

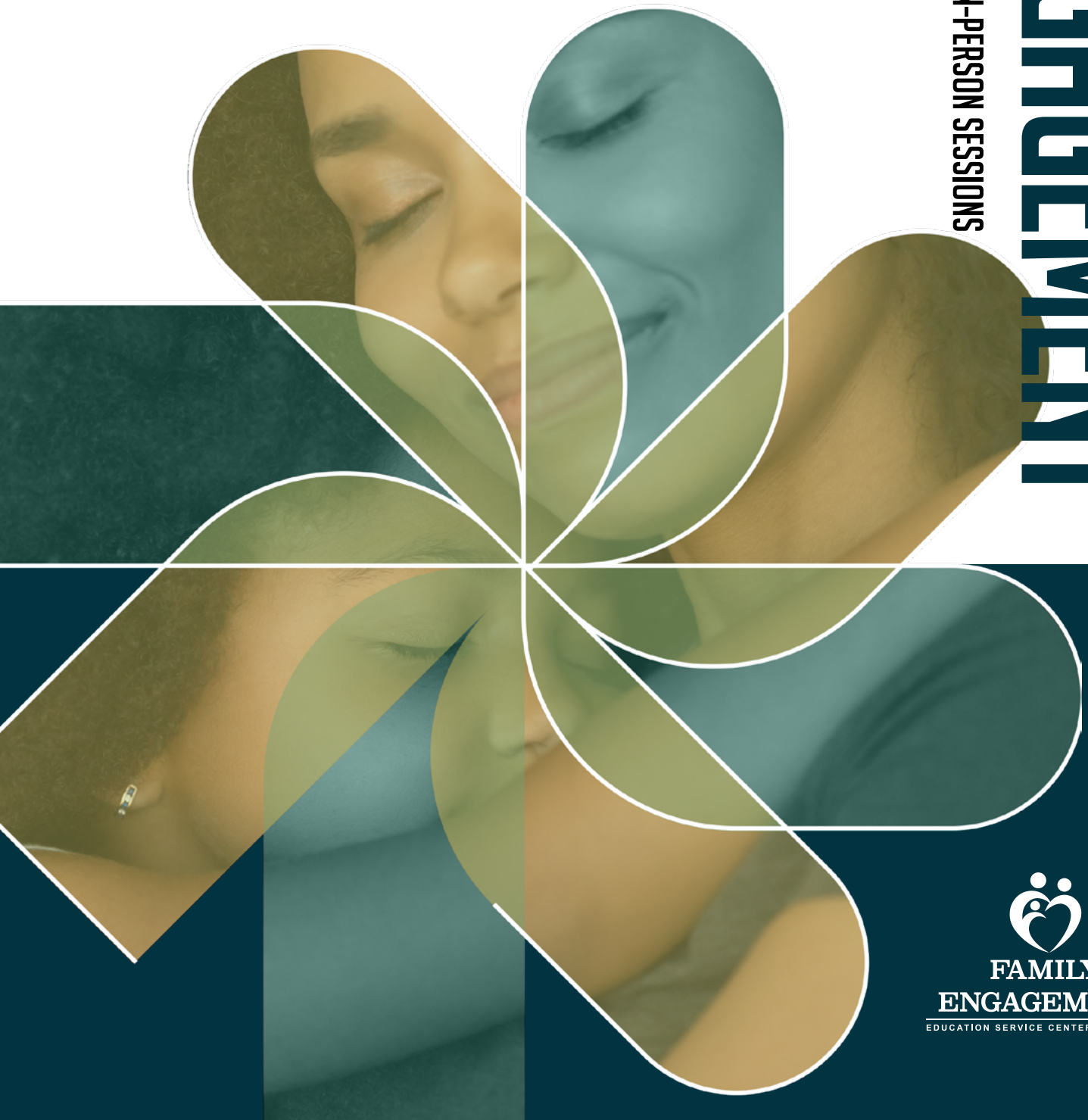
2022-2023

FREE TO  
PARENTS AND  
CAREGIVERS

# PARENT & FAMILY

# ENGAGEMENT

VIRTUAL & IN-PERSON SESSIONS



**FAMILY  
ENGAGEMENT**

EDUCATION SERVICE CENTER • REGION 20

# Mark your calendar to attend our Parent and Family Engagement trainings!

Please note: Children ages 0-17 are not allowed to attend parent trainings at ESC-20.

## Steps for registering for an ESC-20 Session

### Creating a New Account

1. Go to **www.esc20.net**.
2. From the homepage, select **Quick Links** to access **Connect20 Workshop Registration** (Fig 1).

