

FEBRUARY

Monday

3

Chicken Nuggets
Glazed BBQ Meatballs
on Hoagie Bun
Tuna Salad Salad M3590
Criscut Sweet Potatoes
Mixed Vegetables
Fruit Slushes
Fresh Fruit Bowl
Fresh Fruit Cup
Whole Wheat Roll
Variety of Dipping Sauce
Chocolate Milk
Fat Free Milk

Tuesday

4

Taco Soup, USDAF, M4500.1
Chicken Fajita Wrap
Managers Choice Salad
Saltine Crackers
Italian Sliced Carrots
Spinach Salad
Fresh Fruit Bowl
Fresh Fruit Cup
Cornbread
Chocolate Milk
Fat Free Milk

Wednesday

5

BBQ Pulled Pork Burger
Chef Salad
Ham and Turkey
Sandwich
Baked Beans
Confetti Coleslaw
Fresh Pears
Fresh Bananas
Chocolate Chip Cookie
Low Fat Milk
Chocolate Milk

Thursday

6

Spaghetti & Meat Sauce
Grilled Chicken Sandwich
Trimnings
Chef Salad
Cheesy Broccoli
Raw Veggies with Dip
Fresh Bananas
Fresh Oranges
Whole Wheat Garlic Toast
Mayonnaise
Mustard
Chocolate Milk
Fat Free Milk

Friday

7

Pepperoni Pizza Wedge
Fruit and Yogurt Plate
Chicken Patty Sandwich
Spicy Fries
Steamed Carrots
Fresh Fruit Bowl
Assorted Fruit Juices
Fat Free Milk
Chocolate Milk

10

Corn Dog
Chicken Salad w/Crackers
Ham and Turkey
Sandwich
Tomatoes & Carrots w/Dip
Tex Mex Style Beans
Pear and Kiwi Medley
Assorted Fruit Juices
Chocolate Milk
Fat Free Milk

11

Bacon Cheese Burger
Managers Choice Salad
Tuna Salad on
Croissant Bun
Glazed Carrots
Seasoned Green Beans
Chilled Peaches
Fresh Fruit Bowl
Cornbread
Chocolate Milk
Fat Free Milk

12

Chicken Wings, Bufalo Sc M33
00
Fish Sticks
Chef Salad
Baked Ranch Fries
Tossed Salad w/ Dressing
Fruit Slushes
Banana Berry Blend
Whole Wheat Roll
Ranch Dressing
Chocolate Milk
Fat Free Milk

13

Chili Con Carne W/ Beans
Cheesy Breadstick
Tuna Salad M3580
Saltine Crackers
Broccoli Salad
Tomatoes with Dip
Fresh Apples
Flavored Raisins
Graham Crackers
Chocolate Milk
Fat Free Milk

14

Hamburger Steak w/ Gravy
Spicy Chicken Sand M4157
Chef Salad
Carrot/Celery/Cucumber
w/Dressing
Mashed Potatoes
Fresh Fruit Bowl
Tropical Fruit
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

17

Chicken Spaghetti
Tuna Ranch Wrap
Grilled Fajita Salad
Steamed Broccoli Florets
Whole Kernel Corn
Applesauce in a Bag
Fruited Gelatin
Yeast Roll
Chocolate Milk
Fat Free Milk

18

Veggie Soup SandComboUM5
030.1
Turkey & Cheese on Bun
Chef Salad
Vegetable Juice
Baked Beans
Flavored Raisins
Chilled Peach Slices
Chocolate Milk
Fat Free Milk

19

Baked Pork Chop
Chicken Salad Sandwich
Managers Choice Salad
Fried Brown Rice
Carrots and Red Peppers
with Dip
Green Peas
Frozen Fruit Juice Cups
Fresh Fruit Bowl
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

20

Chicken Nachos
American Sub
Chef Salad
Crisp Cut Sweet Potatoes
Cheesy California
Veggies
Chilled Peaches
Fresh Bananas
Fat Free Milk
Chocolate Milk

21

Red Beans and Rice
with Sausage
Managers Choice Salad
Hamburger w/ Trimmings
Whole Kernel Corn
Marinated Tomato and
Cucumber Salad
Pineapple Tidbits
Fresh Fruit Bowl
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

24

Stromboli Supreme M2570
Grilled Fajita Salad
Tuna Ranch Wrap
Steamed Broccoli Florets
Black-Eyed Peas
Applesauce in a Bag
Fruited Gelatin
Chocolate Milk
Fat Free Milk

25

Fish Sticks
Grilled Chicken Sandwich
Chef Salad
Tomatoes & Carrots w/Dip
Baked Ranch Fries M6140
Fresh Strawberries
Chilled Mandarin
Oranges
Whole Wheat Roll
Ketchup
Low Fat Milk
Chocolate Milk

26

Cheesy Chicken Over/Rice
Corn Dog Nuggets
Tuna Salad on
Croissant Bun
Southern Mustard Greens
Field Peas
Fresh Grapes
Frozen Fruit Juice Cups
Mexican Cornbread
Low Fat Milk
Chocolate Milk

27

Chili Cheese over Chips
Grilled Cheese Sandwich
Grilled Fajita Salad
California Veggies
Confetti Coleslaw
Fresh Fruit Bowl
Fruit Cocktail
Oatmeal Raisin Cookie
Low Fat Milk
Chocolate Milk

28

Mexican Pizza
Ham and Turkey
on Bun
Chicken Tenders Salad
Trimnings
Bake Chips
Whole Kernel Corn
Broccoli Salad
Fresh Bananas
Fruit Cocktail
Mayonnaise
Mustard
Low Fat Milk
Chocolate Milk

**GPSD High School Lunch Menu
Menu Subject to Change**

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