


MARCH 2024

Burns High School Lunch Menu

Lunch – \$3.55-paid & 0¢-reduced Extra milk- .45 or juice – 45¢ , water \$1.00
 Lunch includes: Entrée with fruits, vegetables, breads, grains and assorted Oregon Milk
Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen
 Menu is subject to change. Some items may contain nuts.
All meals served to students are Grab n’ Go

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<p>Teaching Students the Importance of Nutrition Education</p> <p>Learning about the fruit or vegetable that you eat and what it can do for you</p>	<p>Wellness Wednesday</p> <p>Salad Feature-</p> <p>Week 1; Cucumber, B Vitamins Week 2; Oranges, Vitamin C Week 3; Broccoli, Potassium Week 4; Apples, Fiber</p>	
<p>4 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>BBQ Pork Rib Sand Baked Bean Salad w/ Tomato Apple and Milk</p>	<p>5 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>National Breakfast Week</p> <p>Breakfast for Lunch</p> <p>Egg- Ham & Cheese English Muffin, Tater Tots, Yogurt w/ Fruit, Juice and Milk</p>	<p>6 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>Homemade Chili w/ Cornbread Salad w/ Cucumbers Fruit and Milk</p>	<p>7 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>Pepperoni Pizza Green Salad w/ Tomato & Olives Pineapple and Milk</p>
<p>11 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>Crunchy Chicken Burger French Fries Lettuce, Tomato & Pickle Pears & Milk</p>	<p>12 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>Soft Beef Taco's Seasoned Rice Lettuce w/ Tomato & Cheese Fruit and Milk Cookie</p>	<p>13 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>Meat Lasagna w/ TX Toast Salad w/ Peppers Green Beans Oranges, Milk</p>	<p>14 Lunch</p> <p>Pizza Stix w/ Marinara Green Salad w/ Mushrooms Fruit & Milk</p>
<p>18 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>Chicken Nuggets w/ Corn Green Salad w/ Tomato Fruit & Milk</p>	<p>19 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>Nacho's with Bean & Cheese Jalapeno Corn Salad w/ Olives Blueberries & Yogurt, Milk</p>	<p>20 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>Corn Dogs w/ Chips Salad w/ Broccoli Cut Apples & PB Milk</p>	<p>21 Lunch</p> <p><i>Sandwiches & Salads daily</i></p> <p>PB & Jelly Sack Lunch Apples, Veggie, Chips, Cookie & Milk</p>
<p>Check your <u>Mymealtime accounts</u> Lunch charge balances.</p> <p>All accounts must be paid in full by May 23, 2024</p>	<p>SPRING BREAK</p>	<p>RETURN TO SCHOOL APRIL 1ST</p>	

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