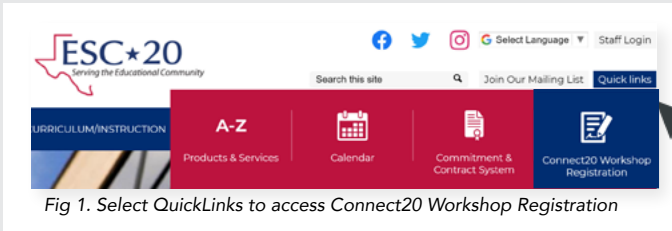


Fig 1. Select QuickLinks to access Connect20 Workshop Registration

3. Select **New Users-click here to create an account** (Fig 2).

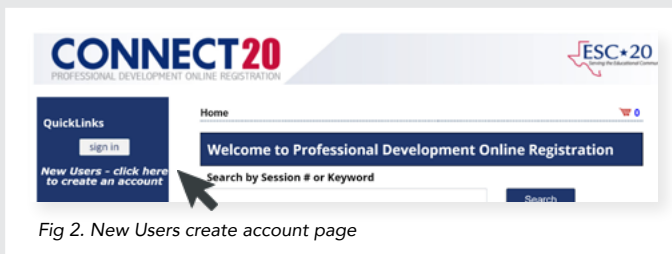


Fig 2. New Users create account page

4. Enter your information and click **Save Record**.
5. Once the account has been created, you can log back in using your email and password.
6. Type the session ID# in the search box. Follow steps to register (Fig 3). For help with your account, call **Registration** at (210) 370-5671, 8:00 a.m. to 4:30 p.m.

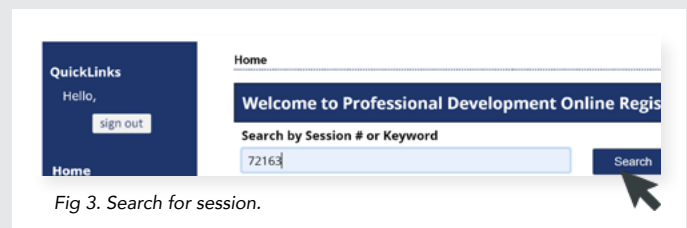


Fig 3. Search for session.

**Note:** Save your username (email address) and password used to create this account. Use this information to register for future sessions.

### Register with an Existing Account

1. Go to **www.esc20.net**.
2. Click on the **Quick Links**; then click on **Connect20 Workshop Registration**.
3. Click on **Sign In**.
4. Type in session ID# in search box.
5. Follow steps to register. For help with your account, please call **Registration** at (210) 370-5671.

### Location

All of the sessions are free, and will be held either in person or virtually via Zoom.

In-person sessions will be held at:

Education Service Center, Region 20  
Frederick E. Maples, Jr. Conference Center, Building 6  
1314 Hines Ave., San Antonio, TX 78208

### Interpreter provided by request.

Call **210-370-5286** to request an interpreter at least 48 hours in advance.

### For information about a session, please contact:

Claudia Vargas, [Claudia.Vargas@esc20.net](mailto:Claudia.Vargas@esc20.net), 210-370-5286

# 2022-2023 SESSIONS SCHEDULE

Tuesday, September 13, 2022

9:00 a.m.--11:00 a.m.

## Family Engagement Network Meeting #1

Family Engagement Network Meetings are for any district or campus staff that work directly with families. The purpose of the Family Engagement Network Meetings are to provide training and support in areas to strengthen family-school partnerships. Community resources are shared along with hot topics and networking opportunities.

[Session ID# 82619](#)

Tuesday, September 13, 2022



9:00 a.m.--10:30 a.m.

## Syncing Interventions at Home and at School to Reinforce Behavior Expectations and Student Success

We will consider actionable steps to align behavior interventions at home and at school to increase student success and set the stage for them to engage in social, situational, and functionally appropriate behavior.

[Session ID# 83454](#)

Tuesday, September 20, 2022

9:00 a.m.--12:00 p.m.

## Title I PFE Requirement Series, Part 1 -Overview

By attending this training series\*, district and campus staff will be able to:

- define Parent and Family Engagement under ESSA, utilize research to understand its importance and benefits,
- identify district and school level PFE requirements under ESSA,
- identify allowable uses of Title I PFE funds,
- identify common monitoring trends focused on parent and community engagement,
- identify guiding principles in PFE, and
- explore resources focused on PFE.

