

# commit to be fit **FRESH FOOD** **FIESTA**



Commit to Be Fit is hosting an afterschool cooking experience for kids.

**Groups will meet from 3:30 pm- 5:00 pm and will be taught by Ms. Viviana and Ms. Kim. This workshop series is offered free of charge.**

## **Our next session is open to students in** **1st Grade**

Select to register for either Group A or Group B. Each group will be limited to 10 students on a first come, first served basis.

**GROUP A will meet on Nov. 2nd and Nov. 7th.**

**GROUP B will meet on Nov. 3rd and Nov. 9th.**



**To register, visit**  
**[www.rappc2bf.com/fiesta](http://www.rappc2bf.com/fiesta)**

For questions, contact Jackie Tederick at  
[jtederick@rappahannockschoools.us](mailto:jtederick@rappahannockschoools.us)

*This cooking experience will be available to other grade levels throughout the year.*