



MIDDLE SCHOOL MENUS

OCTOBER 2025



Schools offer no-cost breakfast and lunch to all students regardless of income.
Low-fat or fat-free milk choice is offered with each meal. Fresh fruit bowl and water are available.

ADULT PRICES

Breakfast \$2

Lunch \$4

ALA CARTE SALES may vary by school. Check with your SN Manager to determine local offerings.

Extra Milk \$0.60
Extra breakfast entrée \$1.75
Extra lunch entrée \$2
Extra side dishes \$0.50
Rice Krispie treat \$1
Cookie \$1
Soft pretzel \$1
Cheese Sauce Cup \$0.50
Flavored water \$1.75

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6	7	8	9	10
Breakfast	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT
Lunch choose one entrée or salad, if offered	TACOS (2) OR STUFFED CRUST CHEESE PIZZA	CHICKEN FAJITA GRILLED CHEESE SANDWICH	CHICKEN BISCUIT OR PANCAKES W/SAUSAGE PATTIES (2)	LASAGNA W/TEXAS TOAST OR PIZZA	
Sides select at least one fruit or vegetable	LETTUCE, TOMATO SHREDDED CHEESE / STEAMED WHOLE KERNEL CORN / VEGGIES W/DIP /PEACH HALVES / FRESH STRAWBERRIES W/ WHIPPED TOPPING	POTATO TOTS, REFRIED BEANS, GARDEN SALAD, JUICE BAR / WATERMELON CHUNKS	TATER TOT CASSEROLE / CHEESE GRITS / YOGURT PARFAIT / WANGO-MANGO JUICE CUP / GRAPEFRUIT WEDGES	ROMAINE SALAD, PEAS AND CARROTS, WHOLE KERNEL CORN, GELATIN W/ FRUIT, PEACH SLICES, FRESH FRUIT BOWL	PLEASE SEE INDIVIDUAL SCHOOLS FOR MENU CHOICES TODAY.
Salad Plate or Bar	GRILLED CHICKEN	CHEF SALAD	GRILLED CHICKEN SALAD PLATE	CHEF SALAD	PIMENTO CHEESE SANDWICH OR PBJ SANDWICH
	13	14	15	16	17
Breakfast					
Lunch choose one entrée or salad, if offered					
Sides must select at least one fruit or vegetable					
Salad Plate or Bar					

Fall Break



24 **STRONG**

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Rice Krispie treat \$1

Cookie \$1

Soft pretzel \$1

Cheese Sauce Cup \$0.50

Flavored water \$1.75

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	20	21	22	23	24
Breakfast	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT
Lunch choose one entree or salad, if offered	HOT DOG OR HAMBURGER	FISH AND SHRIMP W/HUSHPUPPIES OR BAR B QUE SANDWICH	CHICKEN STIR FRY W/ EGG ROLL OR CHEESE BITES W/ MARINARA	CHICKEN SANDWICH OR PIZZA	MANAGERS CHOICE
Sides unlimited, but must select at least one fruit or vegetable	BAKED BEANS, VEGGIE DIPPERS, LETTUCE, TOMATO, PICKLE FRENCH FRIES BANANA PUDDING	GARDEN SALAD, COLE SLAW, WHOLE KERNEL CORN ORANGES RIP SLUSHIE	CORN ON THE COBB ROMAINE SALAD VEGETABLE FRIED RICE, ORANGE WEDGES, TROPICAL FRUIT SALAD	SPINACH SALAD BAKED FRENCH FRIES CARROTS W/ DIP GELATIN W/FRUIT SLICED PEACHES	
Salad Plate or Bar	CHICKEN TENDER SALAD	DICED HAM W/BOILED EGG	CHICKEN TENDER SALAD	DICED HAM W/BOILED EGG	
	27	28	29	30	31
Breakfast	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT
Lunch choose one entree or salad, if offered	COUNTRY FRIED STEAK W/GRAVY OR CHICKEN NUGGETS	CRISPITO W/CHEESE SAUCE OR (2) HARD SHELL TACO	CHICKEN NUGGETS OR BAKED HAM	SLOPPY JOE OR CHEESEBURGER	MANAGER'S CHOICE
Sides unlimited, but must select at least one fruit or vegetable	ROLL/CREAM POTATOES STEAMED BROCCOLI W/CHEESE JUICE BAR ORANGE SMILES	TOSSED SALAD TORTILLA CHIPS W/BLACK BEAN SALS BAKED CINNAMON APPLES JELL-O W/& TOPPING	ROLL GREEN BEANS CANDIED YAMS CHERRY APPLES SAUCE FRUIT PARFAIT	FRENCH FRIES/LETTUCE &TOMATO W/DILL SLICES/RAW VEGGIE MEDLEY W/DIP PEACH SLICES . FRESH FRUIT BOWL	PLEASE SEE INDIVIDUAL SCHOOLS FOR MENU CHOICES TODAY.
Salad Plate or Bar	DICED HAM W/BOILED EGG	GRILLED CHICKEN	DICED HAM W/BOILED EGG	GRILLED CHICKEN	PBJ SACK