*\*This training was developed by the Title I, Part A Parent & Family Engagement Statewide Initiative, ESC 16.*

[Session ID# 82626](#)

Wednesday, September 21, 2022

1:00 p.m.--3:00 p.m.

## Toilet Training Strategies

This one-session training will focus on multiple toilet training strategies that will be dependent on your child's strengths and needs. You will learn how to set up the environment, awareness of sensory challenges and strategies and how to positively reinforce your child. At the end of this training, you will receive a toolbox with visual aids and toilet training sensory tools. The class focus is on individuals with autism but these strategies are helpful to all children. The session will be presented by Rachel Vargas-Treviño from the Any Baby Can San Antonio organization.

[Session ID# 83456](#)

Thursday, September 22, 2022



9:00 a.m.--10:30 a.m.

## Because I Said So! Saying No in a Different Way

Come join us for a conversation about how to get more of the behaviors you want to see and less of the ones you don't. We will explore saying "no" in different ways to reduce conflict and increase positive behaviors with your child.

[Session ID# 83458](#)

Wednesday, September 28, 2022

9:00 a.m.--10:30 a.m.

## KidsSmartz/NetSmartz: Internet Safety Training

Learn the latest statistics, online resources, and expert tips to educate, engage, and empower children to be safer online and offline. Contains age appropriate tips, thought-provoking discussions, as well as candid, practical advice. This session will be presented by Meranda Soriano, Training Coordinator from the ChildSafe San Antonio organization.

[Session ID# 83462](#)

Tuesday, October 4, 2022

 Virtual

9:00 a.m.--10:30 a.m.

### **Shame, Blame, and More of the Same**

Let's discuss breaking unhealthy patterns of behavior and reinforcement. We will explore how our responses shape behavior and may lead to the exact result we are trying so hard to avoid. We will also challenge ourselves to mindfully choose to respond in a different way and gain a more desired outcome.

[Session ID# 83464](#)

Tuesday, October 11, 2022

9:00 a.m.--12:00 p.m.

### **Title I PFE Requirement Series, Part 2--Building Capacity**

By attending this training series\*, district and campus staff will be able to:

- define Parent and Family Engagement under ESSA, utilize research to understand its importance and benefits,
- identify district and school level PFE requirements under ESSA,
- identify allowable uses of Title I PFE funds,
- identify common monitoring trends focused on parent and community engagement,
- identify guiding principles in PFE, and
- explore resources focused on PFE.

*\*This training was developed by the Title I, Part A Parent & Family Engagement Statewide Initiative, ESC 16.*

[Session ID# 82626](#)

Wednesday, October 12, 2022

9:00 a.m.--10:30 a.m.

### **Suicide and Self-Harm**

For the past 20 years suicide and self harm have been on the increase. Unfortunately COVID-19 only exacerbated the problem. The goal of this class is to teach some of the triggers and pathologies of suicide and self harm. Participants will be equipped with the tools necessary to help those who are struggling. This session is brought to you by James Denning from The Denning Center.

[Session ID# 88116](#)

Tuesday, October 18, 2022

 Virtual

9:00 a.m.--11:00 a.m.

### **Special Education Basics**

Parents will learn basic information about special education including the history of special education laws, types of disabilities, the Admission Review and Dismissal process, and types of classroom supports. Parents will be provided with an overview of the essential components of the Special Education Process in schools.

[Session ID: 83469](#)

Wednesday, October 19, 2022

 Virtual

9:00 a.m.--10:30 a.m.

### **Syncing Interventions at Home and at School to Reinforce Behavior Expectations and Student Success**

We will consider actionable steps to align behavior interventions at home and at school to increase student success and set the stage for them to engage in social, situational, and functionally appropriate behavior.

[Session ID# 83470](#)

Thursday, October 20, 2022

9:00 a.m.--12:00 p.m.

### **The 7 Habits of Highly Successful Families, Part 1**

What does it mean to be a successful family? It's no secret that families today are in trouble. Do you want or need to learn more on how to make your family a successful one? Then this is the training for you! Stephen Covey's 7 Habits of Successful Families training offers a much-needed framework for applying universal, self-evident principles that enable family members to communicate their challenges and overcome them successfully together.

[Session ID# 83496](#)

Tuesday, October 25, 2022  
9:00 a.m.--11:00 a.m.

### **Packing Healthier Lunches**

This fun and festive class is for parents/caregivers interested in packing healthier more seasonal lunches for themselves and others. You will be treated with some tips, tricks, and resources. Don't be scared to join this "spooktacular sesh," especially if you enjoy recipes and the thrill of cooking. This session will be presented by Tracy West, Nutrition Education Coordinator, from the San Antonio Food Bank.

