

September 2025

Hines Middle School Menu

BREAKFAST - \$0.00 (Before morning bell)

Lunch – \$0.00 SY25-2026 & 0¢-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Grab N' Go options offered daily. Menu is subject to change. Some items may contain nuts.

Students with a food allergy such as fluid milk intolerance, must be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when a student is needing a substitution and or participating in the breakfast or lunch programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
NO SCHOOL LABOR DAY	2 Breakfast Chocolate Oat Bar w/ Strawberries Cereal, Grains, Fruits & Milk Lunch Burrito w/ Seasoned Rice <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	3 Breakfast Fruit Smoothie w/ Warm Biscuit Applesauce Cereal, Grain, Fruits & Milk Lunch Fried Chicken w/ Cole Slaw <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	NO SCHOOL FAIR DAY
8 Breakfast Hot Sausage E-Muffin Cereal, Grain, Fruits & Milk Lunch Crispy Chicken Burger w/ Sweet Potato Fries <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	9 Breakfast Bagel w/ Lt. Cream cheese Grapes Cereal, Grain, Fruits & Milk Lunch Soft Beef Taco's w/ Seasoned Rice Hot Black Bean & Corn Mix <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	10 Breakfast Lt. Yogurt w/ HB Egg OJ & Cut Apples w/ PB Cereal, Grain, Fruits & Milk Lunch Meat Lasagna w/ TX Toast Green Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	11 Breakfast Assorted Grain, Fruits & Milk Lunch Orange Chicken w/ Veggie Fried Rice W/ Egg Roll Fruit, Veggie, Milk
15 Breakfast Hot Breakfast Pizza Cereal, Grain, Fruits & Milk Lunch Warm Chicken Philly Sub W/ Chips <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	16 Breakfast Waffle w/ BBerries Cereal, Grain, Fruits & Milk Lunch Chicken & Cheese Quesadilla w/ Corn <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	17 Breakfast Cinnamon Roll w/ Apple Juice Cereal, Grain, Fruits & Milk Lunch Pepperoni Pizza Italian Pasta Salad <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	18 Breakfast Assorted Grain, Fruits & Milk Lunch Chicken Nuggets w/ FF <i>Salads & Sands Daily</i> Fruit, Veggie, Milk
22 Breakfast Hot Ham & Cheese E-Muffin Cereal, Grain, Fruits & Milk Lunch Hamburger w/ Baked Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	23 Breakfast Breakfast Burritos w/ Salsa Melon Cereal, Grain, Fruits & Milk Lunch Nacho w/ RF Beans & Cheese Salsa <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	24 Breakfast Fruit Smoothie w/Breakfast Burrito w/ Applesauce Cereal, Grain, Fruits & Milk Lunch Spaghetti w/ TX Toast Garlic Green Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	25 Breakfast Assorted Grain, Fruits & Milk Lunch Pizza Stick w/ Marinara <i>Salads & Sands Daily</i> Fruit, Veggie, Milk
29 Breakfast Egg & Cheese Omelet w/ Salsa Cereal, Grain, Fruits & Milk Lunch Corn Dogs w/ Baked Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	30 Breakfast Pancakes & Yogurt w/ Peaches Cereal, Grain, Fruits & Milk Lunch Hot Meatball Sub w/ Marinara <i>Salads & Sands Daily</i> Fruit, Veggie, Milk		

This institution is an equal opportunity provider.