

SEPTEMBER | 2025

BCMS-BMHS Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 NO SCHOOL	2 Breakfast Sandwich Spaghetti / Garlic Toast OR Chicken Cordon Blue Sliders Green Beans/ Ranch Potatoes Fruit Choice	3 Chicken Biscuit Chicken Wings N Roll OR Salad Bar- Line 3 Baked Potato Salad/ Cooked Carrots Fruit Choice	4 Breakfast Sandwich Chicken Sandwich OR Bosco Sticks Steamed Broccoli/ Baked Beans Fruit Choice	5 Chicken Minis Totally Taco OR Mean Green Burger Bar- Line 3 French Fries/ Pinto Beans Fruit Choice
8 Tornado Chicken Basket w/ Texas Toast OR Chicken Ceasar Wrap Fries/ Cali Blend Veggies Fruit Choice	9 Breakfast Sandwich Chicken Alfredo OR Salisbury Steak Green Beans/ Mashed Taters Roll Fruit Choice	10 Chicken Biscuit Chicken N Waffles Hashbrown Casserole/ Cherry Maters Or Sub Bar w/ Chips- Line 3 Fruit Choice	11 Cinnamon Roll Pizza OR BBQ Nachos Corn/ Side Salad Fruit Choice	12 Chicken Minis Corndog Or Mean Green Burger Bar- Line 3 French Fries/ Baked Beans Fruit Choice
15 Tornado Loaded Spud w/ Roll OR Yogurt Parfait Bar Fresh Veggies Fruit Choice	16 Breakfast Sandwich Beef Stroganoff / Garlic Toast OR Crispito w/ Cheese Corn on Cob/ Steamed Broccoli Fruit Choice	17 Chicken Biscuit Chicken Wings N Roll OR Salad Bar- Line 3 Mac N Cheese/ Fresh Veggies Fruit Choice	18 Breakfast Sandwich Breakfast For LUNCH!!! Eggs, Bacon, Sausage Biscuits, Gravy Hashbrown Casserole, Cherry Maters Fruit Choice/ Juice	19 Chicken Minis Hot Dog OR Mean Green Burger Bar Assorted Chips/ Lima Beans Fruit Choice
22 Tornado Chicken Sandwich OR Bosco Sticks Baby Bakers/ Steamed Broccoli w/ Cheese Fruit Choice	23 Breakfast Sandwich Lasagna Rolls/ Garlic Toast OR NEW Bacon Chicken Wrap Side Salad/ Green Beans Fruit Choice	24 Chicken Biscuit Orange Chicken N Rice Stir Fry Veggies/ Eggroll/ Fresh Veggies Salad Bar- Line 3 Fruit Choice	25 Cinnamon Roll Pizza OR Bomber Nachos Corn/ Cole Slaw Fruit Choice	26 Chicken Minis BBQ Sandwich OR Mean Green Burger Bar French Fries/ Baked Beans Fruit Choice
29 Tornado Big Daddy Pizza Cali Blend/ Fresh Veggies Yogurt Parfait Bar Fruit Choice	30 Breakfast Sandwich Cheeseburger Mac OR KFC Bowl Corn/ Mashed Taters/ Fresh Veggies Roll Fruit Choice	1 <i>The hard truth:</i> If you want to get rid of cravings, you've got to get rid of sugar	2 EXERCISE IS KING. NUTRITION IS QUEEN. PUT THEM TOGETHER AND YOU'VE GOT A KINGDOM. ~Jack Lalanne	3

Alternate Breakfast Choices

M- Pop Tart/ Ch. Muffins
 T- Assorted Danishes
 W- Parfaits
 TH- Bagels
 F- Donuts

Introducing Mean
 Green Burger Bar on
 Fridays- Line 3
Super Snack
Free 3rd Meal
2:10pm. M-F

Don't forget-

- ✓ Put money into your account.
- ✓ Hey- You Gotta Grab and Fruit or Veggie.
- ✓ There are cold options too-
- ✓ Hug Lunch lady.
- ✓ Free Snack- M-TH, Closing Bel

Cold and Fresh Options

M- Protein Boxes
 T- Cold Outs/ Wraps
 W- Lunchables
 TH- Yogurt Combos
 F- Salads
 Cold Options may vary based on Inventory.

MENU IS SUBJECT TO CHANGE.