[Session ID# 88228](#)

Wednesday, October 26, 2022  
9:00 a.m.--10:30 a.m.



### **Because I Said So! Saying No in a Different Way**

Come join us for a conversation about how to get more of the behaviors you want to see and less of the ones you don't. We will explore saying "no" in different ways to reduce conflict and increase positive behaviors with your child.

[Session ID# 83497](#)

Tuesday, November 1, 2022  
9:00 a.m.--11:30 a.m.



### **Positive Behavior Supports for the Home**

Families and caregivers should consider using positive behavioral interventions and supports (PBIS) in their homes on a daily basis. It is especially helpful when events disrupt normal routines – events like worldwide health pandemics. This session will provide recommendations for families and caregivers on how to use PBIS to continue to support their students' social and emotional growth and minimize behavioral disruptions in the home.

[Session ID# 83805](#)

Wednesday, November 2, 2022  
9:00 a.m.--10:30 a.m.



### **Parent Technology Resources for Dyslexia**

The research is definitive regarding technology and instruction for students with dyslexia. When students have access to technology, their overall performance improves. Technology tools allow students with dyslexia to be equal participants in school-based learning experiences. Technology is not to take the place of direct and explicit instruction but when technology is successfully integrated we can build students up and allow them to work at their capability.

[Session ID# 83806](#)

Tuesday, November 8, 2022  
9:00 a.m.--12:00 p.m.

### **Early Childhood Simply STEM at Home**

In this training session, you will learn how to engage in the world of STEM with your child! We will Empower you to make family time fun by learning skills that will ENABLE our future to problem solve and become critical thinkers, using typical household items and gaining what STEM looks like in their schools.

[Session ID# 83814](#)

Thursday, November 10, 2022  
9:00 a.m.--11:00 a.m.



### **Multi-Tiered Systems of Support**

This session will provide parents with knowledge for working with the multi-tiered systems of support. MTSS is a framework that encompasses both academic (RTI) and behavioral (PBIS) support for all students. MTSS promotes collaboration between both general education and special education teachers. Schools use MTSS to identify students in need of additional support and provides these students with evidenced base interventions to reduce the academic and behavioral learning gaps. This training will give an overview of MTSS and the support it offers to students.

[Session ID# 88246](#)



Tuesday, November 15, 2022  
9:00 a.m.--11:00 a.m.

### Family Engagement Network Meeting #2

Family Engagement Network Meetings are for any district or campus staff that work directly with families. The purpose of the Family Engagement Network Meetings are to provide training and support in areas to strengthen family-school partnerships. Community resources are shared along with hot topics and networking opportunities.

[Session ID# 82619](#)

Wednesday, November 30, 2022  
9:00 a.m.--12:00 p.m.

### The 7 Habits of Successful Families, Part 2

What does it mean to be a successful family? It's no secret that families today are in trouble. Do you want or need to learn more on how to make your family a successful one? Then this is the training for you! Stephen Covey's 7 Habits of Successful Families training offers a much-needed framework for applying universal, self-evident principles that enable family members to communicate their challenges and overcome them successfully together.

[Session ID# 83496](#)

Thursday, December 1, 2022  
9:00 a.m.--11:00 a.m.



### Understanding the Individual Education Program (IEP) Goal Process

In this session, participants will review the required components in their child's special education Present Levels of Academic Achievement and Functional Performance (PLAAFP) statements and Individualized Education Program (IEP) Goals and discuss techniques for working with school personnel to develop appropriate programming for your child.

[Session ID# 83835](#)

Tuesday, December 6, 2022  
9:00 a.m.--11:00 a.m.



### Section 504 Basics

Parents will gain knowledge on how students qualify for Section 504 and the protections it offers students in public schools. The session will provide information on the origins of the Americans with Disabilities Act (ADA) and Section 504 and how they are used to protect students with disabilities from discrimination in schools. Section 504 requires that school districts provide a free appropriate public education to qualified students in their jurisdiction.

[Session ID# 83986](#)

Wednesday, December 14, 2022  
9:00 a.m.--11:00 a.m.

### Graduation Requirements

This session will cover all the requirements needed to graduate in Texas: State laws, and rules, including House Bill 5, and TAC Chapter 89.1070, the rules for graduation for students who receive special education services. In this training, we will take an in-depth look at the law and cover the graduation plans Texas currently has in place to graduate from high school. Join this session to learn about all the graduation requirements needed for a student receiving special education services, including, but not limited to: Foundation Plan, Endorsements, CCMR, and eligibility for students to return and continue post-graduation.

