

# September 2024 | EZZELL ISD



## Announcements:

CEREAL, MILK,  
FRUIT AND JUICE  
SERVED WITH  
BREAKFAST  
FRUIT AND MILK  
SERVED WITH  
LUNCH



REMEMBER TO  
TAKE THREE ITEMS  
ONE OF THEM  
NEEDS TO BE A  
FRUIT OR  
VEGETABLE  
MENU SUBJECT TO  
CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> LABOR DAY - NO SCHOOL!  GRANDPARENTS PLEASE JOIN US FOR BREAKFAST ON FRIDAY FROM 7:20 TO 7:50	<b>3</b> MUFFINS BAKED CHICKEN MASHED POTATOES GREEN BEANS ROLLS	<b>4</b> BREAKFAST TACO FAJITAS REFRIED BEANS LETT/TOM CHIPS/SALSA	<b>5</b> EGG SAUSAGE BISCUIT PULLED PORK SANDWICH FRENCH FRIES BEANS	<b>6</b> SAUSAGE ROLLS CORNDOGS BROCCOLI CARROTS CHIPS
<b>9</b> OATMEAL HAMBURGERS FRENCH FRIES BEANS	<b>10</b> BREAKFAST TACOS QUESADILLAS REFRIED BEANS CORN CHIPS/SALSA	<b>11</b> WAFFLES CHICKEN NUGGETS MASHED POTATOES GREEN BEANS ROLLS	<b>12</b> EGGS SAUSAGE BISCUITS PIZZA BROCCOLI CARROTS	<b>13</b>
<b>16</b> YOGURT SLOPPY JOE FRENCH FRIES BEANS	<b>17</b> BREAKFAST TACOS TACOS REFRIED BEANS LETT/TOM CHIPS/SALSA	<b>18</b> CINNAMON ROLLS POPCORN CHICKEN SALAD CUCUMBERS ROLLS	<b>19</b> EGGS SAUSAGE BISCUIT SPAGHETTI BROCCOLI CARROTS BREAD STICKS	<b>20</b>
<b>23</b> MUFFINS CHICKEN BURGERS TATER TOTS BEANS	<b>24</b> BREAKFAST TACOS TOSTADAS LETT/TOM CORN CHIPS/SALSA	<b>25</b> DONUTS CHICKEN TENDERS MASHED POTATOES GREEN BEANS ROLLS	<b>26</b> EGGS SAUSAGE TOAST GRILLED CHEESE SANDWICH BROCCOLI CARROTS CHIPS	<b>27</b>
<b>30</b> BISCUITS N GRAVY HAMBURGERS FRENCH FRIES BEANS				

## Watermelon

Season in Texas: May - October  
 Did you know?

You can eat the entire watermelon; some people make sweet pickles out of the rind



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

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 National School Lunch Program