet-first, pike, and tuck surface dives. Tread water with and without arms. Retrieve object from pool bottom. Survival and back float, five minutes. Survival swim, 10 minutes. Self-rescue techniques while clothed. Basic safety rules for open water.



**WILD**

**ABOUT**

**STREAM**

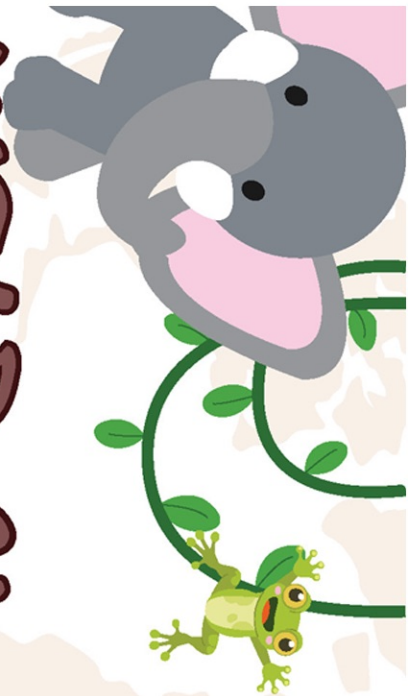
**FREE**

**GRADES 1-8**

**12:00 PM - 4:00 PM**

**JUNE 9, 10, 11, 12, 16, 17, 18, 20**

**Spend 7 days learning all about various  
animals through fun STREAM activities!**



# WILD About STREAM

Grades 1-8

June 9, 10, 11, 12, 16, 17, 18

12:00 pm - 4:00 pm

Spend 7 days learning all about various animals  
through fun STREAM activities!





# Summer Basketball

The 2025 Verndale Basketball gym sessions offer a firm foundation in skill development, team concepts, and motivation. Fundamental skills are the gateway to success on the basketball court. Come to improve your game and have fun while doing it.

- Athletes will
  - Compete in individual and team contests.
  - Develop both offensive and defensive fundamental skills such as:
    - Shooting
    - Scoring Moves
    - Games/Competitions



## Weekly Gym Groups

**Age/Grade Levels:** 3rd grade - 5th grade girls and 3rd-4th grade boys

**Dates:** Mondays and Wednesdays in June beginning June 2

**Times:** 9:00 - 9:40 am

**Age/Grade Levels:** 6th - 8th grade girls and 5th-8th grade boys

**Dates:** Mondays and Wednesdays in June beginning June 2

**Times:** 9:50 am - 10:50 am

**Age/Grade Levels:** 9th - 12th grade girls and boys

**Dates:** Mondays and Wednesdays in June & July beginning June 2

**Times:** 8:00 am - 9:00 am

**\*Practice for Wednesday, June 4th will be held on Thursday, June 5th**

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Any questions please contact Sam Schmitz or Greg Johnson @ 445-5184. To sign up, email [sschmitz@verndaleschool](mailto:sschmitz@verndaleschool) OR return the bottom portion of this form to your classroom teacher.

Camper's Name: \_\_\_\_\_

Grade Level (2025-2026): \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_

Parent/Guardian's Contact Phone Number: \_\_\_\_\_

# JORE VOLK

2024 NCAA D1 All-American

2024 Big 12 Champion

2022 U20 World Champion

3x Minnesota State Champion

Freestyle and Greco National Champion

5x Fargo All-American

## CONTACT

612-402-5808

jore@volk.net

## Dates/ Times

June 3<sup>rd</sup> and 4th

## @PARKERS PRAIRIE HIGH SCHOOL

Grades 7-12: 9:00a.m. - Noon

Lunch: Noon - 1:00p.m.

Grades K-6: 1:00p.m. - 3:00p.m.

K-12 Girls 3:00p.m. - 5p.m.

Experienced 5th/6th are welcome to attend the  
7-12 sessions

Session Times are the same both days.

## Pricing / Registration

Girls Session Only = FREE

Early Registration (Now until May 30) = \$40

Late Registration = \$60

Questions contact Bill Wagner

Email: [Bwagner@pp.k12.mn.us](mailto:Bwagner@pp.k12.mn.us)

Phone: 320-760-5127

Checks need to be made out to:  
PP Wrestling Boosters

Registrations need to be sent to  
CO Bill Wagner  
Parkers Prairie School  
518 South McCornell  
Parkers Prairie, MN 56361



June 2nd – 5th - 1:00  
PM – 3:00 PM  
Robertson Theater,  
Wadena-Deer Creek High  
School

OPEN TO WADENA & VERNDALE STUDENTS!  
CURIOUS ABOUT SPEECH? LOVE ACTING, CREATIVE WRITING,  
OR DEBATE? WANT TO BOOST YOUR PUBLIC SPEAKING SKILLS?  
THIS IS THE PERFECT CHANCE TO LEARN WHAT SPEECH IS ALL  
ABOUT IN A FUN, RELAXED SETTING—NO EXPERIENCE  
NECESSARY!

Current team members can begin  
picking scripts for next season  
No supplies needed – just bring  
yourself! (Optional: water bottle)



EXPLORE ALL SPEECH CATEGORIES  
PLAY SPEECH-RELATED GAMES  
NO PUBLIC PERFORMANCES—  
JUST LEARNING & FUN

HOSTED BY COACH RENAE ROTH  
QUESTIONS? EMAIL: [RROTH@VPS.VERNDALE.K12.MN.US](mailto:RROTH@VPS.VERNDALE.K12.MN.US)

# Sourdough Class

Come join us for a hands on Intro to Sourdough! You'll get to make your own sourdough bread starter in class, learn how to mix your own dough, see a bread scoring demo and techniques, and take dough home to finish baking at home! We will go through the ins and outs of starting sourdough at home. You'll also go home with a freeze-dried sourdough starter along with a freshly baked loaf of bread! Coffee and snacks provided! The cost is \$55 per person. There is a limit of 30 students. Please pay in the VPS Office. Checks can be made out to Verndale Public School.

Visit this link to register for the class: <https://docs.google.com/forms/d/e/1FAIpQLSfrwGyHGs7ANJppQSEoLmq0SE9h7zW6VZyu2J-DohMB2bCqLw/viewform?usp=sharing>

Please contact Taylor Mellberg with questions.  
[tmellberg@VerndaleSchool.org](mailto:tmellberg@VerndaleSchool.org)



Mellberg  
Makes