[Session ID# 83943](#)

Tuesday, January 10, 2023  
9:00 a.m.--12:00 p.m.

### **Title I PFE Requirement Series, Part 3-LEA Policy, School Policy and School-Parent Compact**

By attending this training series\*, district and campus staff will be able to: define Parent and Family Engagement under ESSA, utilize research to understand its importance and benefits, identify district and school level PFE requirements under ESSA, identify allowable uses of Title I PFE funds, identify common monitoring trends focused on parent and community engagement, identify guiding principles in PFE, and explore resources focused on PFE.

*\*This training was developed by the Title I, Part A Parent & Family Engagement Statewide Initiative, ESC16.*

[Session ID# 82626](#)

Thursday, January 12, 2023  
9:00 a.m.--11:00 a.m.



### **STAAR Accommodations and Supports**

Come go in-depth with the accommodations that are approved for use on the STAAR test for ALL students. Parents will learn the difference between an accessibility feature and a designated support and who is responsible ensuring that these are documented and implemented. Participants will work through some of these testing accommodations and show examples of them in action.

[Session ID# 84011](#)

Tuesday, January 17, 2023  
9:00 a.m.--11:00 a.m.



### **Enhancing Language and Communication Development**

Many children experience delays in language and communication thus enhancing language and communication development is a high priority for these children. Parents and families will gain knowledge of activities and strategies to infuse language and communication throughout the day.

[Session ID# 83992](#)

Thursday, January 19, 2023  
9:00 a.m.--11:00 a.m.



### **Section 504 Accommodations**

Parents will gain knowledge of the accommodations that are offered by Section 504 of the Rehabilitation Act of 1973. The session will provide further insight into the different types of accommodations that are available and the possible impact they have on student learning. Accommodations are individualized and specific to the needs of the student with the disability. This training will show how an accommodation allows a student to complete the same assignment or assessment as the other students with a few changes in the response, and presentation of the work.

[Session ID# 84007](#)

Thursday, January 26, 2023  
9:00 a.m.--10:30 a.m.



### **Technology Resources for Students with Dyslexia**

How Can Technology Help Your Child with Dyslexia? This session will provide you with information on multiple assistive technology tools. We will discuss the benefits of audiobooks and several Google extensions that can help your child with reading and writing.

[Session ID# 84001](#)

Wednesday, February 1, 2023  
9:00 a.m.--11:00 a.m.

### **Charting the Course**

Charting the Course is a Texas Workforce Commission (TWC) and ESC-20 collaborative activity. The aim is to engage students with disabilities and their families in education and planning events to support the student's successful transition to post-secondary education and/or employment after high school.

[Session ID# 83944](#)

Tuesday, February 7, 2023  
9:00 a.m.--11:00 a.m.

### Family Engagement Network Meeting #3

Family Engagement Network Meetings are for any district or campus staff that work directly with families. The purpose of the Family Engagement Network Meetings are to provide training and support in areas to strengthen family-school partnerships. Community resources are shared along with hot topics and networking opportunities.

[Session ID# 82619](#)

Wednesday, February 8, 2023  
9:00 a.m.--10:30 a.m.



### Increasing Communication with Your Student's IEP Team

Please join us in the 90-minute virtual session to explore ways to increase positive communication between you and your student's IEP Team. IEP development is a collaborative effort that is best fostered when open and supportive communication is established between the family, the student, and the school. Participants will learn strategies for effective listening, sharing and documenting information, framing questions around the IEP and services and supports, and even conflict resolution strategies.

[Session ID# 84013](#)

Tuesday, February 14, 2023  
9:00 a.m.--11:00 a.m.

### Like It or Not: Social Media and Mental Health

Social media is all around us and plays a large role in our children's lives. Does it influence them positively or negatively? Let's check out the impact social media has on the mental health of our youth and how we can utilize it for good, because social media seems to be here to stay, "like it" or not!

[Session ID# 88103](#)

Wednesday, February 15, 2023  
9:00 a.m.--11:00 a.m.

### Eating Right When Money is Tight

This lovely class is for parents/caregivers seeking to stretch their food dollars and save that hard-earned dough. Join this "sweet sesh" and we will happily prepare an arrangement of tips, ideas, and resources. We cannot gift our beautiful participants a box of chocolates, but we won't forget to bring healthy recipes, that may include chocolate and/or desserts. This session will be presented by Tracy West, Nutrition Education Coordinator, from the San Antonio Food Bank.

