



# Loving Solutions Parenting Workshops John Will Elementary

## About the Program

- Loving Solutions is an 8-week parent-training program designed for parents raising strong-willed children (ages 5-10). This program uses a behavioral approach to help parents motivate children to complete tasks and manage challenging behaviors.
- The Steps of Success (S.O.S.) home practice assignments build a foundation for lasting change. Funded by the Mobile County Public School System, this program is completely free.

## Parents Will Learn

- Parenting the Strong-Willed Child
- Parental Influence
- Encouraging Positive Choices
- Redirecting Negative Choices
- Structuring for Success
- Improving School Performance
- Concrete Solutions for Tough Kids
- Sleep, Diet, and Behavior
- Stay the Course
- Recognizing and Supporting Success

### Class Details:

- 📍 Location: John Will Elementary
- 📅 Start Date: March 11th
- 🕒 Time: 1:00 PM - 2:30 PM

## For Registration or Referrals

Email the participant's full name and contact info, or external referral form to [parentproject@gulfcoastfamilycenter.org](mailto:parentproject@gulfcoastfamilycenter.org). Parent Guidebooks will be provided.