[Session ID# 88226](#)

Tuesday, April 4, 2023  
9:00 a.m.--10:00 a.m.



### Reviewing the Parent's Guide and Procedural Safeguards

This session will highlight important information that can be found in the Procedural Safeguards document and the Parent's Guide to the ARD Process. It will give us the opportunity to discuss what questions to ask and how to clarify your concerns and desires related to your child's education. The intent is to allow parent's to better understand and prepare for ARD meetings and have access to reference materials and other resources available.

[Session ID# 84017](#)

Tuesday, April 11, 2023  
9:00 a.m.--12:00 p.m.

### Title I PFE Requirement Series, Part 4-- Annual Title I Meeting and Evaluation

By attending this training series\*, district and campus staff will be able to: define Parent and Family Engagement under ESSA, utilize research to understand its importance and benefits, identify district and school level PFE requirements under ESSA, identify allowable uses of Title I PFE funds, identify common monitoring trends focused on parent and community engagement, identify guiding principles in PFE, and explore resources focused on PFE.

*\*This training was developed by the Title I, Part A Parent & Family Engagement Statewide Initiative, ESC16.*

[Session ID# 82626](#)



Wednesday, April 19, 2023  
9:00 a.m.--10:30 a.m.

### **Understanding Addiction**

In the past several years life has become increasingly difficult for young people and many of them have turned to drugs or alcohol to help them cope with increased stress. The goal of this class is to explain the neurology of addiction and equip caregivers with tools to help those struggling with addiction. This session is brought to you by James Denning from The Denning Center.

[Session ID# 88117](#)

Tuesday, April 25, 2023  
9:00 a.m.--11:00 a.m.

### **Transition 101**

Parents will receive an in-depth look at the Federal and Texas Transition process used in their child's IEP to help them be successful after graduating from high school. This training will cover the importance of self-determination and involving your child in the transition process. This session will cover an overview of the transition process to include:

- Transition assessments;
- Annual individual education program (IEP) goals and post-secondary goals;
- Present levels of academic achievement and functional performance (PLAAFPs);
- Course of study;
- Coordinated set of activities;
- Self-determination;
- Summary of Performance; and
- Agency Linkages.

[Session ID# 83947](#)

Tuesday, May 2, 2023  
9:00 a.m.--11:00 a.m.

### **Family Engagement Network Meeting #4**

Family Engagement Network Meetings are for any district or campus staff that work directly with families. The purpose of the Family Engagement Network Meetings are to provide training and support in areas to strengthen family-school partnerships. Community resources are shared along with hot topics and networking opportunities.

[Session ID# 82619](#)

Thursday, May 11, 2023  
1:00 p.m.--3:00 p.m.

### **Charting the Course**

Charting the Course is a Texas Workforce Commission (TWC) and ESC-20 collaborative activity. The aim is to engage students with disabilities and their families in education and planning events to support the student's successful transition to post-secondary education and/or employment after high school.

[Session ID# 83946](#)

Tuesday, May 16, 2023  
9:00 a.m.--11:00 a.m.

### **Healing from Harm: Healthy vs. Maladaptive Coping Skills**

Children cope with their emotions in a variety of ways. At times, those coping skills may be unhealthy. Let's explore together how to best support our children, identify what is underneath the behavior, and empower them to heal from harm by utilizing healthy coping skills that fit their needs.

[Session ID# 88105](#)

Enroll Now!

## ESC-20 Adult Education and Literacy Program

### Free Online and Face-to-Face Classes GED, ESL, Citizenship, and Job Skills Training

Scan the QR code with your phone to create an account and schedule a date to attend a virtual or in-person enrollment.



For more information: **(210) 370-5498**  
**adulted.esc20.net**

- ✓ GED Classes (*English/Spanish*)
- ✓ ESL Classes (*English as a Second Language*)
- ✓ Citizenship Preparation Classes
- ✓ Distance Learning Classes (*Self-paced 24x7 | GED & ESL*)
- ✓ College Preparation Classes
- ✓ Paraprofessional (ESSA) & Substitute Certification Training (*Online*)
- ✓ English for Professionals (ESLP) - *Bachelor's degree or above required*
- ✓ Work and Soft Skills Training
- ✓ Financial literacy
- ✓ Career Advisement





**FAMILY  
ENGAGEMENT**

---

EDUCATION SERVICE CENTER • REGION 20